

Jenna Yejin Sung

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EDUCATION

- 2019-Present **Stony Brook University**
Ph.D. in Clinical Psychology
Advisor: Jessica Schleider, PhD
- 2013-2017 **Emory University**
B.A. in Psychology, High Honors
Minor in Educational Studies
Honors Thesis: *Does Mental Rotation Training Improve Arithmetic Competence in Children?*
Advisor: Stella Lourenco, PhD

GRANTS AND SCHOLARSHIPS

- 2017 Diversifying Psychology Weekend Scholarship – University of North Carolina Chapel Hill
- 2017 Diversity in Psychology Scholarship – University of Minnesota
- 2016 Scholarly Inquiry and Research at Emory (SIRE) Grant (\$1000)

PUBLICATIONS

* indicates equal authorship

Peer-Reviewed Publications

- Schleider, J. L., **Sung, J.***, Dobias, M.*, & Mullarkey, M. (in press). Future Directions in Single-Session Youth Mental Health Interventions. *Journal of Clinical Child & Adolescent Psychology*. [Preprint](#)
- Cheung, C., **Sung, J.**, Lourenco, S. (2019). Does Training Mental Rotation Transfer to Gains in Mathematical Competence? Assessment of an at-home Visuospatial Intervention. *Psychological Research*. doi: 10.1007/s00426-019-01202-5
- Freeman, J., Benito, K., Herren, J., Kemp, J., **Sung, J.**, Georgiadis, C., Arora, A., Walther, M., Garcia, A. (2018). Evidence Base Update of Psychosocial Treatments for Pediatric Obsessive-Compulsive Disorder: Evaluating, Improving, and Transporting What Works. *Journal of Clinical Child & Adolescent Psychology*, 47(5), 669-698. doi:[10.1080/15374416.2018.1496443](https://doi.org/10.1080/15374416.2018.1496443)

Manuscripts in Preparation

Sung, J., Kacmarek, C., Schleider, J.L. (in preparation; invited submission). Economic Evaluations of Mental Health Programs for Children and Adolescents in the United States. [Pre-registration](#)

Hart, M., **Sung, J.**, McQuillin, S., & Schleider, J. L. (in preparation). Leveraging Implementation Science to Expand the Reach of Psychosocial Services: Untapped Potential of Mentors and Single Session Interventions

OPEN-ACCESS INTERVENTIONS

Schleider, J. L., Mullarkey, M. C., Mumper, E., & **Sung, J. Y.** (2019). The ABC Project: Action Brings Change. Open Science Framework. DOI 10.17605/OSF.IO/QJ94C. [Link](#)

Sung, J.*, Mumper, E.*, Schleider, J. (in preparation). Single Session Intervention Targeting Parental Accommodation.

CONFERENCE PRESENTATIONS

1. **Sung J.**, O'Connor E., Garcia A., Prezworski A. (November, 2019). *Intolerance of Uncertainty in Children and Adolescents: Exploring the Role of Parental Psychological and Behavioral Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Atlanta G.A.
2. **Sung J.**, Arora A., Kemp J., O'Connor E., Carper M., Benito K., Freeman J., Garcia A., Case B. (November, 2018). *What Can Informant Discrepancy Tell Us About Child OCD Treatment Outcome?* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
3. Arora A., **Sung J.**, O'Connor E., Garcia A., (November, 2018). *Determinants of Parents Emotion Socialization Behavior: The Role of Affective Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
4. **Sung J.**, Georgiadis C., Arora A., Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *What does parent-child disagreement tell us about impairment and parental accommodation?* Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C
5. Georgiadis C., **Sung J.**, Arora A., Kemp J., Freeman J., Garcia A., Case B. (April, 2018). *Change in OCD Severity in a Sample of Youth with Comorbid Autism Spectrum Disorder in a Specialized OCD Program*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
6. Arora A., Georgiadis C., **Sung J.**, Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *Assessing the Relationship Between Parental Quality of Life Ratings and Family Accommodation in an OCD Partial Hospitalization Setting*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.

7. Drljaca A., Georgiadis C., Kemp J., Freeman J., Arora A., **Sung J.**, Benito K., Garcia A. & Case B. (April, 2018). *Relationship Between Family Accommodation and Family Functional Impairment in Youth with Severe OCD and Anxiety*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
8. Georgiadis C., Kemp J., Arora A., **Sung J.**, Freeman J., Garcia A., Case B. (November, 2017). *Changes in Disgust Propensity and Sensitivity in Youth with Contamination-based Obsessions*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. San Diego, California.
9. **Sung, Y.**, (April, 2017). *Does Mental Rotation Training Improve Arithmetic Competence in Children?* Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.
10. **Sung, Y.**, Santos L, Dai H., & Weber V. (April, 2016). *The Relationship Between Birth Order, GPA, and Perceived Importance of Academic Achievement*. Emory Spring Undergraduate Research Symposium, Atlanta, GA.
11. **Sung, Y.**, & Choi, M. (October, 2015). *Parallel Processing in Bilingual Individuals*. Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.

INVITED PRESENTATIONS

- 2019 Student Conference Day Invited Speaker, Bay Shore Middle School
Title: "Promoting Mental Health Awareness"
- 2019 Lab for Scalable Mental Health, Stony Brook University
Title: "Demystifying Conferences: A guide for RA professional development"

RESEARCH EXPERIENCE

- 2019 **Lab for Scalable Mental Health (LSMH)**
Advisor: Jessica Schleider, Ph.D.
- Study: Testing a Single Session Consultation in Outpatient Mental Health Clinics
Role: Co-PI (PI: Jessica Schleider, Ph.D.)
- Study aims to examine the feasibility, acceptability, and short-term effects of the new Single-Session Consultation (SSC) service based on Solution Focused Brief Therapy (SFBT) provided to clients 13 and older on the psychotherapy waitlists at the Krasner Psychological Center (KPC), Mind Body Clinical Research Center (MBCRC), and Child and Adolescent Outpatient Services (CAOS).
- Study: Project Youth Empowerment and Support (Project YES)
Role: Co-PI (PI: Jessica Schleider, Ph.D.)
- Project YES aims to evaluate the acceptability and effects of three free-of-charge, publicly available web-based SSIs for adolescent internalizing distress developed by our

team: Project Personality, the Teen Goals Project, and the ABC Project (designed to improve youth agency, self-compassion, and hope, respectively). [Link](#)

2017 - 2019

**The Warren Alpert Medical School of Brown University
Pediatric Anxiety Research Center (PARC)**

Advisors: Kristen Benito, PhD, Jennifer Freeman, PhD, Abbe Garcia, PhD, Jennifer Herren, PhD

Study: Quality Assessment in Exposure Therapy (BRAVE study)

NIMH funded R01 study aims to validate the psychometric properties of a mechanism-driven quality measure, called the “Exposure Guide”, designed to assist therapists deliver exposure therapy in community mental health clinics across Massachusetts.

Study: CBT for Pediatric OCD: Community Training Pilot Phase II

NIMH funded 5-year multi-project study designed to translate knowledge from clinical trials into community settings; this randomized controlled trial compares a therapist training model using a standard treatment manual versus training augmented with mechanism driven quality measure (Exposure Guide) designed to target specific provider process behavior during exposure therapy.

Study: Comparison of Patient-Centered versus Provider-Centered Delivery of Cognitive Behavioral Treatment for Pediatric Anxiety and Obsessive-Compulsive Disorder (IMPACT Study)

PCORI funded study comparing the efficacy and feasibility of a home-based treatment (patient-centered) versus a traditional office-based treatment (provider-centered) for youths with anxiety disorders.

2016 - 2017

Psychology Honors Thesis

Emory Child Study Center – Spatial Cognition Lab
Advisor: Stella Lourenco, PhD

Study: Does Mental Rotation Training Improve Arithmetic Competence in Children?

An intervention study testing a causal relationship between spatial reasoning and mathematical abilities by training children on mental rotation and assessing its effects on math performance. Additionally, it aimed to test the efficacy and feasibility of a novel 7-day online-at-home training model for 6- to 7-year old children.

CLINICAL EXPERIENCE

2017-2019

Pediatric Anxiety Research Center (PARC)

Advisor: Jennifer Freeman, PhD

- Completed training to achieve > 0.80 reliability on standardized clinical assessment measures including the MINI, CY-BOCS, PARS, TPA, and CGI to act as an independent evaluator

- Administered semi-structured diagnostic interviews to study participants ages 5 to 25 years old to assess for the presence of anxiety disorders and other symptoms targetable by exposure therapy
- Attended weekly supervision to conference complex cases and determine eligibility
- Conducted initial phone screens to assess for eligibility of participants and referred them to appropriate study or waitlist
- Managed and provided appropriate community referrals to patients seeking outpatient services or to those deemed ineligible for ongoing studies

2016-2017

Emory Help Line

Advisor: Mahlet Endale, PhD

- Completed an extensive 12-week clinical training with an emphasis on telephone counseling skills, crisis management, and safety assessment
- Passed a rigorous screening process and was selected to serve on the helpline among a pool of competitive trainees
- Served young adult populations presenting with a variety of clinical symptoms including but not limited to depression, anxiety, trauma, self-harm, suicidal ideation, and substance abuse
- Acted as a liaison between callers and service providers to assuage immediate distress, complete safety assessments, and connect callers to appropriate resources for in-person support
- Wrote clinical summaries after each call and presented complex calls during weekly group supervision
- Organized supervisions, tracked member attendance, and took meeting minutes
- Committed 15+ hours a week, including weekly clinical supervision

2015

Art It Out Therapy Center

- Assisted a licensed therapist in running several group therapy sessions comprised of 8+ youth ages from 5 to 18 years old
- Practiced cognitive behavioral therapy, mindfulness, and behavior management skills within sessions to serve youth struggling with various types of internalizing disorders, externalizing disorders, and developmental delays
- Participated in daily meetings to better support each group and tailor therapy to client's individual needs

PROFESSIONAL AFFILIATIONS

2017 – Present	Association for Behavioral and Cognitive Therapies
2017 – Present	Anxiety and Depression Association of America
2018 – Present	Society for Clinical Child and Adolescent Psychology
2016 – Present	Association for Psychological Science
2016 – Present	Psi Chi National Honor Society in Psychology

RELEVANT SKILLS

- Statistical Software: SPSS, R
- Behavioral Coding: The Observer XT - Noldus
- Programming: Visual Basic
- Research Database Management: Qualtrics, REDCap, Excel
- Languages: Korean [Native], English [Native]