

CURRICULUM VITAE

Jessica L. Schleider, Ph.D.

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[Lab for Scalable Mental Health](#)

EDUCATION

- 2018 **Harvard University**
Ph.D., Clinical Psychology
Dissertation Advisor: John Weisz, Ph.D.
- 2017-18 **Yale University School of Medicine**
Doctoral Internship in Clinical & Community Psychology
Track: Consultation, Prevention, and Program Evaluation Services
- 2014 **Harvard University**
M.A., Psychology
Thesis Advisor: John Weisz, Ph.D.
- 2012 **Swarthmore College**
B.A., Psychology
Thesis Advisor: Jane Gillham, Ph.D.

ACADEMIC APPOINTMENTS

- 2018- **Stony Brook University**
Assistant Professor, Department of Psychology (Clinical Area)
Faculty Affiliate, Alan Alda Center for Communicating Science
- 2018- **The World Bank**
Academic Consultant, Education Global Practice

RESEARCH INTERESTS

Brief, mechanism-targeted interventions for youth depression and anxiety; cognitive and familial change mechanisms in youth mental health interventions; harnessing technology to enhance scalability and precision of mental health services; family processes, youth internalizing problems, and intervention design.

GRANTS, FELLOWSHIPS, AND SPONSORSHIPS

Current Support

- 2020-2021 **Frontline Innovation Contest Award**, NIMH ALACRITY Center (P50); University of Pittsburgh's [ETUDES Center](#)
Bridging the Gap: A single session intervention to improve acceptance of further psycho-therapeutic interventions and instill hopefulness in depressed/anxious youth and their caretakers
Co-I (PIs: David Brent, MD; Sheree Shafer, DNP). Total costs: \$12,800
- 2020-2021 **Mamie Phipps Clark Diversity Research Grant**, Psi Chi Honor Society
Targeting “Self-Hate” in Sexual and Gender Minority Adolescents: A Scalable Intervention for Self-Injurious Thoughts and Behaviors
Faculty Sponsor (Trainee: Mallory Dobias). Total costs: \$1,500
- 2020-2021 **Psi Chi Graduate Research Grant**, Psi Chi Honor Society
Empowering Anxious Parents to Manage Child Avoidance Behaviors: A Randomized Trial of a Single-Session Intervention Targeting Parent Accommodation
Faculty Sponsor (Trainee: Jenna Sung). Total costs: \$1,500
- 2020-2021 **University Research Foundation**, University of Pennsylvania
Online single-session interventions to improve college student mental health: A randomized trial with Indian college students
Consultant (PI: Robert DeRubeis, PhD). Total costs: \$10,000
- 2019-2024 **NIH Director’s Early Independence Award** (DP5OD028123), NIH/OD
Harnessing network science to personalize scalable interventions for adolescent depression
PI. Total costs: \$2,013,925
- 2019-2021 **Access to Care Award**, The Klingenstein Third Generation Foundation
Promoting treatment access following primary care depression screening: evaluation of web-based, single-session interventions for parents and youths
PI. Total costs: \$100,000
- 2019-2020 **John and Polly Sparks Early Career Grant**, American Psychological Foundation
Harnessing network science to personalize scalable interventions for adolescent depression
PI. Total costs: \$20,000
- 2019-2020 **Research Grant**, Autism Research Institute
Single-session intervention for comorbid internalizing problems in ASD
Co-PI (PI: Matthew Lerner, PhD). Total costs: \$20,200
- 2019-2021 **Laura and John Arnold Foundation**
An RCT of an online scalable growth mindset intervention to improve youth mental health
Consultant (PI: Jeni Burnette, PhD). Total costs: \$499,314
- 2019-2020 **Abidin Early Career Grant**, Society for Clinical Child & Adolescent Psychology
Single-session intervention for comorbid internalizing problems in ASD
Co-PI (PI: Matthew Lerner, PhD). Total costs: \$20,000

2018-2021 **Clinical Trial Sponsorship**, Limbix Health Inc.
 Optimizing growth mindset interventions for adolescent depression: Acceptability and effectiveness of a virtual reality approach
PI. Total costs: \$10,000

Completed Support

2017-2018 **William H. Talley Award**, Harvard University
 Parental preferences and expectations for child mental health treatment: Effects of viewing emotion and anxiety as malleable
PI. Total costs: \$3,500

2017-2018 **MetricWire Research Project Sponsorship**, MetricWire Inc.
 Harnessing mobile technology to reduce anxiety and depression in early adolescents: A pilot feasibility trial of two app-based interventions
PI.

2016-2017 **Dissertation Completion Fellowship**, Harvard University
PI. Total costs: \$10,000

2015-2018 **Ruth L. Kirschstein Predoctoral NRSA (F31MH108280)**, NIH/NIMH
 Effects of a single-session implicit theories of personality intervention on social stress recovery and long-term psychological functioning in early adolescents
PI. Total costs: \$61,804

2015-2016 **Elizabeth Munsterberg Koppitz Fellowship**, American Psychological Foundation
 Effects of a single-session implicit theories of personality intervention on early adolescent psychopathology
PI. Total costs: \$25,000

2015-2016 **Julius B. Richmond Fellowship**, Harvard Center on the Developing Child
 Modifying mindsets for youth resilience: A randomized-controlled trial
PI. Total costs: \$10,000

2013-2014 **Karen Stone Fellowship**, Harvard University
 Awarded by clinical faculty based on high potential for independent research career.
PI. Total costs: \$32,000

2013-2014 **William H. Talley Award**, Harvard University
 Implicit theories of thoughts, feelings, and behavior in youths: Longitudinal links to parental evaluation and psychopathology
PI. Total costs: \$3,500

2012-2013 **Stimson Fund Research Grant**, Harvard University
 Relation between parent psychiatric symptoms and youth problems: Moderation through family structure and youth gender
PI. Total costs: \$1,000

2011 **Hans Wallach Fellowship**, Swarthmore College
Sequential comorbidity of anxiety and depression in youth
PI. Total costs: \$4,250

HONORS AND AWARDS

2020 **Forbes 30 Under 30 in Healthcare**, Forbes Magazine

2019 **National Institutes of Health (NIH) Director's Early Independence Award**, National Institutes of Health

2019 **President's New Researcher Award**, Association for Behavioral and Cognitive Therapies

2019 **Dorothy Bishop Journal of Child Psychology and Psychiatry (JCPP) Best Paper Award**, Association of Child and Adolescent Mental Health Awarded for the *highest-quality paper in the previous year's JCPP volume*.

2017 **Outstanding Student Researcher Award**, Society for a Science of Clinical Psychology, Division 12, American Psychological Association

2017 **Anne Anastasi General Psychology Graduate Student Research Award**, Society for General Psychology, Division 1, American Psychological Association

2017 **Career Development Leadership Award**, Anxiety & Depression Association of America

2016 **Derek C. Bok Certificate of Distinction in Teaching**, Harvard University

2016 **Student Achievement Award**, Society for Clinical Child and Adolescent Psychology, Division 53, American Psychological Association

2016 **Delaware Project Student Award (Honorable Mention)**, The Delaware Project

2015 **Individual National Research Service Award**, National Institute of Mental Health

2015 **Travel Scholarship**, International Society for Research in Child/Adolescent Psychopathology

2013-17 **Restricted Funds Conference Grants (x5)**, Harvard University

2012 **Phi Beta Kappa**, Swarthmore College

2012 **Solomon Asch Award** (for most outstanding senior thesis in psychology), Swarthmore College

2010 **Sigma Xi Scientific Research Honors Society**, Swarthmore College

2010 **Starfield Summer Research Award**, Swarthmore College

2008 **National Gold Medal** (dramatic script category), Scholastic Art & Writing Awards

PUBLICATIONS

* Indicates student/trainee author/presenter; † Indicates equal authorship

Peer-Reviewed Articles and Chapters

1. Stoll, R.D., Piña, A. A., & **Schleider, J. L.** (in press). Brief, non-pharmacological interventions for pediatric anxiety: Meta-analysis and evidence-base status. *Journal of Clinical Child and Adolescent Psychology*.
2. **Schleider, J. L.**, *†Dobias, M. L., *†Sung, J. Y., & *Mullarkey, M. C. (in press). Future directions in single-session youth mental health interventions. *Journal of Clinical Child and Adolescent Psychology*.

3. **Schleider, J. L.**, *Dobias, M. L., & Pati, S. (in press; Stage 1 Registered Report). Promoting treatment access following pediatric primary care depression screening: Randomized trial of web-based, single-session interventions for parents and youths. *Journal of the American Academy of Child & Adolescent Psychiatry*.
4. **Schleider, J. L.**, Burnette, J. L., Widman, L., Hoyt, C., & Prinstein, M. J. (in press). Randomized trial of a single-session growth mindset intervention for rural adolescents' internalizing and externalizing problems. *Journal of Clinical Child and Adolescent Psychology*.
5. **Schleider, J. L.**, Woerner, J., Overstreet, C., Amstadter, A., & Sartor, C. E. (in press). Interpersonal trauma exposure and depression in young adults: Considering the role of world assumptions. *Journal of Interpersonal Violence*.
6. *Osborn, T., *Venturo-Conerly, K., *Wasil, A., **Schleider, J. L.**, & Weisz, J. R. (in press). Group Intervention for Adolescent Anxiety and Depression: Outcomes of a Randomized Trial with Adolescents in Kenya. *Behavior Therapy*.
7. *Osborn, T., *Wasil, A., *Venturo-Conerly, K., **Schleider, J. L.**, & Weisz, J. R. (in press). Depression and anxiety symptoms, social support, and demographic factors among Kenyan high school students. *Journal of Child and Family Studies*.
8. Ng, M. Y., **Schleider, J. L.**, *Horn, R., & Weisz, J. R. (in press). Psychotherapy in Children and Adolescents. In Barkham, M., Lutz, W., & Castonguay, L. (Ed.), *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change*, 7th Edition. New York: John Wiley & Sons.
9. **Schleider, J. L.**, *Mullarkey, M., & Chacko, A. (2020). Harnessing wise interventions to advance the potency and reach of youth mental health services. *Clinical Child and Family Psychology Review*, 23, 70-101.
10. *Garibaldi, P. M., *Abel, M. R., *Snow, R. S., & **Schleider, J. L.** (2020). Does failure help or harm? Linking parents' treatment histories, views of failure, and expectancies for child psychotherapy. *Child and Youth Care Forum*, 49, 151-161.
11. *Mullarkey, M., & **Schleider, J. L.** (2020). Contributions of fixed mindsets and hopelessness to anxiety and depressive symptoms: A commonality analysis approach. *Journal of Affective Disorders*, 15, 245-252.
12. **Schleider, J. L.**, *Abel, M., & Weisz, J. R. (2019). Do immediate gains predict long-term symptom change? Findings from a randomized trial of a single-session intervention for youth anxiety and depression. *Child Psychiatry & Human Development*, 50, 868-881.
13. **Schleider, J. L.**, *Mullarkey, M., & Weisz, J. R. (2019; Stage 1 Registered Report). Protocol for a three-arm randomized trial of Virtual reality and web-based growth mindset interventions for adolescent depression: *Journal of Medical Internet Research: Research Protocols*, 8, e13368.
14. Woerner, J., **Schleider, J. L.**, Overstreet, C., Foster, D. W., Amstadter, A., & Sartor, C. E. (2019). The role of drinking motives and perceived controllability of events in the association between college women's sexual assault victimization and binge drinking. *Addictive Behaviors*, 90, 210-216.
15. Eckshtain, D., Krumholz Marchette, L., **Schleider, J. L.**, Evans, S. C., & Weisz, J. R. (2019). Parental depression as a predictor of outcome in the treatment of child internalizing and externalizing problems. *Journal of Abnormal Child Psychology*. 47, 459-474.
16. **Schleider, J. L.**, Ye, F., Wang, F., Hipwell, A., Chung, T., & Sartor, C. E. (2019). Longitudinal reciprocal associations between anxiety, depression, and alcohol use in adolescent girls. *Alcoholism: Clinical & Experimental Research*, 43, 98-107.
17. **Schleider, J. L.**, & Weisz, J. R. (2018). Parent expectancies and preferences for mental health treatment: The roles of emotion mindsets and views of failure. *Journal of Clinical Child and Adolescent Psychology*, 47, S480-S496.

18. **Schleider, J. L.**, Ginsburg, G. S., & Drake, K. (2018). Perceived peer victimization predicts anxiety outcomes in a prevention program for offspring of anxious parents. *Journal of Clinical Child and Adolescent Psychology*, *47*, S255-S263.
19. Eckshtain, D., Krumholz Marchette, L., **Schleider, J. L.**, & Weisz, J. R. (2018). Parental depression as a predictor of outcome in the treatment of child depression. *Journal of Abnormal Child Psychology*, *46*, 825-837.
20. Ginsburg, G. S., **Schleider, J. L.**, Tein, J. Y., & Drake, K. L. (2018). Family and parent predictors of anxiety disorder onset in offspring of anxious parents. *Child and Youth Care Forum*, *47*, 363-376.
21. **Schleider, J. L.**, Lebowitz, E. R., & Silverman, W. K. (2018). Anxiety sensitivity moderates the relation between family accommodation and symptom severity in clinically anxious children. *Child Psychiatry & Human Development*, *49*, 187-196.
22. **Schleider, J. L.**, & Schroder, H. S. (2018). Implicit theories of personality across development: impacts on coping, resilience, and mental health. In V. Ziegler-Hill & T. K. Shackelford (Eds.), *The SAGE Handbook of Personality and Individual Differences*. Sage Publications.
23. **Schleider, J. L.**, & Weisz, J. R. (2018). A single-session growth mindset intervention for adolescent anxiety and depression: Nine-month outcomes of a randomized trial. *Journal of Child Psychology and Psychiatry*, *59*, 160-170. *Awarded **Dorothy Bishop JCPP Best Paper Award** for 2018
24. Hungerford, G. M., **Schleider, J. L.**, Wei, M. A., & Weisz, J. R. (2017). Patienthood meets parenthood: Widening the lens of adult psychotherapy. *Clinical Psychology: Science and Practice*, *24*, 392-395.
25. **Schleider, J. L.**, & Weisz, J. R. (2017). Can less be more? The promise (and perils) of single-session youth mental health interventions. *The Behavior Therapist*, *40*, 256-261.
26. **Schleider, J. L.**, & Weisz, J. R. (2017). Little treatments, promising effects? Meta-analysis of single session interventions for youth psychiatric problems. *Journal of the American Academy of Child & Adolescent Psychiatry*, *56*, 107-115.
27. **Schleider, J. L.**, & Weisz, J. R. (2017). Family process and youth internalizing problems: A Triadic Model of etiology and intervention. *Development and Psychopathology*, *29*, 273-301.
28. Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2017). A linguistic signature of psychological distancing in emotion regulation. *Journal of Experimental Psychology: General*, *146*, 337-346.
29. Keeton, C. P., **Schleider, J. L.**, & Walkup, J. T. (2017). Separation anxiety, generalized anxiety, and social anxiety. In B. J. Sadock, V. Sadock, & P. Ruiz (Eds.), *Kaplan & Sadock's Comprehensive Textbook of Psychiatry* (10th ed.). Philadelphia: Lippincott Williams & Wilkins.
30. **Schleider, J. L.**, & Weisz, J. R. (2016). Reducing risk for anxiety and depression in adolescents: Effects of a single-session intervention teaching that personality can change. *Behaviour Research and Therapy*, *87*, 170-181.
31. **Schleider, J. L.**, Schroder, H. S., Lo, S. L., Fisher, M., Danovitch, J. H., Weisz, J. R., & Moser, J. (2016). Parents' intelligence mindsets relate to child internalizing problems: Moderation through child gender. *Journal of Child and Family Studies*, *12*, 3627-3636.
32. **Schleider, J. L.**, & Weisz, J. R. (2016). Implicit theories relate to youth psychopathology, but how? A longitudinal test of two predictive models. *Child Psychiatry & Human Development*, *47*, 603-617.
33. **Schleider, J. L.**, & Weisz, J. R. (2016). Mental health problems and implicit theories of thoughts, feelings, and behavior in early adolescents: Are girls at greater risk? *Journal of Social and Clinical Psychology*, *35*, 130-151.
34. **Schleider, J. L.**, *Abel, M., & Weisz, J. R. (2015). Implicit theories and mental health problems in youths: A random-effects meta-analysis. *Clinical Psychology Review*, *35*, 1-9.

35. **Schleider, J. L.**, Ginsburg, G. S., Keeton, C. P., Weisz, J. R., Birmaher, B., Kendall, P. C., Piacentini, J., Sherrill, J., & Walkup, J. T. (2015). Parent symptoms and treatment outcomes for anxious youth: Roles of family functioning and caregiver strain. *Journal of Consulting and Clinical Psychology, 83*, 213-224.
36. **Schleider, J. L.**, & Weisz, J. R. (2015). Using Mechanical Turk to study family processes and youth mental health: A test of feasibility. *Journal of Child and Family Studies, 24*, 3235-3246.
37. **Schleider, J. L.**, *Patel, A., Krumholz, L., Chorpita, B. F., & Weisz, J. R. (2015). Relations between parent symptomatology and youth problems: Multiple mediation through family income and parent-youth stress. *Child Psychiatry & Human Development, 46*, 1-9.
38. **Schleider, J. L.**, Chorpita, B. F., & Weisz, J. R. (2014). Relation between parent psychiatric symptoms and youth problems: Moderation through family structure and youth gender. *Journal of Abnormal Child Psychology, 42*, 195-204.
39. **Schleider, J. L.**, Vélez, C. E., Krause, E. D., & Gillham, J. E. (2014). Perceived psychological control and anxiety in early adolescents: The mediating role of attributional style. *Cognitive Therapy and Research, 38*, 71-81.
40. **Schleider, J. L.**, Krause, E. D., & Gillham, J. E. (2014). Sequential comorbidity of anxiety and depression in youth: Present knowledge and future directions. *Current Psychiatry Reviews, 10*, 75-87

Selected Working Manuscripts

1. *†Dobias, M. L., *†Sugarman, M., *Mullarkey, M., & **Schleider, J. L.** (under review). Relative importance of individual depressive symptoms, demographic variables, and socioeconomic variables in predicting adolescent mental health treatment access.
2. *Abel, M. R., *†Bianco, A., *†Gilbert, R., & **Schleider, J. L.** (invited revision). When and why is adolescent psychotherapy brief? Considering sociodemographic factors, problem complexity, and problem type.
3. *Osborn, T.L., *Venturo-Conerly, K. E., *Wasil, A., Victoria, M., Roe, E., Alemu, R., Arango, S., Gan, J., Cienkowski, T., Wasanga, C., **Schleider, J. L.**, & Weisz, J. R (invited revision). The Shamiri Group Intervention for adolescent anxiety and depression: Study protocol for a randomized controlled trial of a lay provider-delivered, school-based intervention in Kenya.
4. *Sung, J., *Kacmarek, C., & **Schleider, J. L.** (in preparation; invited submission). Economic Evaluations of Mental Health Programs for Children and Adolescents in the United States.
5. *Dobias, M. L., Fox, K. R., *Chen, S., & **Schleider, J. L.** (in preparation). Brief Interventions for Self-Injurious Thoughts and Behaviors: A Systematic Review.
6. *Orvidas, K., Burnette, J. L., **Schleider, J. L.**, Skelton, J., & Moses, M. (under review). Healthy Body, Healthy Mind: A mindset intervention for obese youth.
7. *Lin, S. Y., Eaton, N. R., & **Schleider, J. L.** (under review). Unpacking associations between mood symptoms and screen-time in preadolescents: A network analysis.

Books

1. **Schleider, J. L.**, *Mullarkey, M. C., & *Dobias, M. L. (under contract). *The Growth Mindset Workbook for Teens: Using Brain Science to Boost Behavior Change*. New Harbinger Publications.
2. Bennett, S., Myles-Hooton, P., & **Schleider, J. L.** (Eds.) (under contract). *Low intensity evidence-based interventions for children and young people*. Oxford University Press.

Open-Access Intervention Programs

1. **Schleider, J. L.**, *Mullarkey, M. C., *Mumper, E., & *Sung, J. Y. (2019). The ABC Project: Action Brings Change. *Open Science Framework*. DOI: 10.17605/OSF.IO/QJ94C. [Link](#)
2. **Schleider, J. L.** & Weisz, J. R. (2019). Project Personality. *Open Science Framework*. DOI: 10.17605/OSF.IO/259JV. [Link](#)
3. *Dobias, M. L., *Mullarkey, M. C., & **Schleider, J. L.** (2019). The Teenage Goals Project. *Open Science Framework*. DOI: 10.17605/OSF.IO/YDQXJ. [Link](#)

EDITORIAL & REVIEW EXPERIENCE

Consulting Editor

Journal of Clinical Child and Adolescent Psychology (2018-)

Ad-Hoc Reviewer

Administration and Policy in Mental Health and Mental Health Services Research (since 2020); Advances in Mental Health (since 2017); Behavior Therapy (since 2020); British Journal of Educational Psychology (since 2016); Child and Adolescent Mental Health (since 2019); Child Development (since 2016); Child Maltreatment (since 2016); Child Psychiatry & Human Development (since 2017); Clinical Child Psychology & Family Review (since 2019); Clinical Psychological Science (since 2013); Clinical Psychology Review (since 2019); Clinical Psychology & Psychotherapy (since 2015); Child and Youth Care Forum (since 2015); Child & Youth Services (since 2016); Children and Youth Services Review (since 2017); Cognitive Neuropsychiatry (since 2015); Cognitive Therapy and Research (since 2015); Depression and Anxiety (since 2018), Emotion (since 2017); Family Process (since 2015); Journal of Abnormal Child Psychology (since 2017); Journal of Affective Disorders (since 2017); Journal of Applied Social Psychology (since 2016); Journal of Consulting and Clinical Psychology (since 2018); Journal of Child Psychology and Psychiatry (since 2017); Journal of Clinical Child and Adolescent Psychology (since 2016); Journal of Medical Internet Research (since 2019); Journal of Neuroscience and Behavioral Health (since 2015); Journal of Pediatrics (since 2016); Journal of Personality Assessment (since 2017); Journal of Studies on Alcohol and Drugs (since 2018)

PRESENTATIONS

Invited Talks: Academic

- 2020 *Forthcoming*. Colby College and Edmund N. Ervin Pediatric Center, Keynote Speaker: Childhood Development and Behavior Conference, Augusta, ME
- 2020 *Forthcoming*. *Journal of Clinical Child and Adolescent Psychology* Future Directions Forum, Academic Job Interviewing Workshop, Washington, DC
- 2020 *Forthcoming*. Williams College, Psychology Department Colloquium, Williamstown, MA
- 2020 *Forthcoming*. Society of Clinical Child and Adolescent Psychology, Invited Webinar Series
- 2020 University of Pittsburgh, Keynote Speaker: ETUDES Center (Enhancing Treatment & Utilization for Depression & Emergent Suicidality) Frontline Innovation Contest, Pittsburgh, PA
- 2020 University of Pittsburgh Medical Center, Psychiatry Department Colloquium, Pittsburgh, PA
- 2020 Stony Brook University School of Social Welfare, Stony Brook, NY

- 2019 Stony Brook University Hospital, Department of Psychiatry Grand Rounds, Stony Brook, NY
- 2019 On the Shoulders of Giants Scientific Symposium, Child Mind Institute, New York, NY
- 2019 Swarthmore College, Psychology Department Colloquium, Swarthmore, PA
- 2019 Association for Psychological Science 31st Convention, Rising Stars of Depression Research, Clinical Science Forum, Washington, DC
- 2018 Stony Brook University, Pediatric Primary Care Division Retreat, Stony Brook, NY
- 2018 Stony Brook University, Counseling and Psychological Services, Stony Brook, NY
- 2018 Stony Brook University Hospital, Department of Pediatrics Grand Rounds, Stony Brook, NY
- 2018 McLean Hospital, McLean Anxiety Mastery Program, Belmont, MA (Invited Webinar)
- 2018 Stony Brook University Hospital, Department of Psychiatry, Child and Adolescent Psychiatry Division, Stony Brook, NY
- 2018 Child Health and Development Institute of Connecticut, Annual Trauma-Focused Evidence Based Practice Conference, Hartford, CT
- 2018 Yale School of Medicine, Department of Psychiatry, Psychiatry Technology Group, New Haven, CT
- 2018 New York University, Department of Psychology, New York, NY
- 2018 University of Connecticut Health Center, Division of Child Psychiatry Seminar, Farmington, CT
- 2018 Harvard Medical School & London School of Hygiene and Tropical Medicine, PRIDE Research Team, Goa, India (Invited Webinar)
- 2017 Boston College, Lynch School of Education, Chestnut Hill, MA
- 2017 Stony Brook University, Department of Psychology, Stony Brook, NY
- 2017 Columbia University School of Social Work, New York, NY
- 2017 National Institute of Mental Health, Emotion and Development Branch, Bethesda, MD
- 2016 Harvard University, Clinical Science Research Training Seminar, Cambridge, MA
- 2016 Harvard Center on the Developing Child, Cambridge, MA

Invited Talks: Community

- 2020 *Forthcoming*. Northern Berkshire Community Coalition, North Adams, MA
- 2020 South Ocean Middle School Parent Teacher Association Speaker Series, Patchogue, NY
- 2020 Patchogue-Medford Special Education Parent Teacher Association Speaker Series, Patchogue, NY
- 2020 Middle Country Public Library Distinguished Speaker Series, Middle Country Public Library, Centereach, NY
- 2019 Middle Country Special Education Parent Teacher Association Speaker Series, Centereach, NY
- 2019 Smithtown Special Education Parent Teacher Association Speaker Series, Smithtown, NY
- 2019 Port Jefferson Special Education Parent Teacher Association Speaker Series, Port Jefferson, NY
- 2017 New Haven Adult Education Center, Teacher Professional Development Series, New Haven, CT
- 2017 Riverside Education Academy, Teacher Professional Development Series, New Haven, CT
- 2013 Cambridge Montessori School, Parent Seminar Series, Cambridge, MA

Conference Symposia and Panels Chaired

1. **Schleider, J. L.** (2019, November). Brief, Technology-Mediated Interventions to Expand the Reach of Cognitive-Behavioral Therapies. Symposium presented at the Association for Behavioral and Cognitive Therapies 53rd Convention, Atlanta, GA.
2. **Schleider, J. L.** (2019, June). Scaling-Up Interventions for Youth Psychopathology: Promise, Progress, and Pitfalls. Focused Discussion presented at the 21st International Society for Research in Child and Adolescent Psychopathology Meeting, Los Angeles, CA.
3. **Schleider, J. L.** (2018, November). Harnessing very brief interventions to reduce youth anxiety and depression at scale: How, where, and for whom? Symposium at the Association for Behavioral and Cognitive Therapies 52nd Convention, Washington, DC.
4. **Schleider, J. L.** (2018, November). Wise interventions for psychopathology? Integrating social and clinical psychological science. Panel at the Association for Behavioral and Cognitive Therapies 52nd Convention, Washington, DC.
5. **Schleider, J. L.** (2017, April). Little treatments, big effects? New developments in very brief interventions for child and adolescent anxiety. Symposium at the Anxiety and Depression Association of America 37th Conference, San Francisco, CA.

Conference Talks

1. **Schleider, J. L.**, Burnette, J. L., Widman, L., Hoyt, C., & Prinstein, M. J. (2019, November). Randomized trial of a single-session growth mindset intervention for rural adolescents' internalizing and externalizing problems. Paper at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
2. *†Mullarkey, M., & †**Schleider, J.L.** (2019, November). Open science practices for clinical researchers: What you need to know and how to get started. Advanced Methods and Statistical Series (AMASS) Workshop at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
3. **Schleider, J. L.** & *Mullarkey, M. (2019, May). Contributions of fixed mindsets and hopelessness to symptoms of depression and anxiety. Paper at the 31st Annual Association for Psychological Science Convention, Washington, DC.
4. *Mumper, E. M., *Mullarkey, M., & **Schleider, J. L.** (2019, May). A multi-method, machine-learning, and symptom-level approach to reward responsiveness and youth depression. Paper at the 31st Annual Association for Psychological Science Convention, Washington, DC.
5. **Schleider, J. L.**, *Abel, M., & Weisz, J. (2018, November). Do immediate gains predict long-term symptom change? Findings from a randomized trial of a single-session intervention for youth anxiety and depression. Paper at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
6. **Schleider, J. L.** & *Mullarkey, M. (2018, November). Contributions of fixed mindsets and hopelessness to anxiety and depressive symptoms: A commonality analysis approach. Paper at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
7. *Dobias, M., **Schleider, J. L.**, & *Mullarkey, M. (2018, November). Social variables and their importance to adolescent depression: Relative importance analysis. Paper at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
8. **Schleider, J. L.** & Weisz, J. R. (2017, April). Modifying mindsets for youth mental health: A randomized controlled trial. Paper at the Anxiety and Depression Association of America 37th Conference, San Francisco, CA.

9. **Schleider, J. L.** (2017, April). *Views from the New Generation: Evidence-based practices in graduate training programs*. Roundtable discussant at the Anxiety and Depression Association of America's 37th Conference, San Francisco, CA.
10. Eckshtain, D., Marchette, L., **Schleider, J. L.**, & Weisz, J. R. (2016, October). Parental depression as a predictor of outcome in the treatment of child depression. Paper at the 50th Convention of the Association for Behavioral & Cognitive Therapies, New York, NY.
11. **Schleider, J. L.**, & Weisz, J. R. (2016, July). Reducing risk for internalizing problems in high-symptom adolescents: Effects of a single-session personality mindset intervention. Paper at the 11th International Conference on Child and Adolescent Psychopathology, London, England.
12. **Schleider, J. L.**, & Weisz, J. R. (2016, May). Effects of a single-session personality mindset intervention on psychosocial functioning in at-risk early adolescents: A randomized-controlled trial. Paper at the 28th Association for Psychological Science Convention, Chicago, IL.
13. Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2016, March). A linguistic signature of psychological distancing in emotion regulation. Data Blitz Presentation at the Society for Affective Science conference, Chicago, IL.
14. Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2016, February). Getting away from the here and now: linguistic markers of psychological distancing in emotion regulation. Data Blitz Presentation at the Social Brain Sciences Symposium, Boston, MA.
15. **Schleider, J. L.** (2014, May). *The Naked Truth: Getting Into Graduate School*. Panel discussant at the 26th Association for Psychological Science Convention, San Francisco, CA.
16. **Schleider, J. L.**, Ginsburg, G. S., Keeton, C. P., & Weisz, J. R. (2014, March). Parent psychopathology and treatment outcomes for anxious youths: Multiple mediation through family functioning and caregiver strain. Paper at Anxiety and Depression Association of America's 34th Conference, Chicago, IL.

Selected Poster Presentations (last 4 years)

1. *Ahn, H. E., Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2020, April). *Investigating linguistic abstraction in relation to psychological distancing and emotion regulation*. Poster at the Conference of the Society for Affective Science, San Francisco, CA.
2. *†Fassler, J., *†Shroff, A., & **Schleider, J. L.** (2019, November). *How do parents' mental health treatment histories relate to their expectancies for youth mental health treatment?* Poster at the Association for Behavioral and Cognitive Therapies 53rd Convention, Atlanta, GA.
3. *†Bianco, A., *†Gilbert, R., *Abel, M.R., & **Schleider, J. L.** (2019, November). *When and why is psychotherapy brief? Roles of sociodemographic factors, problem severity, and problem type in U.S. adolescents*. Poster at the Association for Behavioral and Cognitive Therapies 53rd Convention, Atlanta, GA.
4. *Lin, S.-Y., Eaton N. R., & **Schleider J. L.** (2019, November). *Unpacking associations between mood symptoms and screen-time in preadolescents: A network analysis*. Poster at the Association for Behavioral and Cognitive Therapies 53rd Convention, Atlanta, GA.
5. *Venturo-Conerly, K., *Wasil, A., *Osborn, T., **Schleider, J. L.**, Weisz, J.R. (2019, November). *A Brief School-based Intervention Reduces Depression and Anxiety Symptoms in Kenyan Adolescents: Findings from a Pilot Randomized Controlled Trial*. Poster at the Association for Behavioral and Cognitive Therapies 53rd Convention, Atlanta, GA.
6. *Bartolotta, K., **Schleider, J. L.**, Perlman, G., Klein, D., Gromatsky, M., Waszczuk, M., & Kotov, R. (2019, May). *Low Perceived Social Support from a Close Friend Predicts Future Non-Suicidal Self-Injury in Adolescent Girls*. Poster at the 31st Association for Psychological Science Convention, Washington, DC

7. *Snow, R. S., **Schleider, J. L.**, & Weisz, J. R. (2018, June). *Beliefs about failure moderate the relation between parents' past psychotherapy experiences and psychotherapy effectiveness expectancies for offspring*. Poster at the 2nd Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC
8. *Garibaldi, P. M., **Schleider, J. L.**, & Weisz, J. R. (2018, June). *Unpacking Parents' Mental Health Treatment Expectancies: The Roles of Perceived Social Class and Hopelessness*. Poster at the 2nd Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC
9. *Traver, S., & **Schleider, J. L.** (2017, May). *Family Functioning and Youth Gender as Moderators of the Link Between Parent Depression and Child Anxiety*. Poster at the 29th Association for Psychological Science Convention, Boston, MA
10. *Insler, J., *Kashyap, M., **Schleider, J. L.**, & Weisz, J. R. (2017, May). *Benefits of a brief, youth-directed growth mindset intervention for family functioning and parent depression*. Poster at the 29th Association for Psychological Science Convention, Boston, MA
11. **Schleider, J. L.**, & Weisz, J. R. (2017, April). *Predictors and moderators of 9-month outcomes in a single-session growth mindset intervention for youth anxiety and depression*. Poster at the Anxiety and Depression Association of America 37th Conference, San Francisco, CA
12. **Schleider, J. L.**, & Weisz, J. R. (2016, September). *Reducing risk for anxiety and depression in high symptom adolescents: Impacts of a single-session growth mindset intervention*. Poster at the 2016 National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS
13. Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2016, September). *Discovering bidirectional relations between emotion regulation and distancing language*. Poster at the Society for Research in Psychopathology's Annual Meeting, Baltimore, MD
14. *Lee, E. Y., & **Schleider, J. L.** (2016, July). *Single-session intervention teaching incremental theories of personality strengthens physiological recovery from social stress*. Poster at the Annual Symposium on Management and Social Sciences, South Korea

PROFESSIONAL SERVICE

Professional Memberships

Association for Behavioral and Cognitive Therapies (ABCT); Society of Clinical Child & Adolescent Psychology (APA Division 53); Anxiety and Depression Association of America; Association for Psychological Science; Society for a Science of Clinical Psychology (APA Division 12, Section 3); International Society for Research on Child and Adolescent Psychopathology (ISRCAP)

Service to the Department

2019- Member, Psychology Department Graduate Committee
 2019- Member, Psychology Department Student Self-Care Committee
 2018- Member, Psychology Department Grievance Committee

Service to the Field (National)

2019- Professional Development Team, JCCAP Future Directions Forum
 2019- Member, Association for Psychological Clinical Science Program Membership Committee
 2019- Mentor, Society for Clinical Child and Adolescent Psychology Mentorship Program
 2018- Reviewer, Flexibility Fund Awards, Academy of Psychological Clinical Science
 2017-2018 Mentor, ABCT Dissemination & Implementation Science Special Interest Group Mentorship Program

2013-2016 Mentor, Association for Psychological Science Undergraduate Mentorship Program

TEACHING AND MENTORING

Stony Brook University

2019- Instructor, Abnormal Child Psychology. Undergraduate lecture.
 2018- Instructor and Clinical Supervisor, Child and Adolescent Clinical Supervision. Doctoral practicum seminar.
 2018- Co-Instructor, Survey of Clinical Psychology. Graduate (Master's) seminar.
 2018- Clinical Didactics Guest Lecturer, Stony Brook University Consortium Internship Program. Predoctoral intern seminar.
 2018-2019 Honors College Thesis Advisor, Thesis: Meta-analysis of the association between depression symptoms and social media use in college students

Harvard University

2017 Guest Lecturer, Psychotherapy Research. Doctoral seminar.
 2016-2017 Undergraduate Psychology Thesis Advisor, Thesis: Implicit theories of self associated with achievement: Investigating parents.
 2016 Co-Instructor (with John Weisz, PhD), Research Methods in Child/Adolescent Clinical Psychology. Undergraduate & Graduate lecture. Overall student rating: 4.9/5.0
 2016 Guest Lecturer, Psychotherapy: Science and Practice. Undergraduate seminar.

Additional Teaching Experience

2006-2008 Middle School Teaching Fellow (taught math, English and theatre to at-risk, high-potential middle school students), Breakthrough New York at The Town School, New York, NY

Mentored Doctoral Graduate Students

2019- Mallory Dobias (Stony Brook University)
 2019- Jenna Sung (Stony Brook University)

Student Committees

2019- Amrita Ramakrishnan (Dissertation Committee; New York University)

Mentored Clinical Psychology Interns

2019- Michael Mullarkey (Stony Brook University)

Mentored Master's Graduate Students

2019- Renee Gilbert (Stony Brook University)
 2019- Amanda Bianco (Stony Brook University)
 2019- Briana Rosenberg (Stony Brook University)
 2019 Shreya Sheth (Stony Brook University)
 2018-2019 Jacquelyn Marriott (Stony Brook University)
 2018-2019 Charlotte Palmer (Stony Brook University)

Mentored Undergraduate Honors Theses

2018-2019 Tyler Plaskon (Honors College, Stony Brook University)
 2016-2017 Steven Kunis (Harvard University)

Mentored Research Assistants

*Supervised student in senior thesis or independent research project(s)

†Received competitive mentored research grant for a project conducted under my supervision

	<u>Name and University/Institution</u>	<u>Subsequent Position</u>
2020-	Sharon Chen, Stony Brook University	<i>Presently in lab</i>
2020-	Chantelle Roulston, Stony Brook University	<i>Presently in lab</i>
2020-	Anna Guo, Stony Brook University	<i>Presently in lab</i>
2020-	Aijia Yao, Stony Brook University	<i>Presently in lab</i>
2020-	Jody Huie, Stony Brook University	<i>Presently in lab</i>
2020-	Astrid Cousins, Stony Brook University	<i>Presently in lab</i>
2019-	Michael Sugarman, CUNY Hunter College *	<i>Presently in lab</i>
2019-	Laura Jans, Stony Brook University	<i>Presently in lab</i>
2019-	Renee Gilbert, Stony Brook University *	<i>Presently in lab</i>
2019-	Amanda Bianco, Stony Brook University *	<i>Presently in lab</i>
2019	Lauren Edwards, Catholic Univ. of America	Continued undergraduate studies
2018-	Julia Fassler, Hofstra University *	<i>Presently in lab</i>
2018-	Carolyn Lorenzi, Stony Brook University *	<i>Presently in lab</i>
2018-	Angeles Paucar, Stony Brook University	<i>Presently in lab</i>
2018-	Briana Rosenberg, Stony Brook University *	<i>Presently in lab</i>
2018-	Akash Shroff, Stony Brook University *	<i>Presently in lab</i>
2018-	Aleta Thomas, Stony Brook University	<i>Presently in lab</i>
2018-2019	Kate Bartolotta, Stony Brook University *	PhD candidate, School Psychology, Fordham University
2018-2019	Tyler Plaskon, Stony Brook University *	Continued Undergraduate Studies
2017-2018	Rachel Snow, Mass. General Hospital *	MSW Candidate, Boston College
2017-2018	Patricia Garibaldi, Harvard University *	Research Assistant, Harvard University
2015-2017	Steven Kunis, Harvard University †*	MSc candidate, Cognitive Anthropology, Oxford University
2015-2017	Joshua Insler, Tufts University *	MD candidate, Rush Medical College
2015-2017	Manaswi Kashyap, Wellesley College *	Continued undergraduate studies
2015-2017	Stephanie Traver, Tufts University †*	PsyD Candidate, William James College
2016	Joe Byrnes, Tufts University *	Continued undergraduate studies
2016	Albe Folcarelli, Columbia University *	Continued undergraduate studies
2016	Susanna Yim, Rhode Island College *	Research Assistant, Bradley-Hasbro Children's Research Center
2016	Valerie Woxholdt, Harvard University	Research Assistant, Harvard Graduate School of Education
2015-2016	Eun Youb (Josh) Lee, Tufts University *	MS candidate, Computer Science, Tufts University
2015-2016	Elise Garden, Harvard University	Continued undergraduate studies
2015-2016	Marisol Consuegra, Tufts University	Continued undergraduate studies
2013-2014	Madelaine Abel, Wellesley College †*	PhD candidate, Clinical Child Psychology, University of Kansas
2013-2014	Giovanna Castro, Tufts University	Community Programs Coordinator, East End House
2013-2014	Brendan Eappen, Harvard University	Booth Fellow, Partners in Health
2014	Meghan Farley, Emmanuel College	Mental Health Specialist, McLean Hospital
2014	Rebecca Krane, Harvard University	Continued undergraduate studies

2013	Anushka Patel, Harvard University *	PhD candidate, Clinical Psychology, University of Tulsa
2013	Evelyn Ramirez, Harvard University	Fulbright Scholar
2013	Tedi Asher, Harvard University	Postdoc, Harvard Medical School

CLINICAL and CONSULTATION EXPERIENCE

2019-	Faculty Supervisor, Child/Adolescent Outpatient Clinic Director and Supervisor, Single Session Consultation (SSC) Service Krasner Psychological Center , Stony Brook University, Stony Brook, NY
2017-2018	Psychology Fellow The Consultation Center at Yale University , New Haven, CT
2017-2018	Individual and Family Therapist West Haven Mental Health Clinic (WHMHC) at Yale University, New Haven, CT
2016-2017	DBT Parent Coach, Family Therapist, and Multifamily Skills Group Leader 3East Dialectical Behavioral Therapy Program , McLean Hospital, Belmont, MA
2015-2016	Neuropsychological Assessment Specialist Metrowest Neuropsychology LLC , Westborough, MA
2014-2016	MATCH-ADTC School Consultant and Trainer Student Outcomes of Integrative Mental Health Services , Brookline, MA
2014-2015	Individual Therapist Center for Anxiety and Related Disorders , Boston University, Boston, MA
2014	Individual Therapist & Counselor “Brave Bunch” Selective Mutism Treatment Camp , CARD, Boston University, Boston, MA
2014	Psychodiagnostic Assessment Specialist Department of Psychiatry , Massachusetts General Hospital, Boston, MA
2013-2014	Individual Therapist Judge Baker Children’s Center , Harvard Medical School, Boston, MA