

Jenna Yejin Sung

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EDUCATION

- 2019-Present **Stony Brook University**
PhD in Clinical Psychology
Advisor: Jessica Schleider, PhD
- 2013-2017 **Emory University**
Bachelor of Arts in Psychology, High Honors
Minor in Educational Studies
Honors Thesis: *Does Mental Rotation Training Improve Arithmetic Competence in Children?*
Advisor: Stella Lourenco, PhD

GRANTS AND SCHOLARSHIPS

- 2017 Diversifying Psychology Weekend Scholarship – University of North Carolina Chapel Hill
- 2017 Diversity in Psychology Scholarship – University of Minnesota
- 2016 Scholarly Inquiry and Research at Emory (SIRE) Grant (\$1000)

PUBLICATIONS

Peer-Reviewed Publications

- Cheung, C., **Sung, J.**, Lourenco, S. (2019). Does Training Mental Rotation Transfer to Gains in Mathematical Competence? Assessment of an at-home Visuospatial Intervention. *Psychological Research*. doi: 10.1007/s00426-019-01202-5
- Freeman, J., Benito, K., Herren, J., Kemp, J., **Sung, J.**, Georgiadis, C., Arora, A., Walther, M., Garcia, A. (2018). Evidence Base Update of Psychosocial Treatments for Pediatric Obsessive-Compulsive Disorder: Evaluating, Improving, and Transporting What Works. *Journal of Clinical Child & Adolescent Psychology*, 47(5), 669-698. doi:[10.1080/15374416.2018.1496443](https://doi.org/10.1080/15374416.2018.1496443)

Manuscripts in Preparation

- Schleider, J. L., **Sung, J.**, Dobias, M., & Mullarkey, M. (invited submission, *Journal of Clinical Child & Adolescent Psychology*). Future Directions for Brief and Single-Session Youth Mental Health Interventions.

Hart, M., **Sung, J.**, McQuillin, S., & Schleider, J. L. (in preparation). Leveraging Implementation Science to Expand the Reach of Psychosocial Services: Untapped Potential of Mentors and Single Session Interventions

POSTER PRESENTATIONS

1. **Sung J.**, Arora A., Kemp J., O'Connor E., Carper M., Benito K., Freeman J., Garcia A., Case B. (November, 2018). *What Can Informant Discrepancy Tell Us About Child OCD Treatment Outcome?* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
2. Arora A., **Sung J.**, O'Connor E., Garcia A., (November, 2018). *Determinants of Parents Emotion Socialization Behavior: The Role of Affective Control.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
3. **Sung J.**, Georgiadis C., Arora A., Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *What does parent-child disagreement tell us about impairment and parental accommodation?* Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C
4. Georgiadis C., **Sung J.**, Arora A., Kemp J., Freeman J., Garcia A., Case B. (April, 2018). *Change in OCD Severity in a Sample of Youth with Comorbid Autism Spectrum Disorder in a Specialized OCD Program.* Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
5. Arora A., Georgiadis C., **Sung J.**, Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *Assessing the Relationship Between Parental Quality of Life Ratings and Family Accommodation in an OCD Partial Hospitalization Setting.* Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
6. Drljaca A., Georgiadis C., Kemp J., Freeman J., Arora A., **Sung J.**, Benito K., Garcia A. & Case B. (April, 2018). *Relationship Between Family Accommodation and Family Functional Impairment in Youth with Severe OCD and Anxiety.* Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
7. Georgiadis C., Kemp J., Arora A., **Sung J.**, Freeman J., Garcia A., Case B. (November, 2017). *Changes in Disgust Propensity and Sensitivity in Youth with Contamination-based Obsessions.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. San Diego, California.
8. **Sung, Y.**, (April, 2017). *Does Mental Rotation Training Improve Arithmetic Competence in Children?* Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.
9. **Sung, Y.**, Santos L, Dai H., & Weber V. (April, 2016). *The Relationship Between Birth Order, GPA, and Perceived Importance of Academic Achievement.* Emory Spring Undergraduate Research Symposium, Atlanta, GA.

10. **Sung, Y., & Choi, M.** (October, 2015). *Parallel Processing in Bilingual Individuals*. Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.

RESEARCH EXPERIENCE

2017 - 2019

**The Warrant Alpert Medical School of Brown University
Pediatric Anxiety Research Center (PARC)**

Advisors: Kristen Benito, PhD, Jennifer Freeman, PhD, Abbe Garcia, PhD, Jennifer Herren, PhD

Study: Quality Assessment in Exposure Therapy (BRAVE study)

NIMH funded R01 study aims to validate the psychometric properties of a mechanism-driven quality measure, called the “Exposure Guide”, designed to assist therapists deliver exposure therapy in community mental health clinics across Massachusetts.

Responsibilities:

- Built relationships with six large community mental health clinics: directly communicating with therapists, coordinating supervision, facilitating participant recruitment, and troubleshooting logistical obstacles
- Took the lead in creating “BRAVE Cards”, a bank of exposure idea cards categorized into relevant core fears, to support community therapists in completing hierarchy building with patients
- Developed a developmentally appropriate instructional video designed to guide patients and parents in completing the “Exposure Guide” while minimizing in person instructions
- Served as a liaison between the research team and the community mental health clinics
- Coordinated and assisted multiple 12-hour long initial trainings and 2-hour booster trainings for study therapists throughout the year
- Built and managed REDcap databases to increase therapist follow-up data collection
- Organized reports for the study’s safety monitoring committee
- Completed phone screens and conducted follow-ups for study participants
- Reached out and visited Pediatric practices in the community to promote study recruitment
- Developed and implemented efficient and participant friendly method of collecting data
- Tracked the progress of data collection and managed data entry
- Involved in all parts of the study start up including, but not limited to, developing protocols, streamlining study procedures, and building databases

Study: CBT for Pediatric OCD: Community Training Pilot Phase II

NIMH funded 5-year multi-project study designed to translate knowledge from clinical trials into community settings; this randomized controlled trial compares a therapist training model using a standard treatment manual versus training

augmented with mechanism driven quality measure (Exposure Guide) designed to target specific provider process behavior during exposure therapy.

Responsibilities:

- Completed rigorous training to identify various components of exposure and the function each therapist, child, and parent statement and behavior serves during exposure treatment; achieved inter-rater coder reliability (> 0.80)
- Dedicated 10+ hours per week to code exposure sessions
- Administered monthly measures and follow-up assessments to participants via telephone
- Trained and supervised research assistants on the principles of exposure therapy to identify exposure start and end times while screening therapy tapes
- Assisted with the closeout of the study and prepared data for analysis

Study: Comparison of Patient-Centered versus Provider-Centered Delivery of Cognitive Behavioral Treatment for Pediatric Anxiety and Obsessive-Compulsive Disorder (IMPACT Study)

PCORI funded study comparing the efficacy and feasibility of a home-based treatment (patient-centered) versus a traditional office-based treatment (provider-centered) for youths with anxiety disorders.

Responsibilities:

- Served as an independent evaluator, regularly administering diagnostic assessments at baseline and subsequent follow-ups
- Trained new research coordinators to reliably administer semi-structured interviews to ultimately serve as independent evaluators

2016 - 2017

Psychology Honors Student

Emory Child Study Center – Spatial Cognition Lab

Advisor: Stella Lourenco, PhD

Study: Does Mental Rotation Training Improve Arithmetic Competence in Children?

An intervention study testing a causal relationship between spatial reasoning and mathematical abilities by training children on mental rotation and assessing its effects on math performance. Additionally, it aimed to test the efficacy and feasibility of a novel 7-day online-at-home training model for 6- to 7-year old children.

Responsibilities:

- Conducted literature search, partook in experiment design, selected measures, and adapted training items and test stimulus
- Designed a developmentally appropriate 7 day online, at home intervention targeting mental rotation skills for 6 to 7-year-old children
- Created animated instructional videos that reduced the need for face-to-face instruction at the beginning of the intervention, supporting a feasible and sustainable model for training children

- Secured a SIRE (Scholarly Inquiry and Research at Emory) grant of a \$1000 to fund the project
- Served as the primary pre-and-post-treatment assessment administrator, delivering both computerized and paper measures to assess spatial ability, math, and language skills
- Acted as the point person for all family communications including scheduling assessments, communicating participant progress, and sending out daily reminders to ensure training adherence
- Hired, trained, and managed research assistants who helped with participant recruitment and data entry
- Defended the thesis project before a committee of three faculty members

2015 - 2017

Research Assistant

Emory Child Study Center – Spatial Cognition Lab

Advisor: Stella Lourenco, PhD

Responsibilities:

- Assisted three research projects titled Numberline, KidRAM, and RankGame investigating learning, perception, memory, and number sense in young children
- Wrote computer codes to create simple, computerized assessments using visual basics
- Created age appropriate and engaging stimuli for children ages of 5-8 years old
- Trained to regularly administer 90-minute experimental test consisting of neuropsychological tests, puzzle activities, and verbal test
- Maintained the lab's recruitment database by regularly updating family's eligibility for studies, continued interest, and participation status
- Created excel macro for data cleaning and assisted in data analysis

CLINICAL EXPERIENCE

2017-2019

Pediatric Anxiety Research Center (PARC)

Advisor: Jennifer Freeman, PhD

- Completed training to achieve > 0.80 reliability on standardized clinical assessment measures including the MINI, CY-BOCS, PARS, TPA, and CGI to act as an independent evaluator
- Administered semi-structured diagnostic interviews to study participants ages 5 to 25 years old to assess for the presence of anxiety disorders and other symptoms targetable by exposure therapy
- Attended weekly supervision to conference complex cases and determine eligibility
- Conducted initial phone screens to assess for eligibility of participants and referred them to appropriate study or waitlist
- Managed and provided appropriate community referrals to patients seeking outpatient services or to those deemed ineligible for ongoing studies

2016-2017

Emory Help Line

Advisor: Mahlet Endale, PhD

- Completed an extensive 12-week clinical training with an emphasis on telephone counseling skills, crisis management, and safety assessment
- Passed a rigorous screening process and was selected to serve on the helpline among a pool of competitive trainees
- Served young adult populations presenting with a variety of clinical symptoms including but not limited to depression, anxiety, trauma, self-harm, suicidal ideation, and substance abuse
- Acted as a liaison between callers and service providers to assuage immediate distress, complete safety assessments, and connect callers to appropriate resources for in-person support
- Wrote clinical summaries after each call and presented complex calls during weekly group supervision
- Organized supervisions, tracked member attendance, and took meeting minutes
- Committed 15+ hours a week, including weekly clinical supervision

2015

Art It Out Therapy Center

- Assisted a licensed therapist in running several group therapy sessions comprised of 8+ youth ages from 5 to 18 years old
- Practiced cognitive behavioral therapy, mindfulness, and behavior management skills within sessions to serve youth struggling with various types of internalizing disorders, externalizing disorders, and developmental delays
- Participated in daily meetings to better support each group and tailor therapy to client’s individual needs

PROFESSIONAL AFFILIATIONS

2017 – Present	Association for Behavioral and Cognitive Therapies
2017 – Present	Anxiety and Depression Association of America
2018 – Present	Society for Clinical Child and Adolescent Psychology
2016 – Present	Association for Psychological Science
2016 – Present	Psi Chi National Honor Society in Psychology

RELEVANT SKILLS

- Statistical Software: SPSS, R
- Behavioral Coding: The Observer XT - Noldus
- Programming: Visual Basic
- Research Database Management: REDCap, Excel
- Languages: Korean [Native], English [Native]