

CURRICULUM VITAE

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[Lab for Scalable Mental Health](#)

**EDUCATION**

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- 2018 **Harvard University**  
Ph.D., Clinical Psychology  
Dissertation Advisor: John Weisz, Ph.D.
- 2017-18 **Yale University School of Medicine**  
Doctoral Internship in Clinical & Community Psychology  
Track: Consultation, Prevention, and Program Evaluation Services
- 2014 **Harvard University**  
M.A., Psychology  
Thesis Advisor: John Weisz, Ph.D.
- 2012 **Swarthmore College**  
B.A., Psychology  
Thesis Advisor: Jane Gillham, Ph.D.

**ACADEMIC APPOINTMENTS**

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- 2018- **Stony Brook University**  
Assistant Professor, Department of Psychology (Clinical Area)  
Faculty Affiliate, Alan Alda Center for Communicating Science
- 2018-2020 **The World Bank**  
Academic Consultant, Education Global Practice

**RESEARCH INTERESTS**

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Brief, scalable, accessible interventions for youth depression and anxiety; single-session interventions (SSIs) for mental health problems; improving treatment access and addressing barriers to service use among marginalized (e.g., LGBTQ+, BIPOC) youth and caregivers; harnessing technology to enhance scalability and precision of mental health services; open science practices in clinical psychology.

## GRANTS, FELLOWSHIPS, AND SPONSORSHIPS

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### Current Support

- 2021-2022     **Systems Enabler Grant**, Upswing Fund. Leveraging Social Media to Enhance Access to Brief, Evidence-Based, and Low-Cost Mental Health Treatment for LGBTQ+ Adolescents.  
**Co-PI** (Co-PI: Kathryn Fox, PhD). Total Costs: \$380,490
- 2021-2022     **Innovation Fund Grant**, The Children’s Trust Foundation. Single Session Interventions to Prevent Anxiety and Depression During COVID-19 and Beyond.  
**Co-I** (PI: Jill Ehrenreich-May, PhD). Total Costs: \$80,000
- 2020-2021     **Service Grant**, City of San Antonio, Texas. Culturally Adapting and Evaluating Project YES (Youth Empowerment & Support) in San Antonio.  
**Co-I** (PIs: Kristen Plastino, MD; Junda Woo, MD). Total Costs (SBU Sub-Award): \$34,000
- 2020-2021     **Emergency COVID-19 Competitive Revision to NIH Early Independence Award** (DP5OD028123), NIH/NIMH. Testing Scalable, Single-Session Interventions for Adolescent Depression in the Context of COVID-19.  
**PI**. Total costs: \$392,813
- 2020-2022     **Diversity Supplement to NIH Early Independence Award** (DP5OD028123), NIH/ NIMH. Adverse Childhood Experiences and Adolescent Depression: Network Science Approaches.  
**PI and Faculty Sponsor** (Trainee: Chantelle Roulston). Total costs: \$143,870
- 2020-2021     **NSF Rapid Response Research (RAPID) Grant**, National Science Foundation. Effect of The Coronavirus (COVID-19) Pandemic on the Psychosocial, Emotional, Academic and Career Functioning of Academic Communities  
**Co-PI** (Co-PIs: Bonita London, PhD; Brady Nelson, PhD, Lauren Richmond, PhD). Total Costs: \$198,238
- 2020-2021     **Office of the Vice President for Research Seed Grant**, Stony Brook University  
Effect of The Coronavirus (COVID-19) Pandemic on the Academic, Career, Mental, Psychosocial, and Physical Functioning of the SBU Community  
**PI** (Co-PIs: Brady Nelson, PhD, Lauren Richmond, PhD). Total costs: \$25,000
- 2020-2021     **Frontline Innovation Contest Award**, NIMH ALACRITY Center (P50); University of Pittsburgh’s ETUDES Center. Bridging the Gap: A single session intervention to improve acceptance of further psycho-therapeutic interventions and instill hopefulness in depressed/anxious youth and their caretakers  
**Co-I** (PIs: David Brent, MD; Sheree Shafer, DNP). Total costs: \$12,800
- 2020-2021     **University Research Foundation**, University of Pennsylvania. Online single-session interventions for college student mental health: A randomized trial with Indian college students  
**Consultant** (PI: Robert DeRubeis, PhD). Total costs: \$10,000
- 2019-2024     **NIH Director’s Early Independence Award** (DP5OD028123), NIH/OD. Harnessing network science to personalize scalable interventions for adolescent depression  
**PI**. Total costs: \$2,013,925

- 2019-2021 **Access to Care Award**, The Klingenstein Third Generation Foundation. Promoting treatment access following primary care depression screening: evaluation of web-based, single-session interventions for parents and youths  
**PI.** Total costs: \$100,000
- 2019-2021 **John and Polly Sparks Early Career Grant**, American Psychological Foundation. Harnessing network science to personalize scalable interventions for adolescent depression  
**PI.** Total costs: \$20,000
- 2019-2021 **Laura and John Arnold Foundation** An RCT of an online scalable growth mindset intervention to improve youth mental health  
**Consultant** (PI: Jeni Burnette, PhD). Total costs: \$499,314
- 2018-2021 **Clinical Trial Sponsorship**, Limbix Health Inc. Optimizing growth mindset interventions for adolescent depression: Acceptability and effectiveness of a virtual reality approach  
**PI.** Total costs: \$10,000

### Completed Support

- 2019-2020 **Research Grant**, Autism Research Institute Single-session intervention for comorbid internalizing problems in ASD  
**Co-PI** (PI: Matthew Lerner, PhD). Total costs: \$20,200
- 2019-2020 **Abidin Early Career Grant**, Society for Clinical Child & Adolescent Psychology. Single-session intervention for comorbid internalizing problems in ASD  
**Co-I** (PI: Matthew Lerner, PhD). Total costs: \$20,000
- 2017-2018 **William H. Talley Award**, Harvard University. Parental preferences and expectations for child mental health treatment: Effects of viewing emotion and anxiety as malleable  
**PI.** Total costs: \$3,500
- 2017-2018 **MetricWire Research Project Sponsorship**, MetricWire Inc. Harnessing mobile technology to reduce anxiety and depression in adolescents: A pilot feasibility trial of app-based interventions.  
**PI.**
- 2016-2017 **Dissertation Completion Fellowship**, Harvard University  
**PI.** Total costs: \$10,000
- 2015-2018 **Ruth L. Kirschstein Predoctoral NRSA** (F31MH108280), NIH/NIMH. Effects of a single-session implicit theories of personality intervention on social stress recovery and long-term psychological functioning in early adolescents  
**PI.** Total costs: \$61,804
- 2015-2016 **Elizabeth Munsterberg Koppitz Fellowship**, American Psychological Foundation. Effects of a single-session implicit theories of personality intervention on early adolescent psychopathology  
**PI.** Total costs: \$25,000
- 2015-2016 **Julius B. Richmond Fellowship**, Harvard Center on the Developing Child. Modifying mindsets for youth resilience: A randomized-controlled trial  
**PI.** Total costs: \$10,000

- 2013-2014 **Karen Stone Fellowship**, Harvard University. Awarded by clinical faculty based on high potential for independent research career.  
**PI.** Total costs: \$32,000
- 2013-2014 **William H. Talley Award**, Harvard University. Implicit theories of thoughts, feelings, and behavior in youths: Longitudinal links to parental evaluation and psychopathology  
**PI.** Total costs: \$3,500
- 2012-2013 **Stimson Fund Research Grant**, Harvard University. Parent psychiatric symptoms and youth problems: Moderation through family structure and youth gender  
**PI.** Total costs: \$1,000
- 2011 **Hans Wallach Fellowship**, Swarthmore College. Sequential comorbidity of anxiety and depression in youth  
**PI.** Total costs: \$4,250

### Mentored Research Grants

- 2020-2024 **RWJF Health Policy Research Scholars Fellowship**, Robert Wood Johnson Foundation Health Policy Research Scholars is a competitive national leadership program focused on training predoctoral fellows to advance health policy, health equity, and public health.  
**Faculty Mentor** (Trainee: Jenna Sung). Total costs: \$120,000
- 2020-2021 **Mamie Phipps Clark Diversity Research Grant**, Psi Chi Honor Society  
Targeting “Self-Hate” in Sexual and Gender Minority Adolescents: A Scalable Intervention for Self-Injurious Thoughts and Behaviors  
**Faculty Mentor** (Trainee: Mallory Dobias). Total costs: \$1,500
- 2020-2021 **Psi Chi Graduate Research Grant**, Psi Chi Honor Society  
Empowering Anxious Parents to Manage Child Avoidance Behaviors: A Randomized Trial of a Single-Session Intervention Targeting Parent Accommodation  
**Faculty Mentor** (Trainees: Jenna Sung, Emma Mumper). Total costs: \$1,500

### HONORS AND AWARDS

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- 2020 **Forbes 30 Under 30 in Healthcare**, Forbes Magazine
- 2019 **National Institutes of Health (NIH) Director’s Early Independence Award**, National Institutes of Health
- 2019 **President’s New Researcher Award**, Association for Behavioral and Cognitive Therapies
- 2019 **Dorothy Bishop Journal of Child Psychology and Psychiatry (JCPP) Best Paper Award**, Association of Child and Adolescent Mental Health *Awarded for the [highest-quality paper](#) in the previous year’s JCPP volume.*
- 2017 **Outstanding Student Researcher Award**, Society for a Science of Clinical Psychology, Division 12, American Psychological Association

- 2017 **Anne Anastasi General Psychology Graduate Student Research Award**, Society for General Psychology, Division 1, American Psychological Association
- 2017 **Career Development Leadership Award**, Anxiety & Depression Association of America
- 2016 **Derek C. Bok Certificate of Distinction in Teaching**, Harvard University
- 2016 **Student Achievement Award**, Society for Clinical Child and Adolescent Psychology, Division 53, American Psychological Association
- 2016 **Delaware Project Student Award (Honorable Mention)**, The Delaware Project
- 2015 **Individual National Research Service Award**, National Institute of Mental Health
- 2015 **Travel Scholarship**, International Society for Research in Child/Adolescent Psychopathology
- 2013-17 **Restricted Funds Conference Grants (x5)**, Harvard University
- 2012 **Phi Beta Kappa**, Swarthmore College
- 2012 **Solomon Asch Award** (for most outstanding senior thesis in psychology), Swarthmore College
- 2010 **Sigma Xi Scientific Research Honors Society**, Swarthmore College
- 2010 **Starfield Summer Research Award**, Swarthmore College
- 2008 **National Gold Medal** (dramatic script category), Scholastic Art & Writing Awards

## **PUBLICATIONS**

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*N* = 64 total (2 books, 49 peer-reviewed articles, 6 book chapters, 2 miscellaneous publications, 5 treatment manuals and/or interactive, open-access web-based interventions)

\* Indicates student/trainee; + Indicates equal co-authorship

### **Books**

2. **Schleider, J. L.**, \*Mullarkey, M. C., & \*Dobias, M. L. (2021, forthcoming). *The Growth Mindset Workbook for Teens: Say Yes to Challenges, Deal with Difficult Emotions, and Reach Your Full Potential*. New Harbinger Publications. [Amazon](#)
1. Shafran, R., Bennett, S., Myles-Hooton, P., & **Schleider, J. L.** (Eds.) (under contract). *Low intensity evidence-based interventions for children and young people*. Oxford University Press.

### **Peer-Reviewed Articles**

#### **2021 and in press**

49. \*Sung, J., \*Kacmarek, C., & **Schleider, J. L.** (2021, in press). Economic Evaluations of Mental Health Programs for Children and Adolescents in the United States. *Clinical Child and Family Psychology Review*. [Preprint](#)
48. \*Lin, S. Y., **Schleider, J. L.**, & Eaton, N. R. (2020, in press). Family processes and child psychopathology: A between- and within-family/child analysis. *Journal of Abnormal Child Psychology*.
47. \*Osborn, T.L., \*Venturo-Conerly, K. E., \*Arango, S., \*Roe, E., \*Rodriguez, M., \*Alemu, R. G., \*Gan, J. \*Wasil, A. R. Otieno, B. H., Rusch, T., Ndeti, D. M., Wasanga, C., **Schleider, J. L.**, & Weisz, J. R (2020, accepted pending minor revisions). The Shamiri Group Intervention for adolescent anxiety and depression in Sub Saharan Africa: A randomized clinical trial. *JAMA Psychiatry*.

46. **Schleider, J. L.**, \*Dobias, M. L., \*Mullarkey, M. C., & Ollendick, T. (2020, in press). Retiring, Rethinking, and Reconstructing the Norm of Once-Weekly Psychotherapy. *Administration and Policy in Mental Health and Mental Health Services Research*. [Preprint](#)
45. \*Lin, S.-Y., Eaton, N. R., & **Schleider, J. L.** (2020, in press). Unpacking associations between mood symptoms and screen-time in preadolescents: A network analysis. *Journal of Abnormal Child Psychology*. [Preprint](#)
44. **Schleider, J. L.**, \*Sung, J. Y., \*Bianco, A., Gonzalez, A., Vivian, D., & \*Mullarkey, M. C. (2021). Open pilot trial of a single-session consultation service for clients on psychotherapy waitlists. *The Behavior Therapist*, 44, 8-15. [Open-Access Article](#) [Preprint](#)
43. \*Mullarkey, M. C., \*Dobias, M. D., \*Sung, J. Y., Schumake, J., Beevers, C. G., & **Schleider, J. L.** (2020, in press; in-principle acceptance, Stage 1 Registered Report). A scalable single session intervention for perceived control over anxiety during COVID-19. *Nature Human Behavior*. [Preprint](#)
42. Gruber, J., Prinstein, M. J., Abramowitz, J. S., Albano, A. M., Aldao, A., Borelli, J. L., Chung, T., Clark, L. A., Davila, J., Forbes, E. E., Gee, D. G., Hall, G. C. N., Hallion, L. S., Hinshaw, S. P., Hofmann, S. G., Hollon, S. D., Joormann, J., Kazdin, A.E., Klein, D. N., La Greca, A. M., Levenson, R. W., MacDonald, A. W., McKay, D., McLaughlin, K. A., Mendle, J., Miller, A. B., Neblett, E. W., Nock, M. K., Olatunji, B. O., Persons, J. B., Rottenberg, J., Rozek, D. C., **Schleider, J. L.**, Slavich, G. M., Teachman, B. A., Vine, V. J., Weinstock, L. M. (2020, in press). Mental health and clinical psychological science in the time of COVID-19: Challenges, opportunities, and a call to action. *American Psychologist*. [Preprint](#)
41. \*Abel, M. R., \*Bianco, A., \*Gilbert, R., & **Schleider, J. L.** (2020, in press). When is psychotherapy brief? Considering sociodemographic factors, problem complexity, and problem type in U.S. adolescents. *Journal of Clinical Child and Adolescent Psychology*. [Preprint](#)
40. **Schleider, J. L.**, Woerner, J., Overstreet, C., Amstader, A., & Sartor, C. E. (2020, in press). Interpersonal trauma exposure and depression in young adults: Considering the role of world assumptions. *Journal of Interpersonal Violence*.

## 2020

39. \*Osborn, T. L., \*Venturo-Conerly, K. E., \*Wasil, A., Rodriguez, M., Roe, E., Alemu, R., Arango, S., Gan, J., Wasanga, C., **Schleider, J. L.**, & Weisz, J. R. (2020). The Shamiri Group Intervention for adolescent anxiety and depression: Study protocol for a randomized controlled trial of a lay provider-delivered, school-based intervention in Kenya. *Trials*, 21:938. [Open-Access Article](#)
38. **Schleider, J. L.**, \*Dobias, M. L., \*Sung, J. Y., \*Mumper, E., & \*Mullarkey, M. C. (2020). Acceptability and utility of an open-access, online single-session intervention platform for adolescent mental health. *Journal of Medical Internet Research: Mental Health*, 7, e2013. [Open-Access Article](#)
37. \*Orvidas, K., Burnette, J. L., **Schleider, J. L.**, Skelton, J., & Moses, M. (2020). Healthy Body, Healthy Mind: A mindset intervention for obese youth. *Journal of Genetic Psychology*, 181, 443-487.
36. Stoll, R.D., Piña, A. A., & **Schleider, J. L.** (2020). Brief, non-pharmacological interventions for pediatric anxiety: Meta-analysis and evidence-base status. *Journal of Clinical Child and Adolescent Psychology*, 49, 435-450.
35. **Schleider, J. L.**, \*Dobias, M. L., \*Fassler, J., \*Shroff, A., & Pati, S. (2020; in-principle acceptance, Stage 1 Registered Report). Promoting treatment access following pediatric primary care depression screening: Randomized trial of web-based, single-session interventions for parents and youths. *Journal of the American Academy of Child & Adolescent Psychiatry*, 59, 770-773. [Preprint](#)
34. **Schleider, J. L.**, Burnette, J. L., Widman, L., Hoyt, C., & Prinstein, M. J. (2020). Randomized trial of a single-session growth mindset intervention for rural adolescents' internalizing and externalizing problems. *Journal of Clinical Child and Adolescent Psychology*, 49, 660-672. [Preprint](#)

33. \*Osborn, T., \*Venturo-Conerly, K., \*Wasil, A., **Schleider, J. L.**, & Weisz, J. R. (2020). Group Intervention for Adolescent Anxiety and Depression: Outcomes of a Randomized Trial with Adolescents in Kenya. *Behavior Therapy, 51*, 601-615. [Preprint](#)
32. **Schleider, J. L.**, \*+Dobias, M. L., \*+Sung, J. Y., & \*Mullarkey, M. C. (2020). Future directions in single-session youth mental health interventions. *Journal of Clinical Child and Adolescent Psychology, 2*, 264-278. [Preprint](#)
31. **Schleider, J. L.**, \*Mullarkey, M., & Chacko, A. (2020). Harnessing wise interventions to advance the potency and reach of youth mental health services. *Clinical Child and Family Psychology Review, 23*, 70-101. [Preprint](#)
30. \*+Garibaldi, P. M., \*+Abel, M. R., \*Snow, R. S., & **Schleider, J. L.** (2020). Does failure help or harm? Linking parents' treatment histories, views of failure, and expectancies for child psychotherapy. *Child and Youth Care Forum, 49*, 151-161. [Preprint](#)
29. \*Mullarkey, M., & **Schleider, J. L.** (2020). Contributions of fixed mindsets and hopelessness to anxiety and depressive symptoms: A commonality analysis approach. *Journal of Affective Disorders, 15*, 245-252. [Preprint](#)
28. \*Osborn, T., \*Wasil, A., \*Venturo-Conerly, K., **Schleider, J. L.**, & +Weisz, J. R. (2020). Depression and anxiety symptoms, social support, and demographic factors among Kenyan high school students. *Journal of Child and Family Studies, 29*, 1432-1443. [Preprint](#)

## 2019

27. **Schleider, J. L.**, \*Abel, M., & Weisz, J. R. (2019). Do immediate gains predict long-term symptom change? Findings from a randomized trial of a single-session intervention for youth anxiety and depression. *Child Psychiatry & Human Development, 50*, 868-881. [Preprint](#)
26. **Schleider, J. L.**, \*Mullarkey, M., & Weisz, J. R. (2019; Stage 1 Registered Report). Protocol for a three-arm randomized trial of Virtual reality and web-based growth mindset interventions for adolescent depression: *Journal of Medical Internet Research: Research Protocols, 8*, e13368. [Full Text](#)
25. Woerner, J., **Schleider, J. L.**, Overstreet, C., Foster, D. W., Amstadter, A., & Sartor, C. E. (2019). The role of drinking motives and perceived controllability of events in the association between college women's sexual assault victimization and binge drinking. *Addictive Behaviors, 90*, 210-216.
24. Eckshtain, D., Krumholz Marchette, L., **Schleider, J. L.**, Evans, S. C., & Weisz, J. R. (2019). Parental depression as a predictor of outcome in the treatment of child internalizing and externalizing problems. *Journal of Abnormal Child Psychology, 47*, 459-474.
23. **Schleider, J. L.**, Ye, F., Wang, F., Hipwell, A., Chung, T., & Sartor, C. E. (2019). Longitudinal reciprocal associations between anxiety, depression, and alcohol use in adolescent girls. *Alcoholism: Clinical & Experimental Research, 43*, 98-107.

## 2018

22. **Schleider, J. L.**, & Weisz, J. R. (2018). Parent expectancies and preferences for mental health treatment: The roles of emotion mindsets and views of failure. *Journal of Clinical Child and Adolescent Psychology, 47*, S480-S496.
21. **Schleider, J. L.**, Ginsburg, G. S., & Drake, K. (2018). Perceived peer victimization predicts anxiety outcomes in a prevention program for offspring of anxious parents. *Journal of Clinical Child and Adolescent Psychology, 47*, S255-S263.

20. Eckshtain, D., Krumholz Marchette, L., **Schleider, J. L.**, & Weisz, J. R. (2018). Parental depression as a predictor of outcome in the treatment of child depression. *Journal of Abnormal Child Psychology*, *46*, 825-837.
19. Ginsburg, G. S., **Schleider, J. L.**, Tein, J. Y., & Drake, K. L. (2018). Family and parent predictors of anxiety disorder onset in offspring of anxious parents. *Child and Youth Care Forum*, *47*, 363-376.
18. **Schleider, J. L.**, Lebowitz, E. R., & Silverman, W. K. (2018). Anxiety sensitivity moderates the relation between family accommodation and symptom severity in clinically anxious children. *Child Psychiatry & Human Development*, *49*, 187-196.
17. **Schleider, J. L.**, & Weisz, J. R. (2018). A single-session growth mindset intervention for adolescent anxiety and depression: Nine-month outcomes of a randomized trial. *Journal of Child Psychology and Psychiatry*, *59*, 160-170. \*Awarded **Dorothy Bishop JCPP Best Paper Award** for 2018

## 2017

16. Hungerford, G. M., **Schleider, J. L.**, Wei, M. A., & Weisz, J. R. (2017). Patienthood meets parenthood: Widening the lens of adult psychotherapy. *Clinical Psychology: Science and Practice*, *24*, 392-395.
15. **Schleider, J. L.**, & Weisz, J. R. (2017). Can less be more? The promise (and perils) of single-session youth mental health interventions. *The Behavior Therapist*, *40*, 256-261.
14. **Schleider, J. L.**, & Weisz, J. R. (2017). Little treatments, promising effects? Meta-analysis of single session interventions for youth psychiatric problems. *Journal of the American Academy of Child & Adolescent Psychiatry*, *56*, 107-115.
13. **Schleider, J. L.**, & Weisz, J. R. (2017). Family process and youth internalizing problems: A Triadic Model of etiology and intervention. *Development and Psychopathology*, *29*, 273-301.
12. Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2017). A linguistic signature of psychological distancing in emotion regulation. *Journal of Experimental Psychology: General*, *146*, 337-346.

## 2016

11. **Schleider, J. L.**, & Weisz, J. R. (2016). Reducing risk for anxiety and depression in adolescents: Effects of a single-session intervention teaching that personality can change. *Behaviour Research and Therapy*, *87*, 170-181.
10. **Schleider, J. L.**, Schroder, H. S., Lo, S. L., Fisher, M., Danovitch, J. H., Weisz, J. R., & Moser, J. (2016). Parents' intelligence mindsets relate to child internalizing problems: Moderation through child gender. *Journal of Child and Family Studies*, *12*, 3627-3636.
9. **Schleider, J. L.**, & Weisz, J. R. (2016). Implicit theories relate to youth psychopathology, but how? A longitudinal test of two predictive models. *Child Psychiatry & Human Development*, *47*, 603-617.
8. **Schleider, J. L.**, & Weisz, J. R. (2016). Mental health problems and implicit theories of thoughts, feelings, and behavior in early adolescents: Are girls at greater risk? *Journal of Social and Clinical Psychology*, *35*, 130-151.

## 2015

7. **Schleider, J. L.**, \*Abel, M., & Weisz, J. R. (2015). Implicit theories and mental health problems in youths: A random-effects meta-analysis. *Clinical Psychology Review*, *35*, 1-9.



6. **Schleider, J. L.**, Ginsburg, G. S., Keeton, C. P., Weisz, J. R., Birmaher, B., Kendall, P. C., Piacentini, J., Sherrill, J., & Walkup, J. T. (2015). Parent symptoms and treatment outcomes for anxious youth: Roles of family functioning and caregiver strain. *Journal of Consulting and Clinical Psychology, 83*, 213-224.
5. **Schleider, J. L.**, & Weisz, J. R. (2015). Using Mechanical Turk to study family processes and youth mental health: A test of feasibility. *Journal of Child and Family Studies, 24*, 3235-3246.
4. **Schleider, J. L.**, \*Patel, A., Krumholz, L., Chorpita, B. F., & Weisz, J. R. (2015). Relations between parent symptomatology and youth problems: Multiple mediation through family income and parent-youth stress. *Child Psychiatry & Human Development, 46*, 1-9.

## 2014

3. **Schleider, J. L.**, Chorpita, B. F., & Weisz, J. R. (2014). Relation between parent psychiatric symptoms and youth problems: Moderation through family structure and youth gender. *Journal of Abnormal Child Psychology, 42*, 195-204.
2. **Schleider, J. L.**, Vélez, C. E., Krause, E. D., & Gillham, J. E. (2014). Perceived psychological control and anxiety in early adolescents: The mediating role of attributional style. *Cognitive Therapy and Research, 38*, 71-81.
1. **Schleider, J. L.**, Krause, E. D., & Gillham, J. E. (2014). Sequential comorbidity of anxiety and depression in youth: Present knowledge and future directions. *Current Psychiatry Reviews, 10*, 75-87

## Book Chapters

6. \*Ahuvia, I., **Schleider, J. L.** (in press). Low-intensity interventions for depression in children and young people. In Shafran, R., Bennett, S., Myles-Hooton, P., Schleider, J. L. (Eds.) *Low intensity evidence-based interventions for children and young people*. Oxford University Press.
5. \*Sung, J. Y., **Schleider, J. L.** (in press). Prevention and Early Intervention. In Shafran, R., Bennett, S., Myles-Hooton, P., Schleider, J. L. (Eds.) *Low intensity evidence-based interventions for children and young people*. Oxford University Press.
4. \*Dobias, M. L., **Schleider, J. L.**, & Ollendick, T. (2020, in press). Improving the efficiency and scalability of cognitive behavioral therapies. In *Comprehensive Clinical Psychology* (2nd ed.). Elsevier.
3. Ng, M. Y., **Schleider, J. L.**, \*Horn, R., & Weisz, J. R. (2020, in press). Psychotherapy in Children and Adolescents: From efficacy to effectiveness, scaling, and personalizing. In Barkham, M., Lutz, W., & Castonguay, L. (Ed.), *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change, 7<sup>th</sup> Edition*. Hoboken, NJ: Wiley.
2. **Schleider, J. L.**, & Schroder, H. S. (2018). Implicit theories of personality across development: impacts on coping, resilience, and mental health. In V. Ziegler-Hill & T. K. Shackelford (Eds.), *The SAGE Handbook of Personality and Individual Differences*. Sage Publications.
1. Keeton, C. P., **Schleider, J. L.**, & Walkup, J. T. (2017). Separation anxiety, generalized anxiety, and social anxiety. In B. J. Sadock, V. Sadock, & P. Ruiz (Eds.), *Kaplan & Sadock's Comprehensive Textbook of Psychiatry* (10<sup>th</sup> ed.). Philadelphia: Lippincott Williams & Wilkins.

## Other Publications (Columns in Professional Newsletters)

2. \*Sung, J., \*Dobias, M. L., & **Schleider, J. L.** (2020). Single-Session Interventions: Complementing and Extending Evidence-Based Practice. *Advances in Cognitive Therapy*. [Preprint](#)

1. **Schleider, J. L.** (2016). Balancing “work” with “life” in psychology graduate school: A sampling of strategies. *Association of Psychological Science Undergraduate Update*.

### Open-Access Mental Health Interventions

5. \*+ Sung, J. Y., \*+ Mumper, E., & **Schleider, J. L.** (2020). Project BRAVE. *Open Science Framework*. DOI: 10.17605/OSF.IO/Z28P7. [Link](#)
4. **Schleider, J. L.** (2020). Single-Session Consultation for Emotional and Behavioral Health. *Open Science Framework*. DOI: 10.17605/OSF.IO/XNZ2T. [Link](#)
3. **Schleider, J. L.**, \*Mullarkey, M. C., \*Mumper, E., & \*Sung, J. Y. (2019). The ABC Project: Action Brings Change. *Open Science Framework*. DOI: 10.17605/OSF.IO/QJ94C. [Link](#)
2. **Schleider, J. L.** & Weisz, J. R. (2019). Project Personality. *Open Science Framework*. DOI: 10.17605/OSF.IO/259JV. [Link](#)
1. \*Dobias, M. L., \*Mullarkey, M. C., & **Schleider, J. L.** (2019). The Teenage Goals Project. *Open Science Framework*. DOI: 10.17605/OSF.IO/YDQXJ. [Link](#)

### Selected Working Manuscripts

8. \*McDanal, R., Opara, I., Parisi, D., & **Schleider, J. L.** (in preparation). Effects of Brief Interventions on Mental Health and Substance Use Outcomes in Young People: A Systematic Review. [Pre-Registration](#)
7. \*Sung, J. Y., \*Mumper, E., & **Schleider, J. L.** (in preparation). Empowering Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention Targeting Parent Accommodation. [Pre-Registration](#)
6. \*Ahuvia, I., & **Schleider, J. L.** (in preparation). Understanding youth beliefs about the permanence of depression. [Pre-Registration](#)
5. \*Ahuvia, I., \*Sung, J. Y., \*Dobias, M. L., & **Schleider, J. L.** (in preparation). Interest in teletherapy and online self-help for psychological distress during the COVID-19 pandemic. [Pre-Registration](#)
4. \*Dobias, M. L., \*Sugarman, M., \*Mullarkey, M. C., & **Schleider, J. L.** (invited revision). Relative importance of individual depressive symptoms, demographic variables, and socioeconomic variables in predicting adolescent mental health treatment access. [Preprint](#)
3. Ringle, V. M., \*Sung, J. Y., \*Roulston, C., & **Schleider, J. L.** (in preparation). Mixed-methods examination of youth-reported barriers to accessing mental health services. [Pre-Registration](#)
2. \*Dobias, M. L., \*Chen, S., Fox, K. R., & **Schleider, J. L.** (in preparation). Brief Interventions for Self-Injurious Thoughts and Behaviors: A Systematic Review. [Pre-Registration](#)
1. Lindquist, K. A., Gruber, J., **Schleider, J. L.**, Beer, J. S., Bliss-Moreau, E., & Weinstock, L. M. (under review). Flawed data and unjustified conclusions cannot elevate the Status of women in science: Response to “The association between early career informal mentorship in academic collaborations and junior author performance.” [Preprint](#)

## EDITORIAL & REVIEW EXPERIENCE

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### Consulting Editor

Clinical Psychological Science (2021- )

Journal of Clinical Child and Adolescent Psychology (2018- )

**Ad-Hoc Reviewer**

Administration and Policy in Mental Health and Mental Health Services Research (since 2020); Advances in Mental Health (since 2017); American Psychologist (since 2019); Behavior Therapy (since 2020); British Journal of Educational Psychology (since 2016); Child and Adolescent Mental Health (since 2019); Child Development (since 2016); Child Maltreatment (since 2016); Child Psychiatry & Human Development (since 2017); Clinical Child Psychology & Family Review (since 2019); Clinical Psychological Science (since 2013); Clinical Psychology Review (since 2019); Clinical Psychology & Psychotherapy (since 2015); Child and Youth Care Forum (since 2015); Child & Youth Services (since 2016); Children and Youth Services Review (since 2017); Cognitive Neuropsychiatry (since 2015); Cognitive Therapy and Research (since 2015); Depression and Anxiety (since 2018), Emotion (since 2017); Family Process (since 2015); Journal of Abnormal Child Psychology (since 2017); Journal of Affective Disorders (since 2017); Journal of the American Academy of Child and Adolescent Psychiatry (since 2020); Journal of Applied Social Psychology (since 2016); Journal of Consulting and Clinical Psychology (since 2018); Journal of Child Psychology and Psychiatry (since 2017); Journal of Clinical Child and Adolescent Psychology (since 2016); Journal of Medical Internet Research (since 2019); Journal of Neuroscience and Behavioral Health (since 2015); Journal of Pediatrics (since 2016); Journal of Personality Assessment (since 2017); Journal of Studies on Alcohol and Drugs (since 2018); Proceedings of the National Academy of Sciences (since 2020)

**Grant/Award Reviewer**

Medical Research Council (MRC) (since 2020)  
 -United Kingdom Research and Innovation Future Leaders Fellowship  
 Association of Psychological Clinical Science (since 2019)  
 -Clinical Science Student Training Award

**PRESENTATIONS**

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# talk given remotely due to COVID-19 pandemic

**Invited Talks: Academic**

- 2021 *Forthcoming.* # Rosalind Franklin University, Psychology Department Colloquium, Chicago, IL
- 2021 *Forthcoming.* # Georgetown University School of Medicine, Department of Psychiatry Grand Rounds, Washington, DC
- 2021 *Forthcoming.* # Institute of Living/Hartford Hospital, Hospital-Wide Grand Rounds, Hartford, CT
- 2020 # University of Bath and University of Bristol, Cross-Institution Psychology Colloquium, UK
- 2020 # University of Maryland - College Park, Clinical Psychology Colloquium, College Park, MD
- 2020 # Indiana University - Bloomington, Clinical Psychology Colloquium, Bloomington, IN
- 2020 # Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Academic Job Interviewing Workshop, Washington, DC
- 2020 Williams College, Psychology Department Colloquium, Williamstown, MA *\*\*Cancelled due to COVID-19*
- 2020 Colby College and Edmund N. Ervin Pediatric Center, Keynote Speaker: Childhood Development and Behavior Conference, Augusta, ME *\*\*Cancelled due to COVID-19*
- 2020 Society of Clinical Child and Adolescent Psychology, Invited Webinar Series

- 2020 University of Pittsburgh, Keynote Speaker: ETUDES Center (Enhancing Treatment & Utilization for Depression & Emergent Suicidality) Frontline Innovation Contest, Pittsburgh, PA
- 2020 University of Pittsburgh Medical Center, Psychiatry Department Colloquium, Pittsburgh, PA
- 2020 Stony Brook University School of Social Welfare, Stony Brook, NY
- 2019 Stony Brook University Hospital, Department of Psychiatry Grand Rounds, Stony Brook, NY
- 2019 On the Shoulders of Giants Scientific Symposium, Child Mind Institute, New York, NY
- 2019 Swarthmore College, Psychology Department Colloquium, Swarthmore, PA
- 2019 Association for Psychological Science 31<sup>st</sup> Convention, Rising Stars of Depression Research, Clinical Science Forum, Washington, DC
- 2018 Stony Brook University, Pediatric Primary Care Division Retreat, Stony Brook, NY
- 2018 Stony Brook University, Counseling and Psychological Services, Stony Brook, NY
- 2018 Stony Brook University Hospital, Department of Pediatrics Grand Rounds, Stony Brook, NY
- 2018 McLean Hospital, McLean Anxiety Mastery Program, Belmont, MA (Invited Webinar)
- 2018 Stony Brook University Hospital, Department of Psychiatry, Child and Adolescent Psychiatry Division, Stony Brook, NY
- 2018 Child Health and Development Institute of Connecticut, Annual Trauma-Focused Evidence Based Practice Conference, Hartford, CT
- 2018 Yale School of Medicine, Department of Psychiatry, Psychiatry Technology Group, New Haven, CT
- 2018 New York University, Department of Psychology, New York, NY
- 2018 University of Connecticut Health Center, Division of Child Psychiatry Seminar, Farmington, CT
- 2018 Harvard Medical School & London School of Hygiene and Tropical Medicine, PRIDE Research Team, Goa, India (Invited Webinar)
- 2017 Boston College, Lynch School of Education, Chestnut Hill, MA
- 2017 Stony Brook University, Department of Psychology, Stony Brook, NY
- 2017 Columbia University School of Social Work, New York, NY
- 2017 National Institute of Mental Health, Emotion and Development Branch, Bethesda, MD
- 2016 Harvard University, Clinical Science Research Training Seminar, Cambridge, MA
- 2016 Harvard Center on the Developing Child, Cambridge, MA

**Invited Talks: Community and Clinical**

- 2020 # Innovations in Psychotherapy Conference, PESI, Inc., Invited Clinical Training on Single Session Interventions for Youth Mental Health
- 2020 # Stuyvesant High School, Invited Guest Speaker Series, New York, NY
- 2020 # Stony Brook University Psychology Peer Mentoring Program, Invited Webinar on Career Paths in Clinical Psychology and Allied Disciplines
- 2020 # Northern Berkshire Community Coalition, Communities that Care Coalition, & Strategic Planning Initiative for Families & Youth (SPIFFY) Coalition, Invited Webinar
- 2020 South Ocean Middle School Parent Teacher Association Speaker Series, Patchogue, NY

- 2020 Patchogue-Medford Special Education Parent Teacher Association Speaker Series, Patchogue, NY
- 2020 Middle Country Public Library Distinguished Speaker Series, Middle Country Public Library, Centereach, NY
- 2019 Middle Country Special Education Parent Teacher Association Speaker Series, Centereach, NY
- 2019 Smithtown Special Education Parent Teacher Association Speaker Series, Smithtown, NY
- 2019 Port Jefferson Special Education Parent Teacher Association Speaker Series, Port Jefferson, NY
- 2017 New Haven Adult Education Center, Teacher Professional Development Series, New Haven, CT
- 2017 Riverside Education Academy, Teacher Professional Development Series, New Haven, CT
- 2013 Cambridge Montessori School, Parent Seminar Series, Cambridge, MA

### Conference Symposia and Panels Chaired

- Schleider, J. L.** (2020, November). From Computation to Implementation: Successes and Setbacks in Scaling-Up Brief Interventions. Symposium accepted at the Association for Behavioral and Cognitive Therapies 54<sup>th</sup> Annual Convention, Philadelphia, PA.
- Schleider, J. L.** (2019, November). Brief, Technology-Mediated Interventions to Expand the Reach of Cognitive-Behavioral Therapies. Symposium at the Association for Behavioral and Cognitive Therapies 53<sup>rd</sup> Convention, Atlanta, GA.
- Schleider, J. L.** (2019, June). Scaling-Up Interventions for Youth Psychopathology: Promise, Progress, and Pitfalls. Focused Discussion at the 21<sup>st</sup> International Society for Research in Child and Adolescent Psychopathology Meeting, Los Angeles, CA.
- Schleider, J. L.** (2018, November). Harnessing very brief interventions to reduce youth anxiety and depression at scale: How, where, and for whom? Symposium at the Association for Behavioral and Cognitive Therapies 52<sup>nd</sup> Convention, Washington, DC.
- Schleider, J. L.** (2018, November). Wise interventions for psychopathology? Integrating social and clinical psychological science. Panel at the Association for Behavioral and Cognitive Therapies 52<sup>nd</sup> Convention, Washington, DC.
- Schleider, J. L.** (2017, April). Little treatments, big effects? New developments in very brief interventions for child and adolescent anxiety. Symposium at the Anxiety and Depression Association of America 37<sup>th</sup> Conference, San Francisco, CA.

### Conference Talks

- Schleider, J.L.,** \*Dobias, M. L., \*Sung, J., \*Mullarkey, M. C., & \*Mumper, E. (2020, November). Acceptability and utility of an open-access, single-session intervention platform for adolescent mental health. Paper accepted presentation at the 54<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Schleider, J. L.,** \*Dobias, M. L., \*Fassler, J., \*Shroff, A., & Pati, S. (2020, November). Promoting treatment access following pediatric primary care depression screening: Evaluation of web-based, single-session interventions for parents and youths. Paper accepted for presentation at the 54<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- \*<sup>†</sup>Mullarkey, M. C., & <sup>†</sup>**Schleider, J. L.** (2020, November). Open science practices for clinical researchers: What you need to know and how to get started. Advanced Methods and Statistical Series Workshop accepted at the Association for Behavioral and Cognitive Therapies 54<sup>th</sup> Annual Convention, Philadelphia, PA.

- \*Mullarkey, M. C., \*Dobias, M. L., Beevers, C. G., \*Fassler, J., \*Shroff, A., \*Sugarman, M., **Schleider, J.L.** (2020, November). Taking user-centered design seriously: An eight-minute, self-administered intervention decreases self-hatred in emerging adults. Paper accepted for presentation at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- \*Dobias, M. L., \*Sugarman, M. B., \*Mullarkey, M. C., & **Schleider, J. L.** (2020, November). Predicting mental health treatment access in high-symptom adolescents: Machine learning approaches. Paper accepted for presentation at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- \*Sung, J. Y., \*Bianco, A., & **Schleider, J. L.** (2020, November). Open pilot trial of a single-session consultation service for clients on psychotherapy wait lists. Paper accepted for presentation at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- \*Dobias, M. L., \*Mullarkey, M.C., & **Schleider, J. L.** (2020, November). Self-hatred in young adults: Examining the roles of gender, sexual orientation, and depression. Paper accepted for presentation at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Schleider, J. L.** (2020, November). Opening the Toolbox: Expanding Access to Clinical Psychological Science Through Open Science Practices.” Panel discussant at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Schleider, J. L.** (2020, November). Can a brief vacation fix your problems? Strengthening the impact of CBT through intensive and short-term interventions. Panel discussant at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- \*<sup>†</sup>Mullarkey, M., & <sup>†</sup>**Schleider, J. L.** (2019, November). Open science practices for clinical researchers: What you need to know and how to get started. Advanced Methods and Statistical Series Workshop at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
- Schleider, J. L.**, Burnette, J. L., Widman, L., Hoyt, C., & Prinstein, M. J. (2019, November). Randomized trial of a single-session growth mindset intervention for rural adolescents’ internalizing and externalizing problems. Paper at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
- Schleider, J. L.** & \*Mullarkey, M. (2019, May). Contributions of fixed mindsets and hopelessness to symptoms of depression and anxiety. Paper at the 31st Annual Association for Psychological Science Convention, Washington, DC.
- \*Mumper, E. M., \*Mullarkey, M., & **Schleider, J. L.** (2019, May). A multi-method, machine-learning, and symptom-level approach to reward responsiveness and youth depression. Paper at the 31st Annual Association for Psychological Science Convention, Washington, DC.
- Schleider, J. L.**, \*Abel, M., & Weisz, J. (2018, November). Do immediate gains predict long-term symptom change? Findings from a randomized trial of a single-session intervention for youth anxiety and depression. Paper at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
- Schleider, J. L.** & \*Mullarkey, M. (2018, November). Contributions of fixed mindsets and hopelessness to anxiety and depressive symptoms: A commonality analysis approach. Paper at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
- \*Dobias, M., **Schleider, J. L.**, & \*Mullarkey, M. (2018, November). Social variables and their importance to adolescent depression: Relative importance analysis. Paper at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
- Schleider, J. L.** & Weisz, J. R. (2017, April). Modifying mindsets for youth mental health: A randomized controlled trial. Paper at the Anxiety and Depression Association of America 37th Conference, San Francisco, CA.

- Schleider, J. L.** (2017, April). *Views from the New Generation: Evidence-based practices in graduate training programs*. Roundtable discussant at the Anxiety and Depression Association of America's 37<sup>th</sup> Conference, San Francisco, CA.
- Eckshtain, D., Marchette, L., **Schleider, J. L.**, & Weisz, J. R. (2016, October). Parental depression as a predictor of outcome in the treatment of child depression. Paper at the 50<sup>th</sup> Convention of the Association for Behavioral & Cognitive Therapies, New York, NY.
- Schleider, J. L.**, & Weisz, J. R. (2016, July). Reducing risk for internalizing problems in high-symptom adolescents: Effects of a single-session personality mindset intervention. Paper at the 11<sup>th</sup> International Conference on Child and Adolescent Psychopathology, London, England.
- Schleider, J. L.**, & Weisz, J. R. (2016, May). Effects of a single-session personality mindset intervention on psychosocial functioning in at-risk early adolescents: A randomized-controlled trial. Paper at the 28<sup>th</sup> Association for Psychological Science Convention, Chicago, IL.
- Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2016, March). A linguistic signature of psychological distancing in emotion regulation. Data Blitz Presentation at the Society for Affective Science conference, Chicago, IL.
- Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2016, February). Getting away from the here and now: linguistic markers of psychological distancing in emotion regulation. Data Blitz Presentation at the Social Brain Sciences Symposium, Boston, MA.
- Schleider, J. L.** (2014, May). The Naked Truth: Getting Into Graduate School. Panel discussant at the 26<sup>th</sup> Association for Psychological Science Convention, San Francisco, CA.
- Schleider, J. L.**, Ginsburg, G. S., Keeton, C. P., & Weisz, J. R. (2014, March). Parent psychopathology and treatment outcomes for anxious youths: Multiple mediation through family functioning and caregiver strain. Paper at Anxiety and Depression Association of America's 34<sup>th</sup> Conference, Chicago, IL.

#### **Selected Poster Presentations** (last 4 years)

- \*Sung, J. Y., \*Bianco, A., & **Schleider J. L.** (2020, June). *The nature and malleability of therapist attitudes toward single-session mental health interventions*. Poster at the 4<sup>th</sup> Annual Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC
- \*Dobias, M. L., \*Sugarman, M. B., \*Mullarkey, M. C., & **\*Schleider, J. L.** (2020, May). Predicting mental health treatment access in high-symptom adolescents: Machine learning approaches. Accepted symposium for presentation at the 4<sup>th</sup> Annual Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC
- \*Fassler, J. A., \*Shroff, A., & **Schleider, J. L.** (2020, June). *An exploratory study into parent perceptions on youth mental health treatments*. Poster at the 4<sup>th</sup> Annual Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC
- \*Mullarkey, M. C., \*Dobias, M. L., Beevers, C. G., \*Fassler, J., \*Shroff, A., \*Sugarman, M., & **Schleider, J. L.** (2020, June). *"Please Make it Shorter": An eight minute, self-administered intervention decreases self-hatred in emerging adults*. Poster at the 4<sup>th</sup> Annual Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC
- \*Rosenberg, B., \*Dobias, M., \*Sung, J., \*Vilkin, E., & **Schleider, J. L.** (2020, June). *Evaluating mental health treatment access in lesbian, gay, and bisexual versus heterosexual young adults*. Poster at the Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC
- \*Ahn, H. E., Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2020, April). *Investigating linguistic abstraction in relation to psychological distancing and emotion regulation*. Poster at the Conference of the Society for Affective Science, San Francisco, CA.

- \*†Fassler, J., \*†Shroff, A., & **Schleider, J. L.** (2019, November). *How do parents' mental health treatment histories relate to their expectancies for youth mental health treatment?* Poster at the Association for Behavioral and Cognitive Therapies 53<sup>rd</sup> Convention, Atlanta, GA.
- \*†Bianco, A., \*†Gilbert, R., \*Abel, M.R., & **Schleider, J. L.** (2019, November). *When and why is psychotherapy brief? Roles of sociodemographic factors, problem severity, and problem type in U.S. adolescents.* Poster at the Association for Behavioral and Cognitive Therapies 53<sup>rd</sup> Convention, Atlanta, GA.
- \*Lin, S.-Y., Eaton N. R., & **Schleider J. L.** (2019, November). *Unpacking associations between mood symptoms and screen-time in preadolescents: A network analysis.* Poster at the Association for Behavioral and Cognitive Therapies 53<sup>rd</sup> Convention, Atlanta, GA.
- \*Venturo-Conerly, K., \*Wasil, A., \*Osborn, T., **Schleider, J. L.**, Weisz, J.R. (2019, November). *A Brief School-based Intervention Reduces Depression and Anxiety Symptoms in Kenyan Adolescents: Findings from a Pilot Randomized Controlled Trial.* Poster at the Association for Behavioral and Cognitive Therapies 53<sup>rd</sup> Convention, Atlanta, GA.
- \*Bartolotta, K., **Schleider, J. L.**, Perlman, G., Klein, D., Gromatsky, M., Waszczuk, M., & Kotov, R. (2019, May). *Low Perceived Social Support from a Close Friend Predicts Future Non-Suicidal Self-Injury in Adolescent Girls.* Poster at the 31<sup>st</sup> Association for Psychological Science Convention, Washington, DC
- \*Snow, R. S., **Schleider, J. L.**, & Weisz, J. R. (2018, June). *Beliefs about failure moderate the relation between parents' past psychotherapy experiences and psychotherapy effectiveness expectancies for offspring.* Poster at the 2<sup>nd</sup> Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC
- \*Garibaldi, P. M., **Schleider, J. L.**, & Weisz, J. R. (2018, June). *Unpacking Parents' Mental Health Treatment Expectancies: The Roles of Perceived Social Class and Hopelessness.* Poster at the 2<sup>nd</sup> Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC
- \*Traver, S., & **Schleider, J. L.** (2017, May). *Family Functioning and Youth Gender as Moderators of the Link Between Parent Depression and Child Anxiety.* Poster at the 29<sup>th</sup> Association for Psychological Science Convention, Boston, MA
- \*Insler, J., \*Kashyap, M., **Schleider, J. L.**, & Weisz, J. R. (2017, May). *Benefits of a brief, youth-directed growth mindset intervention for family functioning and parent depression.* Poster at the 29<sup>th</sup> Association for Psychological Science Convention, Boston, MA
- Schleider, J. L.**, & Weisz, J. R. (2017, April). *Predictors and moderators of 9-month outcomes in a single-session growth mindset intervention for youth anxiety and depression.* Poster at the Anxiety and Depression Association of America 37<sup>th</sup> Conference, San Francisco, CA
- Schleider, J. L.**, & Weisz, J. R. (2016, September). *Reducing risk for anxiety and depression in high symptom adolescents: Impacts of a single-session growth mindset intervention.* Poster at the 2016 National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS
- Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2016, September). *Discovering bidirectional relations between emotion regulation and distancing language.* Poster at the Society for Research in Psychopathology's Annual Meeting, Baltimore, MD
- \*Lee, E. Y., & **Schleider, J. L.** (2016, July). *Single-session intervention teaching incremental theories of personality strengthens physiological recovery from social stress.* Poster at the Annual Symposium on Management and Social Sciences, South Korea



## PROFESSIONAL SERVICE

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### Professional Memberships

Association for Behavioral and Cognitive Therapies (ABCT); Society of Clinical Child & Adolescent Psychology (APA Division 53); Anxiety and Depression Association of America; Association for Psychological Science; Society for a Science of Clinical Psychology (APA Division 12, Section 3); International Society for Research on Child and Adolescent Psychopathology (ISRCAP)

### Service to the Department of Psychology (Stony Brook University)

2020- Co-Chair, Clinical Psychology Program Admissions Committee  
 2020- Member, Sub-Committee for Diversifying Graduate Student Recruitment  
 2020- Member, Hosting Committee for Diversity  
 2020- Member, Masters Program Admissions Committee  
 2019- Member, Graduate Committee  
 2019- Member, Student Self-Care Committee  
 2018- Member, Grievance Committee

### Service to the Field (National)

2021- Steering Committee Member, [RCN-UBE Incubator: Undergraduate Learning Environments in Biology](#), funded by the National Science Foundation. *The goal of this grant is to bring together experts in psychology, psychiatry, student services and biology education to identify sources of anxiety in active-learning biology classrooms, design interventions to help lessen student anxiety, and to spur new research related to student anxiety in this unique context.*

2020- Co-Founding Member, Walden Wise Scientific Advisory Board. *Walden Wise is a nonprofit working to translate basic research on psychopathology to improve parenting practices and youth mental health. Contribute to nonprofit's theory of change, key practices, and structure.*

2019- Professional Development Team, Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum. *The JCCAP Future Directions Forum is an annual conference that provides professional development training to early-career clinical psychology trainees while showcasing innovative mental health research. Organize and co-lead professional development workshops at annual conference.*

2019- Member, Association for Psychological Clinical Science Program Membership Committee

2019- Mentor, Society for Clinical Child and Adolescent Psychology Mentorship Program

2018- Reviewer, Flexibility Fund Awards, Academy of Psychological Clinical Science

2017-2018 Mentor, ABCT Dissemination & Implementation Science SIG Mentorship Program

2013-2016 Mentor, Association for Psychological Science Undergraduate Mentorship Program

## TEACHING AND MENTORING

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### Stony Brook University

2019- Instructor, Abnormal Child Psychology. Undergraduate lecture.

2018- Instructor and Clinical Supervisor, Child and Adolescent Clinical Supervision. Doctoral practicum seminar.

2018- Co-Instructor, Survey of Clinical Psychology. Graduate (Master's) seminar.

2018- Clinical Didactics Guest Lecturer, Stony Brook University Consortium Internship Program. Predoctoral intern seminar.

2018-2019 Honors College Thesis Advisor, Thesis: Meta-analysis of the association between depression symptoms and social media use in college students

**Harvard University**

- 2017 Guest Lecturer, Psychotherapy Research. Doctoral seminar.
- 2016-2017 Undergraduate Psychology Thesis Advisor, Thesis: Implicit theories of self associated with achievement: Investigating parents.
- 2016 Co-Instructor (with John Weisz, PhD), Research Methods in Child/Adolescent Clinical Psychology. Undergraduate & Graduate lecture. Overall student rating: 4.9/5.0
- 2016 Guest Lecturer, Psychotherapy: Science and Practice. Undergraduate seminar.

**Additional Teaching Experience**

- 2006-2008 Middle School Teaching Fellow (taught math, English and theatre to at-risk, high-potential middle school students), Breakthrough New York at The Town School, New York, NY

**Mentored Post-Doctoral Fellows (Stony Brook University)**

- 2020- Michael Mullarkey

**Mentored Doctoral Graduate Students (Stony Brook University)**

- 2020- Isaac Ahuvia
- 2020- Riley McDanal, *co-mentored with Nicholas Eaton*
- 2019-20 Emma Mumper, *secondary mentor; primarily mentored by Daniel Klein*
- 2019- Mallory Dobias
- 2019- Jenna Sung

**Student Committees**

- 2020 Sin-Ying Lin (Specialties Committee Chair; Stony Brook University)
- 2019- Amrita Ramakrishnan (Dissertation Committee; New York University)

**Mentored Clinical Psychology Interns (Stony Brook University Consortium Internship Program)**

- 2019-2020 Michael Mullarkey (Stony Brook University)

**Mentored Master's Graduate Students (Stony Brook University)**

- 2020- Aijia Yao
- 2019-2020 Renee Gilbert
- 2019-2020 Amanda Bianco
- 2019-2020 Briana Rosenberg
- 2019 Shreya Sheth
- 2018-2019 Jacquelyn Marriott
- 2018-2019 Charlotte Palmer

**Mentored Undergraduate Honors Theses**

- 2018-2019 Tyler Plaskon (Honors College, Stony Brook University)
- 2016-2017 Steven Kunis (Harvard University)

**Mentored Research Assistants and Lab Coordinators**

\*Supervised student in senior thesis or mentored research project(s)

†Received competitive mentored research grant for a project conducted under my supervision

	<u>Name and University/Institution</u>	<u>Subsequent Position</u>
2020-	Sharon Chen, Stony Brook University *	<i>Presently in lab</i>
2020-	Chantelle Roulston, Stony Brook University *	<i>Presently in lab</i>
2020-	Anna Guo, Stony Brook University	<i>Presently in lab</i>
2020-	Aijia Yao, Stony Brook University *	<i>Presently in lab</i>
2020-	Jody Huie, Stony Brook University	<i>Presently in lab</i>
2020-	Astrid Cousins, Stony Brook University	<i>Presently in lab</i>
2020-	Lucy Gordon, Stony Brook University	<i>Presently in lab</i>
2020-	Colette Lopez, Stony Brook University	<i>Presently in lab</i>
2020-	Tasmia Majid, Stony Brook University	<i>Presently in lab</i>
2020-	Ashley Larose, Stony Brook University	<i>Presently in lab</i>
2019-	Michael Sugarman, CUNY Hunter College *	<i>Presently in lab</i>
2019-	Laura Jans, Stony Brook University	<i>Presently in lab</i>
2018-	Julia Fassler, Hofstra University *	<i>Presently in lab</i>
2018-	Angeles Paucar, Stony Brook University	<i>Presently in lab</i>
2018-	Akash Shroff, Stony Brook University *	<i>Presently in lab</i>
2018-	Aleta Thomas, Stony Brook University	<i>Presently in lab</i>
2019-	Amanda Bianco, Stony Brook University *	Behavioral Health Technician, Alternative Behavior Strategies, Inc.
2019-	Renee Gilbert, Stony Brook University *	PhD student, Clinical Child Psychology, University of Kansas
2018-	Briana Rosenberg, Stony Brook University *	Research Assistant, Center for Technology and Behavioral Health, Dartmouth College
2019	Lauren Edwards, Catholic Univ. of America	Continued undergraduate studies
2018-	Carolyn Lorenzi, Stony Brook University *	Continued undergraduate studies
2018-2019	Kate Bartolotta, Stony Brook University *	PhD candidate, School Psychology, Fordham University
2018-2019	Tyler Plaskon, Stony Brook University *	Continued undergraduate Studies
2017-2018	Rachel Snow, Mass. General Hospital *	MSW Candidate, Boston College
2017-2018	Patricia Garibaldi, Harvard University *	Research Assistant, Harvard University
2015-2017	Steven Kunis, Harvard University †*	MSc candidate, Cognitive Anthropology, Oxford University
2015-2017	Joshua Insler, Tufts University *	MD candidate, Rush Medical College
2015-2017	Manaswi Kashyap, Wellesley College *	Continued undergraduate studies
2015-2017	Stephanie Traver, Tufts University †*	PsyD student, William James College
2016	Joe Byrnes, Tufts University *	Continued undergraduate studies
2016	Albe Folcarelli, Columbia University *	Continued undergraduate studies
2016	Susanna Yim, Rhode Island College *	Research Assistant, Bradley-Hasbro Children's Research Center
2016	Valerie Woxholdt, Harvard University	Research Assistant, Harvard GSE
2015-2016	Eun Youb (Josh) Lee, Tufts University *	MS, Computer Science, Tufts University
2015-2016	Elise Garden, Harvard University	Continued undergraduate studies
2015-2016	Marisol Consuegra, Tufts University	Continued undergraduate studies
2013-2014	Madelaine Abel, Wellesley College †*	PhD student, Clinical Child Psychology, University of Kansas
2013-2014	Giovanna Castro, Tufts University	Community Coordinator, East End House

2013-2014	Brendan Eappen, Harvard University	Booth Fellow, Partners in Health
2014	Meghan Farley, Emmanuel College	Mental Health Specialist, McLean Hospital
2014	Rebecca Krane, Harvard University	Continued undergraduate studies
2013	Anushka Patel, Harvard University *	PhD student, Clinical Psychology, University of Tulsa
2013	Evelyn Ramirez, Harvard University	Fulbright Scholar
2013	Tedi Asher, Harvard University	Postdoc, Harvard Medical School

## **CLINICAL and CONSULTATION EXPERIENCE**

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2019-	Faculty Supervisor, Child/Adolescent Outpatient Clinic Founder, Director, and Clinical Supervisor, Single Session Consultation (SSC) Service <b>Krasner Psychological Center</b> , Stony Brook University, Stony Brook, NY
2017-2018	Psychology Fellow <b>The Consultation Center at Yale University</b> , New Haven, CT
2017-2018	Individual and Family Therapist <b>West Haven Mental Health Clinic (WHMHC)</b> at Yale University, New Haven, CT
2016-2017	DBT Parent Coach, Family Therapist, and Multifamily Skills Group Leader <b>3East Dialectical Behavioral Therapy Program</b> , McLean Hospital, Belmont, MA
2015-2016	Neuropsychological Assessment Specialist <b>Metrowest Neuropsychology LLC</b> , Westborough, MA
2014-2016	MATCH-ADTC School Consultant and Trainer <b>Student Outcomes of Integrative Mental Health Services</b> , Brookline, MA
2014-2015	Individual Therapist <b>Center for Anxiety and Related Disorders</b> , Boston University, Boston, MA
2014	Individual Therapist & Counselor <b>“Brave Bunch” Selective Mutism Treatment Camp</b> , CARD, Boston University, Boston, MA
2014	Psychodiagnostic Assessment Specialist <b>Department of Psychiatry</b> , Massachusetts General Hospital, Boston, MA
2013-2014	Individual Therapist <b>Judge Baker Children’s Center</b> , Harvard Medical School, Boston, MA

## **MEDIA APPEARANCES & CONTRIBUTIONS**

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*Vox*, Sept. 2020. Quoted in article, [How the Pandemic Forced Mental Health Care to Change for the Better](#)

**“Research Matters” Podcast**, Aug. 2020. Hour-long podcast interview on [open science practices and diversity, equity, and inclusion in academia](#)

**“In Conversation” Podcast, Association for Child and Adolescent Mental Health**, Aug. 2020. Invited guest on ACAMH's “In Conversation” podcast episode, [“Single Sessions, Scalable Impacts”](#)

**Forbes**, Jan. 2020. Included on the [2020 Forbes 30 Under 30 in Healthcare](#) list

Quoted in articles and radio interviews covering receipt of [2019 NIH Director's Early Independence Award](#) supporting a five-year study on brief, scalable interventions for adolescent depression (Oct, 2019)

**InnovateLI**, : [‘Early’ \\$2M grant cheers ambitious depression study](#)

**Stony Brook News**: [New Approach Seeks Better Outcomes for Teen Depression](#)

**TBR News Media**: [SBU's Schleider scores \\$2M for teen depression intervention](#)

**WSHU – NPR**: [Treating Depression in Teens Using What They Know Best — Their Phone](#)

**Elemental**, Oct. 2019. Quoted in article describing research program, [The Emerging Benefits of Short-Term Therapy](#)

**The Fix**, Sept. 2019. Quoted in article describing research program, [Is Bite-Sized Therapy a Good Option for Kids?](#)

**Vox**, Sept. 2019. Research initiative testing free, online teen mental health supports, [Project Y.E.S.](#), featured in Vox: [These Scientists Want to Make Therapy Much, Much Shorter](#)

**The Atlantic**, Aug. 2019. Research program at the Lab for Scalable Mental Health was profiled in *The Atlantic*: [The Quick Therapy That Actually Works](#)

**TRT Roundtable**, Aug 2019. Invited panelist on an episode of TRT World News' *Roundtable*: [Youth Depression: Do We Have the Right Tools?](#)

**Scientific American**, Aug. 2019. Quoted in [article on Growth Mindset interventions](#) for students

**Fatherly**, Jul. 2019. Quoted in article published in *Fatherly*, [Happy Kids Versus Resiliency: Why Anxious Parents Can Calm Down](#)

**Doctor Radio**, Feb. 2019. Interviewed on youth mental health for "Everyday Health" on [Sirius XM's Doctor Radio](#)

**Medium**, Dec. 2018. [Limbox Partners with Academic Researchers to Create VR Intervention for Adolescent Depression](#)

**HealthDay**, Nov. 2018. Published research covered in HealthDay: [For Teen Girls, Depression May Predict Subsequent Alcohol Use](#)

**Win Win Parenting Podcast**, Mar. 2018. Invited podcast guest, [Reducing Anxiety and Depression in Teens in Just One Session.](#)

**Medscape**, Feb. 2018. Published research covered in Medscape: [Brief Intervention Yields Lasting Results for Teen Depression, Anxiety](#)

**EdCentral**, Jan. 2018. Published research covered in EdCentral: [Could Growth Mindset Support Students' Mental Health, As Well As Their Learning?](#)

*British Research Digest*, Nov. 2017. Published research covered in British Research Digest: [A 30-Minute Lesson in the Malleability of Personality Has Long-Term Benefits for Anxious, Depressed Teenagers](#)

*BigThink*, Nov. 2017. Published research covered in BigThink: [This 30-Minute Course Can Improve Mental Health. Should Everyone Take It?](#)

*The Emotion Machine*, Nov. 2017. Published research covered in The Emotion Machine: [A One Time Lesson in 'Growth Mindset' Can Help With Anxiety and Depression](#)

*InnerDrive*, Nov. 2017. Interview with InnerDrive, [Mindset and Mental Health: Interview with an Expert](#)

*U.S. News & World Report*, Oct. 2017. Published research covered in U.S. News & World Report: [Low-Cost Mindset Interventions Show Promise](#)

*The Hechinger Report*, Oct. 2017. Published research covered in The Hechinger Report: [Telling Depressed Kids They're Capable of Change Might Help Them Improve](#)

*Family Practice News*, Jul. 2017. Published research covered in Family Practice News: [Little Treatments Show Big Effects for Youth Psychiatric Problems](#)