

CURRICULUM VITAE

Jessica L. Schleider, Ph.D.

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[Lab for Scalable Mental Health](#)

EDUCATION

- 2018 **Harvard University**
Ph.D., Clinical Psychology
Dissertation Advisor: John Weisz, Ph.D.
- 2017-2018 **Yale University School of Medicine**
Doctoral Internship in Clinical & Community Psychology
Track: Consultation, Prevention, and Program Evaluation Services
- 2014 **Harvard University**
M.A., Psychology
Thesis Advisor: John Weisz, Ph.D.
- 2012 **Swarthmore College**
B.A., Psychology
Thesis Advisor: Jane Gillham, Ph.D.

ACADEMIC APPOINTMENTS

- 2018- **Stony Brook University**
Assistant Professor, Department of Psychology (Clinical Area)
Faculty Affiliate, Alan Alda Center for Communicating Science
- 2018- **The World Bank**
Academic Consultant, Education Global Practice

RESEARCH INTERESTS

Brief, mechanism-targeted interventions for youth depression and anxiety; cognitive and familial change mechanisms in youth mental health interventions; harnessing technology to enhance scalability and precision of youth mental health services; family processes, youth internalizing problems, and intervention design.

GRANTS, FELLOWSHIPS, AND SPONSORSHIPS

Current Support

- 2019-2021 **Access to Care Award**, The Klingenstein Third Generation Foundation
 Title: Promoting treatment access following primary care depression screening: evaluation of web-based, single-session interventions for parents and youths
 Role: PI
- 2019-2020 **John and Polly Sparks Early Career Grant**, American Psychological Foundation
 Title: Harnessing network science to personalize scalable interventions for adolescent depression.
 Role: PI
- 2019-2020 **Abidin Early Career Grant**, Society for Clinical Child & Adolescent Psychology
 Title: Single-session intervention for psychiatric symptoms in autism spectrum disorder
 Role: Co-I (PI: Matthew Lerner, PhD)
- 2018-2021 **Clinical Trial Sponsorship**, Limbix Health Inc.
 Title: Optimizing growth mindset interventions for adolescent depression: Acceptability and effectiveness of a virtual reality approach
 Role: PI
- 2019-2021 **Laura and John Arnold Foundation**
 Title: An RCT to build evidence for the efficacy of an online scalable growth mindset intervention (Healthy Minds) to improve youth mental health
 Role: Consultant (PI: Jeni Burnette, PhD)

Under Review

- 2019-2024 **NIH Director's Early Independence Award (DP5 DE028760-01)**, NIH/OD
 Title: Harnessing network science to personalize scalable interventions for adolescent depression. *Scored; pending council review.*
 Role: PI
- 2019-2024 **National Institute of Mental Health R61/R33**, NIH/NIMH
 Title: Evaluation and mechanisms of a web-based, single-session intervention for self dislike. *Scored; pending council review.*
 Role: Co-I (PI: Christopher Beevers, PhD)
- 2019-2020 **Visionary Grant**, American Psychological Foundation
 Title: Targeting "Self-Hate" in Adolescence: A Scalable Suicidality Intervention for Youth
 Role: PI (Co-PI: Mallory Dobias, BS)

Completed Support

- 2017-2018 **William H. Talley Award**, Harvard University
 Title: Parental preferences and expectations for child mental health treatment: Effects of viewing emotion and anxiety as malleable
 Role: PI
- 2017-2018 **MetricWire Research Project Sponsorship**, MetricWire Inc.
 Title: Harnessing mobile technology to reduce anxiety and depression in early adolescents: A pilot feasibility trial of two app-based interventions
 Role: PI
- 2015-2018 **Ruth L. Kirschstein Predoctoral NRSA** (F31MH108280), NIH/NIMH
 Title: Effects of a single-session implicit theories of personality intervention on social stress recovery and long-term psychological functioning in early adolescents
 Role: PI
- 2016-2017 **Dissertation Completion Fellowship**, Harvard University
 Role: PI
- 2015-2016 **Elizabeth Munsterberg Koppitz Fellowship**, American Psychological Foundation
 Title: Effects of a single-session implicit theories of personality intervention on early adolescent psychopathology
 Role: PI
- 2015-2016 **Julius B. Richmond Fellowship**, Harvard Center on the Developing Child
 Title: Modifying mindsets for youth resilience: A randomized-controlled trial
 Role: PI
- 2013-2014 **Karen Stone Fellowship**, Harvard University
 Awarded by clinical faculty based on high potential for independent research career.
 Role: PI
- 2013-2014 **William H. Talley Award**, Harvard University
 Title: Implicit theories of thoughts, feelings, and behavior in youths: Longitudinal links to parental evaluation and psychopathology
 Role: PI
- 2012-2013 **Stimson Fund Research Grant**, Harvard University
 Title: Relation between parent psychiatric symptoms and youth problems: Moderation through family structure and youth gender
 Role: PI
- 2011 **Hans Wallach Fellowship**, Swarthmore College
 Title: Sequential comorbidity of anxiety and depression in youth
 Role: PI

HONORS AND AWARDS

- 2019 **President's New Researcher Award**, Association for Behavioral and Cognitive Therapies (ABCT)
- 2019 **Dorothy Bishop Journal of Child Psychology and Psychiatry (JCPP) Best Paper Award**, Association of Child and Adolescent Mental Health
Awarded for the highest-quality paper in the previous year's JCPP volume:
 Schleider, J. L., & Weisz, J. R. (2018). A single-session growth mindset intervention for adolescent anxiety and depression: Nine-month outcomes of a randomized trial. *Journal of Child Psychology and Psychiatry*, 59, 160-170.
- 2019 **Finalist, National Institutes of Health (NIH) Director's Early Independence Award**, National Institutes of Health
- 2018 **Nominee, National Institutes of Health (NIH) Director's Early Independence Award**, Stony Brook University-wide search
- 2017 **Outstanding Student Researcher Award**, Society for a Science of Clinical Psychology, Division 12, American Psychological Association
- 2017 **Anne Anastasi General Psychology Graduate Student Research Award**, Society for General Psychology, Division 1, American Psychological Association
- 2017 **Alies Muskin Career Development Leadership Award**, Anxiety & Depression Association of America
- 2016 **Derek C. Bok Certificate of Distinction in Teaching**, Harvard University
- 2016 **Student Achievement Award**, Society for Clinical Child and Adolescent Psychology, Division 53, American Psychological Association
- 2016 **Delaware Project Student Award (Honorable Mention)**, The Delaware Project
Awarded for excellence in research emphasizing continuity between community and laboratory settings.
- 2015 **Individual National Research Service Award**, National Institute of Mental Health
- 2015 **Travel Scholarship**, International Society for Research in Child and Adolescent Psychopathology
- 2013-2017 **Restricted Funds Conference Grants (x5)**, Harvard University
- 2012 **Phi Beta Kappa**, Swarthmore College
- 2012 **Solomon Asch Award**, Swarthmore College
Honors the most outstanding senior thesis in psychology.
- 2010 **Sigma Xi Scientific Research Honors Society**, Swarthmore College

- 2010 **Starfield Summer Research Award**, Swarthmore College
Awarded for research promoting social justice through health service delivery.
- 2008 **National Gold Medal** (dramatic script category), Scholastic Art & Writing Awards

PUBLICATIONS

* Indicates student/trainee author/presenter

† Indicates joint first authorship

Book

Schleider, J. L., *Mullarkey, M. C., & *Dobias, M. L. (under contract). *The Growth Mindset Workbook for Teens: Using Brain Science to Boost Behavior Change*. New Harbinger Publications.

Peer-Reviewed Articles and Chapters

1. **Schleider, J. L.**, Burnette, J. L., Widman, L., Hoyt, C., & Prinstein, M. J. (in press). Randomized trial of a single-session growth mindset intervention for rural adolescents' internalizing and externalizing problems. *Journal of Clinical Child and Adolescent Psychology*.
2. **Schleider, J. L.**, *Abel, M., & Weisz, J. R. (in press). Do immediate gains predict long-term symptom change? Findings from a randomized trial of a single-session intervention for youth anxiety and depression. *Child Psychiatry & Human Development*.
3. **Schleider, J. L.**, *Mullarkey, M., & Weisz, J. R. (in press). Protocol for a three-arm randomized trial of virtual reality and web-based growth mindset interventions for adolescent depression. *Journal of Medical Internet Research: Research Protocols*.
4. **Schleider, J. L.**, Woerner, J., Overstreet, C., Amstadter, A., & Sartor, C. E. (in press). Interpersonal trauma exposure and depression in young adults: Considering the role of world assumptions. *Journal of Interpersonal Violence*.
5. Woerner, J., **Schleider, J. L.**, Overstreet, C., Foster, D. W., Amstadter, A., & Sartor, C. E. (2019). The role of drinking motives and perceived controllability of events in the association between college women's sexual assault victimization and binge drinking. *Addictive Behaviors*, *90*, 210-216.
6. Eckshtain, D., Krumholz Marchette, L., **Schleider, J. L.**, Evans, S. C., & Weisz, J. R. (2019). Parental depression as a predictor of outcome in the treatment of child internalizing and externalizing problems. *Journal of Abnormal Child Psychology*. *47*, 459-474.
7. **Schleider, J. L.**, Ye, F., Wang, F., Hipwell, A., Chung, T., & Sartor, C. E. (2019). Longitudinal reciprocal associations between anxiety, depression, and alcohol use in adolescent girls. *Alcoholism: Clinical & Experimental Research*, *43*, 98-107.
8. **Schleider, J. L.**, & Weisz, J. R. (2018). Parent expectancies and preferences for mental health treatment: The roles of emotion mindsets and views of failure. *Journal of Clinical Child and Adolescent Psychology*, *47*, S480-S496.

9. **Schleider, J. L.**, Ginsburg, G. S., & Drake, K. (2018). Perceived peer victimization predicts anxiety outcomes in a prevention program for offspring of anxious parents. *Journal of Clinical Child and Adolescent Psychology*, *47*, S255-S263.
10. Eckshtain, D., Krumholz Marchette, L., **Schleider, J. L.**, & Weisz, J. R. (2018). Parental depression as a predictor of outcome in the treatment of child depression. *Journal of Abnormal Child Psychology*, *46*, 825-837.
11. Ginsburg, G. S., **Schleider, J. L.**, Tein, J. Y., & Drake, K. L. (2018). Family and parent predictors of anxiety disorder onset in offspring of anxious parents. *Child and Youth Care Forum*, *47*, 363-376.
12. **Schleider, J. L.**, Lebowitz, E. R., & Silverman, W. K. (2018). Anxiety sensitivity moderates the relation between family accommodation and symptom severity in clinically anxious children. *Child Psychiatry & Human Development*, *49*, 187-196.
13. **Schleider, J. L.**, & Schroder, H. S. (2018). Implicit theories of personality across development: impacts on coping, resilience, and mental health. In V. Ziegler-Hill & T. K. Shackelford (Eds.), *The SAGE Handbook of Personality and Individual Differences*. Sage Publications.
14. **Schleider, J. L.**, & Weisz, J. R. (2018). A single-session growth mindset intervention for adolescent anxiety and depression: Nine-month outcomes of a randomized trial. *Journal of Child Psychology and Psychiatry*, *59*, 160-170.
*Awarded **Dorothy Bishop JCPP Best Paper Award** for 2018
15. Hungerford, G. M., **Schleider, J. L.**, Wei, M. A., & Weisz, J. R. (2017). Patienthood meets parenthood: Widening the lens of adult psychotherapy. *Clinical Psychology: Science and Practice*, *24*, 392-395.
16. **Schleider, J. L.**, & Weisz, J. R. (2017). Can less be more? The promise (and perils) of single-session youth mental health interventions. *The Behavior Therapist*, *40*, 256-261.
17. **Schleider, J. L.**, & Weisz, J. R. (2017). Little treatments, promising effects? Meta-analysis of single session interventions for youth psychiatric problems. *Journal of the American Academy of Child & Adolescent Psychiatry*, *56*, 107-115.
18. **Schleider, J. L.**, & Weisz, J. R. (2017). Family process and youth internalizing problems: A Triadic Model of etiology and intervention. *Development and Psychopathology*, *29*, 273-301.
19. Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2017). A linguistic signature of psychological distancing in emotion regulation. *Journal of Experimental Psychology: General*, *146*, 337-346.
20. Keeton, C. P., **Schleider, J. L.**, & Walkup, J. T. (2017). Separation anxiety, generalized anxiety, and social anxiety. In B. J. Sadock, V. Sadock, & P. Ruiz (Eds.), *Kaplan & Sadock's Comprehensive Textbook of Psychiatry* (10th ed.). Philadelphia: Lippincott Williams & Wilkins.
21. **Schleider, J. L.**, & Weisz, J. R. (2016). Reducing risk for anxiety and depression in adolescents: Effects of a single-session intervention teaching that personality can change. *Behaviour Research and Therapy*, *87*, 170-181.
22. **Schleider, J. L.**, Schroder, H. S., Lo, S. L., Fisher, M., Danovitch, J. H., Weisz, J. R., & Moser, J. (2016). Parents' intelligence mindsets relate to child internalizing problems: Moderation through child gender. *Journal of Child and Family Studies*, *12*, 3627-3636.

23. **Schleider, J. L.**, & Weisz, J. R. (2016). Implicit theories relate to youth psychopathology, but how? A longitudinal test of two predictive models. *Child Psychiatry & Human Development*, *47*, 603-617.
24. **Schleider, J. L.**, & Weisz, J. R. (2016). Mental health problems and implicit theories of thoughts, feelings, and behavior in early adolescents: Are girls at greater risk? *Journal of Social and Clinical Psychology*, *35*, 130-151.
25. **Schleider, J. L.**, *Abel, M., & Weisz, J. R. (2015). Implicit theories and mental health problems in youths: A random-effects meta-analysis. *Clinical Psychology Review*, *35*, 1-9.
26. **Schleider, J. L.**, Ginsburg, G. S., Keeton, C. P., Weisz, J. R., Birmaher, B., Kendall, P. C., Piacentini, J., Sherrill, J., & Walkup, J. T. (2015). Parent symptoms and treatment outcomes for anxious youth: Roles of family functioning and caregiver strain. *Journal of Consulting and Clinical Psychology*, *83*, 213-224.
27. **Schleider, J. L.**, & Weisz, J. R. (2015). Using Mechanical Turk to study family processes and youth mental health: A test of feasibility. *Journal of Child and Family Studies*, *24*, 3235-3246.
28. **Schleider, J. L.**, *Patel, A., Krumholz, L., Chorpita, B. F., & Weisz, J. R. (2015). Relations between parent symptomatology and youth problems: Multiple mediation through family income and parent-youth stress. *Child Psychiatry & Human Development*, *46*, 1-9.
29. **Schleider, J. L.**, Chorpita, B. F., & Weisz, J. R. (2014). Relation between parent psychiatric symptoms and youth problems: Moderation through family structure and youth gender. *Journal of Abnormal Child Psychology*, *42*, 195-204.
30. **Schleider, J. L.**, Vélez, C. E., Krause, E. D., & Gillham, J. E. (2014). Perceived psychological control and anxiety in early adolescents: The mediating role of attributional style. *Cognitive Therapy and Research*, *38*, 71-81.
31. **Schleider, J. L.**, Krause, E. D., & Gillham, J. E. (2014). Sequential comorbidity of anxiety and depression in youth: Present knowledge and future directions. *Current Psychiatry Reviews*, *10*, 75-87

Under Revision and Review

1. **Schleider, J. L.**, *Mullarkey, M., & Chacko, A. (under revision). Harnessing wise interventions to advance the potency and reach of youth mental health services.
2. *[†]Snow, R. S., *[†]Garibaldi, P. M., *Abel, M. R., & **Schleider, J. L.** (under review). Does failure help or harm? Linking parents' treatment histories, views of failure, and expectancies for child psychotherapy.
3. *Mullarkey, M., & **Schleider, J. L.** (under revision). Contributions of fixed mindsets and hopelessness to anxiety and depressive symptoms: A commonality analysis approach.
4. *Mullarkey, M., **Schleider, J. L.**, *Jones, P., & Weisz, J. R. (under revision). Using network analysis to compare youth and parent reports of youth depressive symptoms.
5. *Osborn, T., *Wasil, A., *Venturo-Conerly, K., **Schleider, J. L.**, & Weisz, J. (under review). Depression and anxiety symptoms, social support, and demographic factors among Kenyan high school students.
6. *Osborn, T., *Venturo-Conerly, K., *Wasil, A., **Schleider, J. L.**, & Weisz, J. R. (under review). Group Intervention for Adolescent Anxiety and Depression: Outcomes of a Randomized Trial with Adolescents in Kenya.

In Preparation (selected manuscripts)

1. Stoll, R., **Schleider, J. L.**, Weisz, J. R., & Pina, A. (in prep; invited submission). Brief interventions for child and adolescent anxiety: Systematic review of prevention and treatment programs.
2. Ng, M. Y., **Schleider, J. L.**, *Horn, R., & Weisz, J. R. (under contract). Psychotherapy in Children and Adolescents. In Barkham, M., Lutz, W., & Castonguay, L. (Ed.), *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change*, 7th Edition. New York: John Wiley & Sons.

EDITORIAL & REVIEW EXPERIENCE

Consulting Editor

Journal of Clinical Child and Adolescent Psychology (2018-)

Ad-Hoc Reviewer

Advances in Mental Health (since 2017); British Journal of Educational Psychology (since 2016); Child Development (since 2016); Child Maltreatment (since 2016); Child Psychiatry & Human Development (since 2017); Clinical Psychological Science (since 2013); Clinical Psychology Review (since 2019); Clinical Psychology & Psychotherapy (since 2015); Child and Youth Care Forum (since 2015); Child & Youth Services (since 2016); Children and Youth Services Review (since 2017); Cognitive Neuropsychiatry (since 2015); Cognitive Therapy and Research (since 2015); Depression and Anxiety (since 2018), Emotion (since 2017); Family Process (since 2015); Journal of Abnormal Child Psychology (since 2017); Journal of Affective Disorders (since 2017); Journal of Applied Social Psychology (since 2016); Journal of Consulting and Clinical Psychology (since 2018); Journal of Child Psychology and Psychiatry (since 2017); Journal of Clinical Child and Adolescent Psychology (since 2016); Journal of Medical Internet Research (since 2019); Journal of Neuroscience and Behavioral Health (since 2015); Journal of Pediatrics (since 2016); Journal of Personality Assessment (since 2017); Journal of Studies on Alcohol and Drugs (since 2018)

PRESENTATIONS

Invited Talks

- 2019 *Forthcoming*. Psychology Department Colloquium, Swarthmore College
- 2019 Association for Psychological Science 31st Annual Convention, Rising Stars of Depression Research, Clinical Science Forum, Washington, DC
- 2019 Smithtown Special Education Parent Teacher Association Speaker Series, Smithtown, NY
- 2019 Port Jefferson Special Education Parent Teacher Association Speaker Series, Port Jefferson, NY
- 2018 Stony Brook University, Pediatric Primary Care Division Retreat, Stony Brook, NY
- 2018 Stony Brook University, Counseling and Psychological Services, Stony Brook, NY

- 2018 Stony Brook University Hospital, Department of Pediatrics Grand Rounds, Stony Brook, NY
- 2018 McLean Hospital, McLean Anxiety Mastery Program, Belmont, MA (Webinar)
- 2018 Stony Brook University Hospital, Department of Psychiatry, Child and Adolescent Psychiatry Division, Stony Brook, NY
- 2018 Child Health and Development Institute of Connecticut, Annual Trauma-Focused Evidence Based Practice Conference, Hartford, CT
- 2018 Yale School of Medicine, Department of Psychiatry, Psychiatry Technology Group, New Haven, CT
- 2018 New York University, Department of Psychology, New York, NY
- 2018 University of Connecticut Health Center, Department of Psychiatry: Child Psychiatry Seminar, Farmington, CT
- 2018 Harvard Medical School & London School of Hygiene and Tropical Medicine, PRIDE Research Team, Goa, India (Webinar)
- 2017 Boston College, Lynch School of Education, Chestnut Hill, MA
- 2017 Stony Brook University, Department of Psychology, Stony Brook, NY
- 2017 Columbia University School of Social Work, New York, NY
- 2017 National Institute of Mental Health, Emotion and Development Branch, Bethesda, MD
- 2017 New Haven Adult Education Center, Teacher Professional Development Series, New Haven, CT
- 2017 Riverside Education Academy, Teacher Professional Development Series, New Haven, CT
- 2016 Harvard University, Clinical Science Research Training Seminar, Cambridge, MA
- 2016 Harvard Center on the Developing Child, Cambridge, MA
- 2013 Cambridge Montessori School, Parent Seminar Series, Cambridge, MA

Conference Symposia and Panels Chaired

1. **Schleider, J. L.** (2019, June). Scaling-Up Interventions for Youth Psychopathology: Promise, Progress, and Pitfalls. Focused Discussion accepted for presentation at the 21st International Society for Research in Child and Adolescent Psychopathology Meeting, Los Angeles, CA.
2. **Schleider, J. L.** (2018, November). Harnessing very brief interventions to reduce youth anxiety and depression at scale: How, where, and for whom? Symposium at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, D.C.
3. **Schleider, J. L.** (2018, November). Wise interventions for psychopathology? Integrating social and

clinical psychological science. Panel at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, D.C.

4. **Schleider, J. L.** (2017, April). Little treatments, big effects? New developments in very brief interventions for child and adolescent anxiety. Symposium at the Anxiety and Depression Association of America 37th Annual Conference, San Francisco, CA.

Conference Talks

1. *[†]Mullarkey, M., & [†]**Schleider, J.L.** (2019, November). Open science practices for clinical researchers: What you need to know and how to get started. Advanced Methods and Statistical Series (AMASS) Workshop accepted for presentation at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
2. **Schleider, J. L.** & *Mullarkey, M. (2019, May). Contributions of fixed mindsets and hopelessness to symptoms of depression and anxiety. Paper accepted for presentation at the 31st Annual Association for Psychological Science Convention, Washington, D.C.
3. *Mumper, E. M., *Mullarkey, M., & **Schleider, J. L.** (2019, May). A multi-method, machine-learning, and symptom-level approach to reward responsiveness and youth depression. Paper accepted for presentation at the 31st Annual Association for Psychological Science Convention, Washington, D.C.
4. **Schleider, J. L.**, *Abel, M. R., & Weisz, J. R. (2018, November). Do immediate gains predict long-term symptom change? Findings from a randomized trial of a single-session intervention for youth anxiety and depression. Paper at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, D.C.
5. **Schleider, J. L.** & *Mullarkey, M. (2018, November). Contributions of fixed mindsets and hopelessness to anxiety and depressive symptoms: A commonality analysis approach. Paper at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, D.C.
6. *Dobias, M., **Schleider, J. L.**, & *Mullarkey, M. (2018, November). Social variables and their importance to adolescent depression: Relative importance analysis. Paper at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, D.C.
7. **Schleider, J. L.** & Weisz, J. R. (2017, April). Modifying mindsets for youth mental health: A randomized controlled trial. Paper at the Anxiety and Depression Association of America 37th Annual Conference, San Francisco, CA.
8. **Schleider, J. L.** (2017, April). *Views from the New Generation: Evidence-based practices in graduate training programs*. Roundtable discussant at the Anxiety and Depression Association of America's 37th Annual Conference, San Francisco, CA.
9. Eckshtain, D., Marchette, L., **Schleider, J. L.**, & Weisz, J. R. (2016, October). Parental depression as a predictor of outcome in the treatment of child depression. Paper at the 50th Annual Convention of the Association for Behavioral & Cognitive Therapies, New York, NY.
10. **Schleider, J. L.**, & Weisz, J. R. (2016, July). Reducing risk for internalizing problems in high-symptom adolescents: Effects of a single-session personality mindset intervention. Paper at the 11th International Conference on Child and Adolescent Psychopathology, London, England.

11. **Schleider, J. L.**, & Weisz, J. R. (2016, May). Effects of a single-session personality mindset intervention on psychosocial functioning in at-risk early adolescents: A randomized-controlled trial. Paper at the 28th Association for Psychological Science Annual Convention, Chicago, IL.
12. Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2016, March). A linguistic signature of psychological distancing in emotion regulation. Data Blitz Presentation at the Society for Affective Science annual conference, Chicago, IL.
13. Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2016, February). Getting away from the here and now: linguistic markers of psychological distancing in emotion regulation. Data Blitz Presentation at the Social Brain Sciences Symposium, Boston, MA.
14. **Schleider, J. L.** (2014, May). *The Naked Truth: Getting Into Graduate School*. Panel discussant at the 26th Association for Psychological Science Convention, San Francisco, CA.
15. **Schleider, J. L.**, Ginsburg, G. S., Keeton, C. P., & Weisz, J. R. (2014, March). Parent psychopathology and treatment outcomes for anxious youths: Multiple mediation through family functioning and caregiver strain. Paper at Anxiety and Depression Association of America's 34th Annual Conference, Chicago, IL.

Selected Poster Presentations

1. *Bartolotta, K., **Schleider, J. L.**, Perlman, G., Klein, D., Gromatsky, M., Waszczuk, M., & Kotov, R. (2019, May). Low Perceived Social Support from a Close Friend Predicts Future Non-Suicidal Self-Injury in Adolescent Girls. Poster accepted for presentation at the 31st Annual Association for Psychological Science Convention, Washington, D.C.
2. *Snow, R. S., **Schleider, J. L.**, & Weisz, J. R. (2018, June). *Beliefs about failure moderate the relation between parents' past psychotherapy experiences and psychotherapy effectiveness expectancies for offspring*. Poster for the 2nd Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC.
3. *Garibaldi, P. M., **Schleider, J. L.**, & Weisz, J. R. (2018, June). *Unpacking Parents' Mental Health Treatment Expectancies: The Roles of Perceived Social Class and Hopelessness*. Poster for the 2nd Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, DC.
4. *Traver, S., & **Schleider, J. L.** (2017, May). *Family Functioning and Youth Gender as Moderators of the Link Between Parent Depression and Child Anxiety*. Poster for the 29th Association for Psychological Science Annual Convention, Boston, MA.
5. *Insler, J., *Kashyap, M., **Schleider, J. L.**, & Weisz, J. R. (2017, May). *Benefits of a brief, youth-directed growth mindset intervention for family functioning and parent depression*. Poster for the 29th Association for Psychological Science Annual Convention, Boston, MA.
6. **Schleider, J. L.**, & Weisz, J. R. (2017, April). *Predictors and moderators of 9-month outcomes in a single-session growth mindset intervention for youth anxiety and depression*. Poster for the Anxiety and Depression Association of America 37th Annual Conference, San Francisco, CA.
7. **Schleider, J. L.**, & Weisz, J. R. (2016, September). *Reducing risk for anxiety and depression in high symptom adolescents: Impacts of a single-session growth mindset intervention*. Poster for the 2016 National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.

8. Nook, E. C., **Schleider, J. L.**, & Somerville, L. H. (2016, September). Discovering bidirectional relations between emotion regulation and distancing language. Poster for the Society for Research in Psychopathology's Annual Meeting, Baltimore, MD.
9. *Lee, E. Y., & **Schleider, J. L.** (2016, July). *Single-session intervention teaching incremental theories of personality strengthens physiological recovery from social stress*. Poster for the Annual Symposium on Management and Social Sciences, South Korea.
10. **Schleider, J. L.**, & Weisz, J. R. (2015, July). *Implicit theories relate to youth psychopathology, but how? A test of two predictive models*. Poster for the 17th International Society for Research in Child and Adolescent Psychopathology Meeting, Portland, OR.
11. *Patel, A., **Schleider, J. L.**, Krumholz, L. S., Weisz, J. R. (2013, November). *Transgenerational transmission of mental health problems: Mediation through parental stress*. Poster for the 47th Association of Behavioral and Cognitive Therapies Annual Convention, Nashville, TN.
12. **Schleider, J. L.**, Chorpita, B. F., & Weisz, J. R. (2013, June). *Relations of parent and youth symptomatology: Moderation through gender and family structure*. Poster for the 16th International Society for Research on Child and Adolescent Psychopathology Meeting, Leuven, Belgium.
13. **Schleider, J. L.**, Vélez, C. E., Krause, E. D., & Gillham, J. E. (2013, May). *Perceived psychological control and anxiety in early adolescents: The mediating role of attributional style*. Poster for the 25th Association for Psychological Science Annual Convention, Washington, DC.

PROFESSIONAL SERVICE

Professional Memberships

Association for Behavioral and Cognitive Therapies (ABCT); Society of Clinical Child & Adolescent Psychology (APA Division 53); Anxiety and Depression Association of America; Association for Psychological Science; Society for a Science of Clinical Psychology (APA Division 12, Section 3); International Society for Research on Child and Adolescent Psychopathology (ISRCAP)

Service to the Department

- 2019- Member, Psychology Department Student Self-Care Committee
- 2018- Member, Psychology Department Grievance Committee

Service to the Field (National)

- 2019- Member, Association for Psychological Clinical Science Program Membership Committee
- 2019- Mentor, Society for Clinical Child and Adolescent Psychology (APA Division 53) Mentorship Program
- 2018- Reviewer, Flexibility Fund Awards, Academy of Psychological Clinical Science

- 2017-2018 Mentor, ABCT Dissemination & Implementation Science Special Interest Group Mentorship Program
- 2013-2016 Mentor, Association for Psychological Science Undergraduate Mentorship Program

TEACHING AND MENTORING

Stony Brook University

- 2019- Instructor
Abnormal Child Psychology. Undergraduate lecture.
- 2018- Instructor and Clinical Supervisor
Child and Adolescent Clinical Supervision. Doctoral practicum seminar.
- 2018- Co-Instructor
Survey of Clinical Psychology. Graduate (Master's) seminar.
- 2018- Clinical Didactics Guest Lecturer
Stony Brook University Consortium Internship Program. Predoctoral intern seminar.
- 2018-2019 Honors College Thesis Advisor
Thesis: Meta-analysis of the association between depression symptoms and social media use in college students

Harvard University

- 2017 Guest Lecturer
Psychotherapy Research. Doctoral seminar.
- 2016-2017 Undergraduate Psychology Thesis Advisor
Thesis: Implicit theories of self associated with achievement: Investigating parents.
- 2016 Co-Instructor (with John Weisz, PhD)
Research Methods in Child and Adolescent Clinical Psychology. Undergraduate and Graduate lecture. Overall student rating: 4.9/5.0
- 2016 Guest Lecturer
Psychotherapy: Science and Practice. Undergraduate seminar.
- 2012-2017 Guest Lecturer (6 semesters)
Research Methods in Child and Adolescent Clinical Psychology. Undergraduate and Graduate lecture.

Additional Teaching Experience

2006-2008 Middle School Teaching Fellow
 Developed curricula and taught math, English and theatre to at-risk, high-potential middle school students.
 Breakthrough New York at The Town School, New York, NY

Stony Brook University Ph.D. Students Mentored (Primary Advisor)

2019- Mallory Dobias
 2019- Jenna Sung

Stony Brook University Master's Students Mentored

2019- Renee Gilbert
 2019- Amanda Bianco
 2019- Briana Rosenberg
 2019- Shreya Sheth
 2018-2019 Jacquelyn Marriott
 2018-2019 Charlotte Palmer

Research Assistants Mentored

*Supervised student in senior thesis or independent research project(s)

†Received competitive research grant from Harvard College Research Program or Psi Chi Psychology Honors Society

	<u>Name and University/Institution</u>	<u>Subsequent Position</u>
2019-	Michael Sugarman, CUNY Hunter College	<i>Presently in lab</i>
2019-	Lauren Edwards, Catholic Univ. of America	<i>Presently in lab</i>
2018-	Julia Fassler, Hofstra University	<i>Presently in lab</i>
2018-	Carolyn Lorenzi, Stony Brook University	<i>Presently in lab</i>
2018-	Angeles Paucar, Stony Brook University	<i>Presently in lab</i>
2018-	Tyler Plaskon, Stony Brook University *	<i>Presently in lab</i>
2018-	Briana Rosenberg, Stony Brook University	<i>Presently in lab</i>
2018-	Akash Shroff, Stony Brook University	<i>Presently in lab</i>
2018-	Aleta Thomas, Stony Brook University	<i>Presently in lab</i>
2017-2018	Rachel Snow, Mass. General Hospital (MGH) *	MSW Candidate, Boston College
2017-2018	Patricia Garibaldi, Harvard University *	Research Assistant, Harvard University
2015-2017	Steven Kunis, Harvard University †*	MSc candidate, Cognitive Anthropology, Oxford University
2015-2017	Joshua Insler, Tufts University *	MD candidate, Rush Medical College
2015-2017	Manaswi Kashyap, Wellesley College *	Continued undergraduate studies
2015-2017	Stephanie Traver, Tufts University †*	PsyD Candidate, William James College
2016	Joe Byrnes, Tufts University *	Continued undergraduate studies
2016	Albe Folcarelli, Columbia University *	Continued undergraduate studies
2016	Susanna Yim, Rhode Island College *	Research Assistant, Bradley-Hasbro Children's Research Center
2016	Valerie Woxholdt, Harvard University	Research Assistant, Harvard Graduate School of Education
2015-2016	Eun Youb (Josh) Lee, Tufts University *	MS candidate, Computer Science, Tufts

		University
2015-2016	Elise Garden, Harvard University	Continued undergraduate studies
2015-2016	Marisol Consuegra, Tufts University	Continued undergraduate studies
2013-2014	Madelaine Abel, Wellesley College †*	PhD candidate, Clinical Child Psychology, University of Kansas
2013-2014	Giovanna Castro, Tufts University	Community Programs Coordinator, East End House
2013-2014	Brendan Eappen, Harvard University	Booth Fellow, Partners in Health
2014	Meghan Farley, Emmanuel College	Mental Health Specialist, McLean Hospital
2014	Rebecca Krane, Harvard University	Continued undergraduate studies
2013	Anushka Patel, Harvard University*	PhD candidate, Clinical Psychology, University of Tulsa
2013	Evelyn Ramirez, Harvard University	Fulbright Scholar
2013	Tedi Asher, Harvard University	Postdoctoral Fellow, Harvard Medical School

CLINICAL and CONSULTATION EXPERIENCE

Systems Consultation

2017-2018	Psychology Fellow The Consultation Center at Yale University, New Haven, CT Served on the Community Support Services Team at Riverside Education Academy, an alternative public school for students at high risk for school failure and/or dropout. Provided consultation to the school administration and staff on implementing school-wide behavioral health programming. Designed, delivered professional development seminars to school staff.
2014-2016	MATCH-ADTC School Consultant and Trainer Student Outcomes of Integrative Mental Health Services, Brookline, MA Served as clinical trainer and consultant for an IES-funded RCT comparing effects of usual, school-based therapy to modular CBT on students' mental health and achievement. Co-led trainings, provided consultation to school clinicians in MATCH-ADTC for K-8 students.

Psychotherapy

2017-2018	Individual and Family Therapist West Haven Mental Health Clinic (WHMHC) at Yale University, New Haven, CT Conducted individual and family therapy with child and adolescent clients, many of whom had involvement with the child welfare and juvenile justice systems.
2016-2017	DBT Parent Coach, Family Therapist, and Multifamily Skills Group Leader 3East Dialectical Behavioral Therapy Program, McLean Hospital, Belmont, MA Co-led multifamily DBT skills groups, conducted parent skills coaching, and provided family therapy to suicidal and self-harming adolescents and young adults in an IOP.
2014-2015	Individual Therapist Center for Anxiety and Related Disorders, Boston University, Boston, MA

Provided individual CBT to children and adolescents with primary anxiety, tic, and depressive disorders and their families. Provided behavior parent training as indicated.

- 2014 Individual Therapist & Counselor
“Brave Bunch” Selective Mutism Treatment Camp, Center for Anxiety and Related Disorders, Boston University, Boston, MA
Provided individual, intensive selective mutism treatment for youth ages 3-9.
- 2013-2014 Individual Therapist
Judge Baker Children’s Center, Harvard Medical School, Boston, MA
Provided individual outpatient psychotherapy to children, adolescents, and their families using behavioral and cognitive strategies, including behavior parent training as indicated.
- 2011-2012 Group Therapist
Girls in Transition Program, Swarthmore, PA
Co-led school-based, group CBT depression prevention program for early adolescent girls.

Assessment

- 2015-2016 Neuropsychological Assessment Specialist
Metrowest Neuropsychology LLC, Westborough, MA
Conducted psychoeducational and neuropsychological testing with youth ages 10-16 at charter schools in Roxbury, MA. Scored and interpreted tests; wrote integrated reports; participated in >30 IEP meetings; provided recommendations to schools and families.
- 2014 Psychodiagnostic Assessment Specialist
Department of Psychiatry, Massachusetts General Hospital, Boston, MA
Administered assessments using the K-SADS-PL and CDRS-R; wrote diagnostic reports.
- 2013-2014 Assessment Specialist
Clinic Sustainability Project, Harvard University, Cambridge, MA
Administered symptomatology, risk/abuse, and treatment response assessments to CPS-involved youths ages 7-13 and their caregivers.