

# Jenna Yejin Sung

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## EDUCATION

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- 2019-Present    **Stony Brook University**  
Ph.D. in Clinical Psychology  
Faculty Advisor: Jessica Schleider, PhD
- 2013-2017    **Emory University**  
B.A. in Psychology, High Honors  
Minor in Educational Studies
- Honors Thesis: *Does Mental Rotation Training Improve Arithmetic Competence in Children?*  
Advisor: Stella Lourenco, PhD

## GRANTS AND SCHOLARSHIPS

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- 2020-2024    Robert Wood Johnson Foundation Program's Health Policy Research Scholar (\$124,000)
- 2020    Graduate Research Grant, Psi Chi (\$1,500)  
Project Title: Empowering Anxious Parents to Manage Child Avoidance Behaviors: A Randomized Trial of a Single-Session Intervention Targeting Parent Accommodation  
Role: Principle Investigator
- 2020    Society of Clinical Child and Adolescent Psychology – Diversity Travel Award (\$500)
- 2017    Diversifying Psychology Weekend Scholarship – University of North Carolina Chapel Hill
- 2017    Diversity in Psychology Scholarship – University of Minnesota
- 2016    Scholarly Inquiry and Research at Emory (SIRE) Grant (\$1000)

## PUBLICATIONS

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\* indicates equal authorship

### Peer-Reviewed Publications

Benito, K., Herren, J., Freeman, J., Garcia, A., Kemp, J., Chorpita, B., **Sung, J.**, Arora, A., Georgiadas, C., Steward, E., Wellen, B., Frank, H., Schiavione, E., Gervasio, M., Machan, J. (2021, in press). Improving Delivery Behaviors during Exposure Therapy: A Cluster Randomized Controlled Training Trial with Community Therapists. *Evidence-Based Practice in Child and Adolescent Mental Health*.

**Sung, J.**, Kacmarek, C., & Schleider, J. L. (2020). Economic Evaluations of Mental Health Programs for Children and Adolescents in the United States. *Clinical Child and Family Psychology Review*. [Pre-print Pre-registration](#)

Schleider, J.L., **Sung, J.**, Bianco, A., Mullarkey, M. (2020). Open pilot trial of a single-session consultation service for clients on psychotherapy waitlists. *The Behavior Therapist*. [Pre-print Pre-registration](#)

Schleider, J. L., Dobias, M. L., **Sung, J. Y.**, Mumper, E., & Mullarkey, M. C. (2020). Acceptability and utility of an open-access, online single-session intervention platform for adolescent mental health. *JMIR Mental Health*. [Pre-print](#)

Schleider, J. L., **Sung, J.\***, Dobias, M.\*, & Mullarkey, M. (2019). Future Directions in Single-Session Youth Mental Health Interventions. *Journal of Clinical Child & Adolescent Psychology*. doi: [10.1080/15374416.2019.1683852](#)

Cheung, C., **Sung, J.**, Lourenco, S. (2019). Does Training Mental Rotation Transfer to Gains in Mathematical Competence? Assessment of an at-home Visuospatial Intervention. *Psychological Research*. doi: [10.1007/s00426-019-01202-5](#)

Freeman, J., Benito, K., Herren, J., Kemp, J., **Sung, J.**, Georgiadis, C., Arora, A., Walther, M., Garcia, A. (2018). Evidence Base Update of Psychosocial Treatments for Pediatric Obsessive-Compulsive Disorder: Evaluating, Improving, and Transporting What Works. *Journal of Clinical Child & Adolescent Psychology*, 47(5), 669-698. doi:[10.1080/15374416.2018.1496443](#)

### Book Chapters

**Sung, J.**, Schleider J., (in press). Prevention and Early Intervention. In Bennett, S., Myles-Hooton, P., Schleider, J. (Eds.) *Low intensity interventions for children and adolescents*. Oxford University Press

### Columns

**Sung, J.**, Dobias, M., Schleider, J. (2020). Single Session Interventions: Complementing and Extending Evidence-Based Practice. *Advances in Cognitive Therapy*. [Pre-print](#)

### Publications Under Review

**Sung, J. Y.\***, Mumper, E.\*, & Schleider, J. L. (under review). Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation. [Preprint](#)

Hart, M., **Sung, J.**, McQuillin, S., & Schleider, J. L. (under review). Expanding the Reach of Psychosocial Services for Youth: Untapped Potential of Mentor-Delivered Interventions. [Preprint](#)

### Publications in Preparation

Ringle, V. M., **Sung, J. Y.**, Roulston, C., & Schleider, J. L. (in prep). Mixed-methods examination of youth-reported barriers to accessing mental health services. [Pre-registration](#)

Ahuvia, I., **Sung, J. Y.**, Dobias, M. L., & Schleider, J. L. (in prep). Interest in teletherapy and online self-help for psychological distress during the COVID-19 pandemic. [Pre-Registration](#)

## OPEN-ACCESS INTERVENTIONS

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**Sung, J.\***, Mumper, E.\*, Schleider, J. Project EMPOWER. [Link](#)

Schleider, J. L., Mullarkey, M. C., Mumper, E., & **Sung, J. Y.** (2019). The ABC Project: Action Brings Change. Open Science Framework. DOI 10.17605/OSF.IO/QJ94C. [Link](#)

## CONFERENCE PRESENTATIONS

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### Conference Symposia

1. **Sung J.**, Mumper E., Schleider J (November 2021). Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation. Symposium accepted to present at the Association for Behavioral and Cognitive Therapies 55<sup>th</sup> Convention, New Orleans, LA.
2. Wasil A., Kacmarek C., Gillespie S., Triplett N., De Jesus-Romero R., **Sung J.**, Lorenzo-Luaces L. (November 2021), Supporting Graduate Students with Interdisciplinary Interests: A Discussion with Current Graduate Students. Symposium submitted at the Association for Behavioral and Cognitive Therapies 55<sup>th</sup> Convention, New Orleans, LA.
3. **Sung J.**, Mumper E., Schleider J (August 2021). Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation. Symposium accepted to present at the American Psychological Association Convention.
4. **Sung J.**, Bianco A., Schleider J. (November 2020). Open Pilot Trial of a Single-Session Consultation Service for Clients on Psychotherapy Waitlists. Symposium presented at the Association for Behavioral and Cognitive Therapies 54<sup>th</sup> Convention, Philadelphia, PA.
5. Schleider J., Dobias M., **Sung J.**, Mullarkey M., Mumper E. (November 2020). Acceptability and Utility of an Open-Access, Online Single-Session Intervention Platform for Adolescent Mental Health. Symposium presented at the Association for Behavioral and Cognitive Therapies 54<sup>th</sup> convention, Philadelphia, PA.

### Poster Presentations

1. **Sung J.**, Bianco A., Schleider J. (June, 2020). The Nature and Malleability of Therapist Attitudes Toward Single-Session Mental Health Interventions. Virtual poster presented at the Future Directions Forum.
2. Rosenberg B., Dobias M., **Sung J.**, Vilkin E., Schleider J. (June, 2020). *Evaluating Mental Health Treatment Access in Lesbian, Gay, and Bisexual vs. Heterosexual Young Adults*. Virtual poster presented at the Future Directions Forum.
6. **Sung J.**, O'Connor E., Garcia A., Prezworski A. (November, 2019). *Intolerance of Uncertainty in Children and Adolescents: Exploring the Role of Parental Psychological and Behavioral Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Atlanta G.A.
7. **Sung J.**, Arora A., Kemp J., O'Connor E., Carper M., Benito K., Freeman J., Garcia A., Case B. (November, 2018). *What Can Informant Discrepancy Tell Us About Child OCD Treatment Outcome?* Poster

presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.

8. Arora A., **Sung J.**, O'Connor E., Garcia A., (November, 2018). *Determinants of Parents Emotion Socialization Behavior: The Role of Affective Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
9. **Sung J.**, Georgiadis C., Arora A., Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *What does parent-child disagreement tell us about impairment and parental accommodation?* Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
10. Georgiadis C., **Sung J.**, Arora A., Kemp J., Freeman J., Garcia A., Case B. (April, 2018). *Change in OCD Severity in a Sample of Youth with Comorbid Autism Spectrum Disorder in a Specialized OCD Program*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
11. Arora A., Georgiadis C., **Sung J.**, Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *Assessing the Relationship Between Parental Quality of Life Ratings and Family Accommodation in an OCD Partial Hospitalization Setting*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
12. Drljaca A., Georgiadis C., Kemp J., Freeman J., Arora A., **Sung J.**, Benito K., Garcia A. & Case B. (April, 2018). *Relationship Between Family Accommodation and Family Functional Impairment in Youth with Severe OCD and Anxiety*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
13. Georgiadis C., Kemp J., Arora A., **Sung J.**, Freeman J., Garcia A., Case B. (November, 2017). *Changes in Disgust Propensity and Sensitivity in Youth with Contamination-based Obsessions*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. San Diego, California.
14. **Sung, Y.**, (April, 2017). *Does Mental Rotation Training Improve Arithmetic Competence in Children?* Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.
15. **Sung, Y.**, Santos L, Dai H., & Weber V. (April, 2016). *The Relationship Between Birth Order, GPA, and Perceived Importance of Academic Achievement*. Emory Spring Undergraduate Research Symposium, Atlanta, GA.
16. **Sung, Y.**, & Choi, M. (October, 2015). *Parallel Processing in Bilingual Individuals*. Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.

## EDITORIAL & REVIEW EXPERIENCE

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Clinical Child and Family Psychology Review (Since 2019)  
 Clinical Child Psychology and Psychiatry (Since 2020)

## INVITED PRESENTATIONS

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2021 Mentor Together, Guest Presenter  
 Title: An Introduction to Mentor-Delivered Single Session Interventions

- 2021 Icahn School of Medicine at Mount Sinai, Guest Presenter  
Title: Single Session Consultation and its Applications
- 2021 Training for the Single Session Consultation, Headspace  
Title: Single-Session Consultation: A Brief Introduction and Training
- 2020 Economic Mobility Exchange Invited Webinar Presenter, EMPath  
Title: “Growth Mindset”
- 2020 Women in Stem Day Invited Speaker, Rye Country Day School  
Title: “Why Study Clinical Psychology?”
- 2019 Student Conference Day Invited Speaker, Bay Shore Middle School  
Title: “Promoting Mental Health Awareness”
- 2019 Lab for Scalable Mental Health, Stony Brook University  
Title: “Demystifying Conferences: A guide for RA professional development”

### **PROFESSIONAL AFFILIATIONS**

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- 2017 – Present Association for Behavioral and Cognitive Therapies  
*Child and Adolescent Anxiety Special Interest Group*  
*Dissemination and Implementation Science Special Interest Group*
- 2017 – Present Anxiety and Depression Association of America
- 2018 – Present Society for Clinical Child and Adolescent Psychology
- 2016 – Present Association for Psychological Science
- 2016 – Present Psi Chi National Honor Society in Psychology

### **RELEVANT SKILLS**

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- Statistical Software: SPSS, R, SAS
- Behavioral Coding: The Observer XT - Noldus
- Research Database Management: Qualtrics, REDCap
- Languages: Korean [Native], English [Native]