

Jenna Yejin Sung

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EDUCATION

- 2019-Present **Stony Brook University**
Ph.D. in Clinical Psychology
Faculty Advisor: Jessica Schleider, PhD
- 2013-2017 **Emory University**
B.A. in Psychology, High Honors
Minor in Educational Studies
- Honors Thesis: *Does Mental Rotation Training Improve Arithmetic Competence in Children?*
Advisor: Stella Lourenco, PhD

GRANTS AND SCHOLARSHIPS

- 2020-2024 Robert Wood Johnson Foundation Program's Health Policy Research Scholar (\$124,000)
- 2020 Graduate Research Grant, Psi Chi (\$1,500)
Project Title: Empowering Anxious Parents to Manage Child Avoidance Behaviors: A Randomized Trial of a Single-Session Intervention Targeting Parent Accommodation
Role: Principle Investigator
- 2020 Society of Clinical Child and Adolescent Psychology – Diversity Travel Award (\$500)
- 2017 Diversifying Psychology Weekend Scholarship – University of North Carolina Chapel Hill
- 2017 Diversity in Psychology Scholarship – University of Minnesota
- 2016 Scholarly Inquiry and Research at Emory (SIRE) Grant (\$1000)

PUBLICATIONS

* indicates equal authorship

Peer-Reviewed Publications

Sung, J., Kacmarek, C., & Schleider, J. L. (2020, in press). Economic Evaluations of Mental Health Programs for Children and Adolescents in the United States. *Clinical Child and Family Psychology Review*. [Pre-print Pre-registration](#)

Schleider, J.L., **Sung, J.**, Bianco, A., Mullarkey, M. (2020). Open pilot trial of a single-session consultation service for clients on psychotherapy waitlists. *The Behavior Therapist*. [Pre-print Pre-registration](#)

Schleider, J. L., Dobias, M. L., **Sung, J. Y.**, Mumper, E., & Mullarkey, M. C. (2020). Acceptability and utility of an open-access, online single-session intervention platform for adolescent mental health. *JMIR Mental Health*. [Pre-print](#)

Schleider, J. L., **Sung, J.***, Dobias, M.*, & Mullarkey, M. (2019). Future Directions in Single-Session Youth Mental Health Interventions. *Journal of Clinical Child & Adolescent Psychology*. doi: [10.1080/15374416.2019.1683852](https://doi.org/10.1080/15374416.2019.1683852)

Cheung, C., **Sung, J.**, Lourenco, S. (2019). Does Training Mental Rotation Transfer to Gains in Mathematical Competence? Assessment of an at-home Visuospatial Intervention. *Psychological Research*. doi: [10.1007/s00426-019-01202-5](https://doi.org/10.1007/s00426-019-01202-5)

Freeman, J., Benito, K., Herren, J., Kemp, J., **Sung, J.**, Georgiadis, C., Arora, A., Walther, M., Garcia, A. (2018). Evidence Base Update of Psychosocial Treatments for Pediatric Obsessive-Compulsive Disorder: Evaluating, Improving, and Transporting What Works. *Journal of Clinical Child & Adolescent Psychology*, 47(5), 669-698. doi:[10.1080/15374416.2018.1496443](https://doi.org/10.1080/15374416.2018.1496443)

Columns

Sung, J., Dobias, M., Schleider, J. (2020). Single Session Interventions: Complementing and Extending Evidence-Based Practice. *Advances in Cognitive Therapy*. [Pre-print](#)

Publications Under Review

Benito, K., Herren, J., Freeman, J., Garcia, A., Kemp, J., Chorpita, B., **Sung, J.**, Arora, A., Georgiadis, C., Steward, E., Wellen, B., Frank, H., Schiavione, E., Gervasio, M., Machan, J. (under review). Improving Delivery Behaviors during Exposure Therapy: A Cluster Randomized Controlled Training Trial with Community Therapists.

Publications in Preparation

Sung, J., Schleider J., (in preparation; under contract). Prevention and Early Intervention. In Bennett, S., Myles-Hooton, P., Schleider, J. (Eds.) *Low intensity interventions for children and adolescents*. Oxford University Press

Hart, M., **Sung, J.**, McQuillin, S., & Schleider, J. L. (in preparation). Leveraging Implementation Science to Expand the Reach of Psychosocial Services: Untapped Potential of Mentors and Single Session Interventions

OPEN-ACCESS INTERVENTIONS

Sung, J.*, Mumper, E.*, Schleider, J. Project BRAVE. [Link](#)

Schleider, J. L., Mullarkey, M. C., Mumper, E., & **Sung, J. Y.** (2019). The ABC Project: Action Brings Change. Open Science Framework. DOI 10.17605/OSF.IO/QJ94C. [Link](#)

CONFERENCE PRESENTATIONS

Conference Symposia

1. **Sung J.**, Bianco A., Schleider. (November 2020). Open Pilot Trial of a Single-Session Consultation Service for Clients on Psychotherapy Waitlists. Symposium submitted to the Association for Behavioral and Cognitive Therapies 54th Convention, Philadelphia, PA.
2. Schleider J., Dobias M., **Sung J.**, Mullarkey M., Mumper E. (November 2020). Acceptability and Utility of an Open-Access, Online Single-Session Intervention Platform for Adolescent Mental Health. Symposium submitted to the Association for Behavioral and Cognitive Therapies 54th convention, Philadelphia, PA.

Poster Presentations

1. **Sung J.**, Bianco A., Schleider J. (June, 2020). The Nature and Malleability of Therapist Attitudes Toward Single-Session Mental Health Interventions. Virtual poster presented at the Future Directions Forum.
2. Rosenberg B., Dobias M., **Sung J.**, Vilkin E., Schleider J. (June, 2020). *Evaluating Mental Health Treatment Access in Lesbian, Gay, and Bisexual vs. Heterosexual Young Adults*. Virtual poster presented at the Future Directions Forum.
3. **Sung J.**, O'Connor E., Garcia A., Prezworski A. (November, 2019). *Intolerance of Uncertainty in Children and Adolescents: Exploring the Role of Parental Psychological and Behavioral Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Atlanta G.A.
4. **Sung J.**, Arora A., Kemp J., O'Connor E., Carper M., Benito K., Freeman J., Garcia A., Case B. (November, 2018). *What Can Informant Discrepancy Tell Us About Child OCD Treatment Outcome?* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
5. Arora A., **Sung J.**, O'Connor E., Garcia A., (November, 2018). *Determinants of Parents Emotion Socialization Behavior: The Role of Affective Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
6. **Sung J.**, Georgiadis C., Arora A., Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *What does parent-child disagreement tell us about impairment and parental accommodation?* Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C
7. Georgiadis C., **Sung J.**, Arora A., Kemp J., Freeman J., Garcia A., Case B. (April, 2018). *Change in OCD Severity in a Sample of Youth with Comorbid Autism Spectrum Disorder in a Specialized OCD Program*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
8. Arora A., Georgiadis C., **Sung J.**, Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *Assessing the Relationship Between Parental Quality of Life Ratings and Family Accommodation in an OCD Partial Hospitalization Setting*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
9. Drljaca A., Georgiadis C., Kemp J., Freeman J., Arora A., **Sung J.**, Benito K., Garcia A. & Case B. (April, 2018). *Relationship Between Family Accommodation and Family Functional Impairment in Youth with Severe OCD and Anxiety*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.

10. Georgiadis C., Kemp J., Arora A., **Sung J.**, Freeman J., Garcia A., Case B. (November, 2017). *Changes in Disgust Propensity and Sensitivity in Youth with Contamination-based Obsessions*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. San Diego, California.
11. **Sung, Y.**, (April, 2017). *Does Mental Rotation Training Improve Arithmetic Competence in Children?* Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.
12. **Sung, Y.**, Santos L, Dai H., & Weber V. (April, 2016). *The Relationship Between Birth Order, GPA, and Perceived Importance of Academic Achievement*. Emory Spring Undergraduate Research Symposium, Atlanta, GA.
13. **Sung, Y.**, & Choi, M. (October, 2015). *Parallel Processing in Bilingual Individuals*. Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.

EDITORIAL & REVIEW EXPERIENCE

Clinical Child and Family Psychology Review (Since 2019)

INVITED PRESENTATIONS

2020 Economic Mobility Exchange Invited Webinar Presenter, EMPATH
Title: "Growth Mindset"

2020 Women in Stem Day Invited Speaker, Rye Country Day School
Title: "Why Study Clinical Psychology?"

2019 Student Conference Day Invited Speaker, Bay Shore Middle School
Title: "Promoting Mental Health Awareness"

2019 Lab for Scalable Mental Health, Stony Brook University
Title: "Demystifying Conferences: A guide for RA professional development"

RESEARCH EXPERIENCE

2019 - Present

Lab for Scalable Mental Health (LSMH)

Advisor: Jessica Schleider, Ph.D.

Study: Empowering Anxious Parents to Manage Child Avoidance Behaviors: A Randomized Trial of a Single-Session Intervention Targeting Parent Accommodation

Role: PI (Faculty Sponsor: Jessica Schleider, Ph.D)

Study evaluates an SSI titled Project BRAVE, which targets parental accommodation and provides psychoeducation on child anxiety; it aims to increase positive caregiving practices, enhance mental health literacy, and promote treatment-seeking behavior.

Study: Testing a Single Session Consultation in Outpatient Mental Health Clinics

Role: Co-PI (PI: Jessica Schleider, Ph.D.)

Study aims to evaluate the acceptability, feasibility, and the effectiveness of the SSC service offered to clients waiting for psychotherapy in outpatient mental health clinics.

Study: Project Youth Empowerment and Support (Project YES)

Role: Co-PI (PI: Jessica Schleider, Ph.D.)

Project YES aims to evaluate the acceptability and effects of three free-of-charge, publicly available web-based SSIs for adolescent internalizing distress developed by our team: Project Personality, the Teen Goals Project, and the ABC Project (designed to improve youth agency, self-compassion, and hope, respectively).

2017 - 2019

**The Warren Alpert Medical School of Brown University
Pediatric Anxiety Research Center (PARC)**

Advisors: Kristen Benito, PhD, Jennifer Freeman, PhD, Abbe Garcia, PhD, Jennifer Herren, PhD

Study: Quality Assessment in Exposure Therapy (BRAVE study)

NIMH funded R01 study aims to validate the psychometric properties of a mechanism-driven quality measure, called the “Exposure Guide”, designed to assist therapists deliver exposure therapy in community mental health clinics across Massachusetts.

Study: CBT for Pediatric OCD: Community Training Pilot Phase II

NIMH funded 5-year multi-project study designed to translate knowledge from clinical trials into community settings; this randomized controlled trial compares a therapist training model using a standard treatment manual versus training augmented with mechanism driven quality measure (Exposure Guide) designed to target specific provider process behavior during exposure therapy.

Study: Comparison of Patient-Centered versus Provider-Centered Delivery of Cognitive Behavioral Treatment for Pediatric Anxiety and Obsessive-Compulsive Disorder (IMPACT Study)

PCORI funded study comparing the efficacy and feasibility of a home-based treatment (patient-centered) versus a traditional office-based treatment (provider-centered) for youths with anxiety disorders.

CLINICAL EXPERIENCE

2017 – 2019

Independent Evaluator

The Warren Alpert Medical School of Brown University
Pediatric Anxiety Research Center (PARC)

- Completed training to achieve >0.80 reliability on standardized clinical assessment measures including the MINI, CY-BOCS, PARS, TPA, and CGI
- Administered semi-structured diagnostic interviews to study participants ages 5-25 years old

PROFESSIONAL AFFILIATIONS

2017 – Present Association for Behavioral and Cognitive Therapies
Child and Adolescent Anxiety Special Interest Group
Dissemination and Implementation Science Special Interest Group

2017 – Present Anxiety and Depression Association of America

2018 – Present Society for Clinical Child and Adolescent Psychology

2016 – Present Association for Psychological Science

2016 – Present Psi Chi National Honor Society in Psychology

RELEVANT SKILLS

- Statistical Software: SPSS, R
- Behavioral Coding: The Observer XT - Noldus
- Research Database Management: Qualtrics, REDCap
- Languages: Korean [Native], English [Native]