

Jenna Yejin Sung

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EDUCATION

- 2019-Present **Stony Brook University**
Ph.D. in Clinical Psychology (Anticipated May 2025)
Faculty Advisor: Jessica Schleider, PhD
- 2019 - 2021 **Stony Brook University**
M.A., Clinical Psychology
Faculty Advisor: Jessica Schleider, PhD
- Thesis Title: Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation.
- 2013-2017 **Emory University**
B.A. in Psychology, High Honors
Minor in Educational Studies
Faculty Advisor: Stella Lourenco, PhD
- Thesis Title: Does Mental Rotation Training Improve Arithmetic Competence in Children?

GRANTS AND SCHOLARSHIPS

- 2022 Early-Stage Graduate Research Award Society of Clinical Child and Adolescent Psychology (SCCAP), Honorable mention
- 2020-2024 Robert Wood Johnson Foundation Program's Health Policy Research Scholar (\$124,000)
- 2020 - 2021 Graduate Research Grant, Psi Chi (\$1,500)
Project Title: Empowering Anxious Parents to Manage Child Avoidance Behaviors: A Randomized Trial of a Single-Session Intervention Targeting Parent Accommodation
Role: Principle Investigator
- 2020 Society of Clinical Child and Adolescent Psychology – Diversity Travel Award (\$500)
- 2017 Diversifying Psychology Weekend Scholarship – University of North Carolina Chapel Hill
- 2017 Diversity in Psychology Scholarship – University of Minnesota
- 2016 - 2017 Scholarly Inquiry and Research at Emory (SIRE) Grant (\$1000)

PUBLICATIONS

* indicates equal authorship

Peer-Reviewed Publications

Hart, M., **Sung, J.**, McQuillin, S., & Schleider, J. L. (2022). Expanding the Reach of Psychosocial Services for Youth: Untapped Potential of Mentor-Delivered Interventions. *Journal of Community Psychology*. [Preprint](#)

Ahuvia, I., **Sung, J. Y.**, Dobias, M. L., Nelson, B., Richmond, L., London, B., & Schleider, J. L. (2022). College Student interest in teletherapy and self-guided mental health supports during the COVID-19 pandemic. *Journal of American College Health*. [Preprint](#)

Mullarkey, M., Dobias, M., **Sung, J.**, Ahuvia, I., Schumake, J., Beevers, C., & Schleider, J. (2022). A scalable, single session intervention for perceived control over anxiety during COVID-19. *Journal of Medical Internet Research: Mental Health*. [Preprint](#)

Sung, J. Y.*, Mumper, E.*, & Schleider, J. L. (2021). Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation. *Journal of Medical Internet Research: Mental Health*. [Preprint](#)

Benito, K., Herren, J., Freeman, J., Garcia, A., Kemp, J., Chorpita, B., **Sung, J.**, Arora, A., Georgiadias, C., Steward, E., Wellen, B., Frank, H., Schiavione, E., Gervasio, M., Machan, J. (2021). Improving Delivery Behaviors during Exposure Therapy: A Cluster Randomized Controlled Training Trial with Community Therapists. *Evidence-Based Practice in Child and Adolescent Mental Health*.

Sung, J., Kacmarek, C., & Schleider, J. L. (2020). Economic Evaluations of Mental Health Programs for Children and Adolescents in the United States. *Clinical Child and Family Psychology Review*. [Pre-print Pre-registration](#)

Schleider, J.L., **Sung, J.**, Bianco, A., Mullarkey, M. (2020). Open pilot trial of a single-session consultation service for clients on psychotherapy waitlists. *The Behavior Therapist*. [Pre-print Pre-registration](#)

Schleider, J. L., Dobias, M. L., **Sung, J. Y.**, Mumper, E., & Mullarkey, M. C. (2020). Acceptability and utility of an open-access, online single-session intervention platform for adolescent mental health. *JMIR Mental Health*. [Pre-print](#)

Schleider, J. L., **Sung, J.***, Dobias, M.*, & Mullarkey, M. (2019). Future Directions in Single-Session Youth Mental Health Interventions. *Journal of Clinical Child & Adolescent Psychology*. doi: [10.1080/15374416.2019.1683852](https://doi.org/10.1080/15374416.2019.1683852)

Cheung, C., **Sung, J.**, Lourenco, S. (2019). Does Training Mental Rotation Transfer to Gains in Mathematical Competence? Assessment of an at-home Visuospatial Intervention. *Psychological Research*. doi: [10.1007/s00426-019-01202-5](https://doi.org/10.1007/s00426-019-01202-5)

Freeman, J., Benito, K., Herren, J., Kemp, J., **Sung, J.**, Georgiadias, C., Arora, A., Walther, M., Garcia, A. (2018). Evidence Base Update of Psychosocial Treatments for Pediatric Obsessive-Compulsive Disorder: Evaluating, Improving, and Transporting What Works. *Journal of Clinical Child & Adolescent Psychology*, 47(5), 669-698. doi:[10.1080/15374416.2018.1496443](https://doi.org/10.1080/15374416.2018.1496443)

Book Chapters

Sung, J., Schleider J., (in press). Prevention and Early Intervention. In Bennett, S., Myles-Hooton, P., Schleider, J. (Eds.) *Low intensity interventions for children and adolescents*. Oxford University Press

Columns

Sung, J., Dobias, M., Schleider, J. (2020). Single Session Interventions: Complementing and Extending Evidence-Based Practice. *Advances in Cognitive Therapy*. [Pre-print](#)

Publications Under Review

Birk, S.L., **Sung, J. Y.**, Schleider, J.L., Olino, T.M, (Under Review). Unpacking parental accommodation: Relationship to parent distress tolerance and cognitive styles

Sung, J. Y. & Schleider, J. L., (Under Review). Open pilot trial of a telehealth single-session consultation service for clients on psychotherapy waitlists. [Pre-Registration](#)

Ahuvia, I. L., Mullarkey, M. C., **Sung, J. Y.**, Fox, K. R., Schleider, J. L. (Under Review). A Machine Learning Approach for Treatment Matching in a Pair of Single-Session Interventions.

Publications in Preparation

Ringle, V. M., **Sung, J. Y.**, Roulston, C., & Schleider, J. L. (in prep). Mixed-methods examination of youth-reported barriers to accessing mental health services. [Pre-registration](#)

Sung, J. Y., Flores, E., & Schleider, J. L., (in prep). Establishing Single Session Consultation fidelity. [Pre-registration](#)

Rujimora, J., Cohens, K., **Sung, J.** (in prep). Implications for Single-Session Interventions in Counselor Education: A Conceptual Framework

OPEN-ACCESS INTERVENTIONS

Sung, J.*, Mumper, E.*, Schleider, J. Project EMPOWER. [Link](#)

Schleider, J. L., Mullarkey, M. C., Mumper, E., & **Sung, J. Y.** (2019). The ABC Project: Action Brings Change. Open Science Framework. DOI 10.17605/OSF.IO/QJ94C. [Link](#)

CONFERENCE PRESENTATIONS

Conference Symposia

1. **Sung, J. Y.**, Ringle, V. M., Roulston, C., & Schleider, J. L. (November, 2022) Mixed Methods Examination of Youth-Reported Barriers to Accessing Mental Health Services. Symposium accepted at the Association for Behavioral and Cognitive Therapies 56th Convention, New York, NY
2. **Sung J.**, Schleider J. (November 2022), Telehealth-Single-Session Consultation Service for Clients on Psychotherapy Wait-Lists. Symposium accepted to present at the Association for Behavioral and Cognitive Therapies 56th Convention, New York, NY
3. McCormick, M., Jesseman, A., Fleischer, N., **Sung, J. Y.**, (October, 2022) Innovation in Tier 2 Supports for Educator Wellbeing. Symposium accepted at the Annual Conference on Advancing School Mental Health, Virtual.

4. **Sung J.**, Mumper E., Schleider J. (November 2021). Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation. Symposium accepted to present at the Association for Behavioral and Cognitive Therapies 55th Convention, New Orleans, LA.
5. **Sung J.**, Mumper E., Schleider J. (September 2021). Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation. Symposium accepted to present at the European Association for Behavioral and Cognitive Therapies, Belfast.
6. **Sung J.**, Mumper E., Schleider J. (August 2021). Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-Session Intervention for Parent Accommodation. Symposium accepted to present at the American Psychological Association Convention.
7. **Sung J.**, Bianco A., Schleider J. (November 2020). Open Pilot Trial of a Single-Session Consultation Service for Clients on Psychotherapy Waitlists. Symposium presented at the Association for Behavioral and Cognitive Therapies 54th Convention, Philadelphia, PA.
8. Schleider J., Dobias M., **Sung J.**, Mullarkey M., Mumper E. (November 2020). Acceptability and Utility of an Open-Access, Online Single-Session Intervention Platform for Adolescent Mental Health. Symposium presented at the Association for Behavioral and Cognitive Therapies 54th convention, Philadelphia, PA.

Poster Presentations

1. **Sung, J. Y.**, Ringle, V. M., Roulston, C., & Schleider, J. L. (August, 2022) Mixed Methods Examination of Youth-Reported Barriers to Accessing Mental Health Services. Poster presented at the Future Directions Forum, Virtual.
2. Shroff, A., Fassler, J., **Sung, J.**, Mumper, E., & Schleider J., (May, 2021). Relations of Child Health Problems to Accommodation of Anxiety in an International Sample of High Anxiety Parents. Poster presented at the 33rd Annual Association for Psychological Science Convention, Virtual.
3. **Sung J.**, Bianco A., Schleider J. (June, 2020). The Nature and Malleability of Therapist Attitudes Toward Single-Session Mental Health Interventions. Poster presented at the Future Directions Forum, Virtual
4. Rosenberg B., Dobias M., **Sung J.**, Vilkin E., Schleider J. (June, 2020). *Evaluating Mental Health Treatment Access in Lesbian, Gay, and Bisexual vs. Heterosexual Young Adults*. Virtual poster presented at the Future Directions Forum.
5. **Sung J.**, O'Connor E., Garcia A., Prezworski A. (November, 2019). *Intolerance of Uncertainty in Children and Adolescents: Exploring the Role of Parental Psychological and Behavioral Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Atlanta G.A.
6. **Sung J.**, Arora A., Kemp J., O'Connor E., Carper M., Benito K., Freeman J., Garcia A., Case B. (November, 2018). *What Can Informant Discrepancy Tell Us About Child OCD Treatment Outcome?* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.

7. Arora A., **Sung J.**, O'Connor E., Garcia A., (November, 2018). *Determinants of Parents Emotion Socialization Behavior: The Role of Affective Control*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. Washington D.C.
8. **Sung J.**, Georgiadis C., Arora A., Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *What does parent-child disagreement tell us about impairment and parental accommodation?* Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
9. Georgiadis C., **Sung J.**, Arora A., Kemp J., Freeman J., Garcia A., Case B. (April, 2018). *Change in OCD Severity in a Sample of Youth with Comorbid Autism Spectrum Disorder in a Specialized OCD Program*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
10. Arora A., Georgiadis C., **Sung J.**, Kemp J., Freeman J., Garcia A., & Case B. (April, 2018). *Assessing the Relationship Between Parental Quality of Life Ratings and Family Accommodation in an OCD Partial Hospitalization Setting*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
11. Drljaca A., Georgiadis C., Kemp J., Freeman J., Arora A., **Sung J.**, Benito K., Garcia A. & Case B. (April, 2018). *Relationship Between Family Accommodation and Family Functional Impairment in Youth with Severe OCD and Anxiety*. Poster presented at the annual meeting of the Anxiety and Depression Association of American Conference. Washington D.C.
12. Georgiadis C., Kemp J., Arora A., **Sung J.**, Freeman J., Garcia A., Case B. (November, 2017). *Changes in Disgust Propensity and Sensitivity in Youth with Contamination-based Obsessions*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group. San Diego, California.
13. **Sung, Y.**, (April, 2017). *Does Mental Rotation Training Improve Arithmetic Competence in Children?* Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.
14. **Sung, Y.**, Santos L, Dai H., & Weber V. (April, 2016). *The Relationship Between Birth Order, GPA, and Perceived Importance of Academic Achievement*. Emory Spring Undergraduate Research Symposium, Atlanta, GA.
15. **Sung, Y.**, & Choi, M. (October, 2015). *Parallel Processing in Bilingual Individuals*. Poster presented at the Scholarly Inquiry and Research at Emory Research Symposium, Atlanta, GA.

EDITORIAL & REVIEW EXPERIENCE

Clinical Child and Family Psychology Review (Since 2019)
 Clinical Child Psychology and Psychiatry (Since 2020)
 British Journal of Psychology (Since 2021)
 Behavior Therapy (Since 2021)
 Journal of Medical Internet Research (Since 2021)

INVITED PRESENTATIONS

2021 National Eating Disorder Information Centre (NEDIC), workshop leader
 Title: Single Session Interventions

- 2021 Mentor Together, Guest Presenter
Title: An Introduction to Mentor-Delivered Single Session Interventions
- 2021 Icahn School of Medicine at Mount Sinai, Guest Presenter
Title: Single Session Consultation and its Applications
- 2021 Training for the Single Session Consultation, Headspace
Title: Single-Session Consultation: A Brief Introduction and Training
- 2020 Economic Mobility Exchange Invited Webinar Presenter, EMPATH
Title: “Growth Mindset”
- 2020 Women in Stem Day Invited Speaker, Rye Country Day School
Title: “Why Study Clinical Psychology?”
- 2019 Student Conference Day Invited Speaker, Bay Shore Middle School
Title: “Promoting Mental Health Awareness”
- 2019 Lab for Scalable Mental Health, Stony Brook University
Title: “Demystifying Conferences: A guide for RA professional development”

CLINICAL EXPERIENCES

Individual Therapy

Long Island Jewish Medical Center

July 2022 – Present

1 West, Adolescent Inpatient Unit

Supervisors: Madeline McGee, Ph.D., Alison Tebbett-Mock, Ph.D.

Role: Clinician

Stony Brook University

August 2020 – Present

Leonard Krasner Psychological Center

Supervisors: Jessica Schleider, Ph.D., Joanne Davila, Ph.D., Marvin Goldfried, Ph.D., Daniel O’Leary, Ph.D.

Role: Clinician

Group Therapy

Parent Management Training Group

Spring 2022 & Summer 2022

Leonard Krasner Psychological Center

Supervisor: Kristin Bernard, Ph.D.

Attention Deficit Hyperactivity Disorder Skills Group

Summer 2021 & Fall 2021

Leonard Krasner Psychological Center

Supervisor: Dina Vivian, Ph.D.

Relationship Skills Group

Fall 2021

Leonard Krasner Psychological Center

Supervisor: Joanne Davila, Ph.D.

We Speak: Intensive Group Treatment for Selective Mutism

Summer 2021

Child & Adolescent Anxiety Practice
Supervisor: Shelley Avny, Ph.D.

Clinical Interviewing & Assessment Competencies

Diagnostic/Clinical:

- Anxiety Disorders Interview Schedule – Child/Parent (ADIS-IV-C/P)
- Kiddie Schedule for Affective Disorders and Schizophrenia, Present and Lifetime Version (K-SADS-PL)
- Structured Clinical Interview for DSM-5 Disorders (SCID-5)
- Children Depression Rating Scale – Revised (CDRS-R)
- Children’s Yale-Brown Obsessive Compulsive Scale (CY-BOCS)

Cognitive/Achievement/Neuropsychological:

- Wechsler Intelligence Scale for Children (WISC- V)
- Wechsler Adult Intelligence Scale (WAIS-IV)
- Woodcock Johnson (WJ-IV)
- Wechsler Individual Achievement Test (WIAT-III)
- Mini-International Neuropsychiatric Interview for Children and Adolescents (MINI-KID)
- Mini-International Neuropsychiatric Interview (MINI)
- Continuous Performance Test (CPT-II)

Clinical Workshops and Trainings

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| <p>Full Model DBT Training
 Long Island Jewish Medical Center, Glen Oaks, NY
 <u>Instructor:</u> Madeline McGee, Ph.D.</p> | <p>2022</p> |
| <p>Trauma-Focused Cognitive Behavioral Therapy Training
 Stony Brook University, Stony Brook, NY
 <u>Instructor:</u> Elissa Brown, Ph.D.</p> | <p>2021</p> |
| <p>Dialectical Behavioral Therapy in Depth Training
 Stony Brook Psychiatry and Behavioral Health, Stony Brook, NY
 <u>Instructor:</u> Brittain Mahaffey, Ph.D.</p> | <p>2021</p> |
| <p>Selective Mutism Intensive Treatment Training
 Child & Adolescent Anxiety Practice, Princeton, NJ
 <u>Instructor:</u> Shelley Avny, Ph.D.</p> | <p>2021</p> |
| <p>Unified Protocols for Children and Adolescents
 University of Miami, Miami, FL
 <u>Instructor:</u> Jill Ehrenreich-May, Ph.D.</p> | <p>2020</p> |
| <p>Components of Exposure Therapy Training
 The Warren Alpert Medical School of Brown University, Providence, RI
 <u>Instructor:</u> Kristin Benito, Ph.D.</p> | <p>2018</p> |
| <p>Safety Assessment and Crisis Management Training
 Emory University, Atlanta, GA
 <u>Instructor:</u> Mahlet Endale, Ph.D.</p> | <p>2017</p> |

TEACHING EXPERIENCES

- Spring 2022 **Teaching Assistant**
PSY 220: Survey in Developmental Psychology
Instructor: Julie Hanauer, Ph.D.
- Fall 2021 **Lecturer & Teaching Assistant**
PSY 230: Survey in Abnormal and Clinical Psychology
Instructor: Julie Hanauer, Ph.D.
- Spring 2021 **Lab Instructor**
PSY310: Research and Writing in Psychology
- Fall 2019 **Teaching Assistant**
PSY 333: Mood Disorders
Instructor: Adrian Gomez, Ph.D.

PROFESSIONAL AFFILIATIONS

- 2017 – Present Association for Behavioral and Cognitive Therapies
Child and Adolescent Anxiety Special Interest Group
Dissemination and Implementation Science Special Interest Group
Bilingual Psychologist Special Interest Group
- 2021 – Present American Psychological Association
- 2017 – Present Anxiety and Depression Association of America
- 2018 – Present Society for Clinical Child and Adolescent Psychology
- 2016 – Present Association for Psychological Science
- 2016 – Present Psi Chi National Honor Society in Psychology

RELEVANT SKILLS

- Statistical Software: R, SAS, SPSS
- Behavioral Coding: The Observer XT - Noldus
- Research Database Management: Qualtrics, REDCap
- Languages: Korean [Native], English [Native]

REFERENCES

Jessica Schleider, Ph.D.
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